# Left Atrial Paraganglioma

Esra Guner<sup>1</sup>, Busra Guvendi Şengör<sup>1</sup>, CETIN GECMEN<sup>1</sup>, Fuat Büyükbayrak<sup>1</sup>, and Regayip Zehir<sup>1</sup>

<sup>1</sup>Kartal Kosuyolu Yuksek Ihtisas Egitim ve Arastirma Hastanesi

February 24, 2023

## Abstract

A previously healthy 68-year-old woman presented to the outpatient clinic with a 2-month history of palpitation. Physical examination and laboratory findings were unremarkable. Her electrocardiogram showed sinus tachycardia with a heart rate of 115 beats/m. Transthoracic echocardiography (TTE) showed a normal ejection fraction with a huge mass in the left atrium (Figure 1a). Transesophageal echocardiography (TEE) and cardiac magnetic resonance imaging (MRI) were performed for further evaluation. TEE revealed a hyperechogenic, well-demarcated mass in the left atrium, that was attached to the interatrial septum and adjacent to the left pulmonary veins (Figure 1b, 1c,1d). Cardiac MRI revealed a heterogeneous left atrial mass located on the fossa ovalis, 58x52x54 mm in size and markedly hyperintense on a STIR sequence (Figure 1e). These findings were suggestive of a benign cardiac tumour such as myxoma or hemangioma. A decision for surgery was made and coronary angiography was performed which showed that the branch of the circumflex artery supplied and surrounded the mass in the form of a net (Figure 1e). The patient underwent complete excision of the mass (Figure 2a, 2b). Histopathological examination revealed a nested architecture of epitelioid cells, the nests are round or oval in shape and invested by an fibrovascular stroma. Tumor cells had centrally and eccentrically located round nuclei and cytoplasm ranging from finely granular to eosiniphilic. At immunohistochemical staining, the nests were positive for chromogranin A, negative for cytokeratin (Figure 2c, 2d, 2e, 2f). A diagnosis of paraganglioma was made. After an uneventful postoperative course, she was discharged home on postoperative day 6. Cardiac paraganglioma is a very rare neuroendocrine tumour and accounts for less than 1% of primary cardiac tumours (1,2). Approximately 10% of paragangliomas may be malignant, complete surgical resection remains the first-line treatment (3).

## **Title Page**

Left Atrial Paraganglioma

Keywords: Paraganglioma, cardiac tumor, left atrium

Total word count: 289 words.

- 1. Zeynep Esra Güner: Güner Z.E MD<sup>1</sup>drzesraguner@gmail.com
- 2. Büşra Güvendi Şengör: Şengör B.G MD<sup>1</sup>guvendi2861@hotmail.com
- 3. Çetin Geçmen: Geçmen Ç MD<sup>1</sup> koronerr@hotmail.com
- 4. Fuat Büyükbayrak: Büyükbayrak F MD<sup>1</sup>fuat.buyukbayrak@sbu.edu.tr
- 5. Regayip Zehir: Zehir R Associate Professor, MD<sup>1</sup>zehirregayip@yahoo.com

<sup>1</sup>Department of Cardiology, Kartal Koşuyolu Education and Research Hospital, İstanbul, Turkey

Correspondence Author: Zeynep Esra Güner, MD

Adress: Kartal Koşuyolu Yüksek İhtisas Eğitim ve Araştırma hastanesi

Denizer caddesi Cevizli Kavşağı No: 2

## Kartal, İstanbul, Turkey

e- Mail: drzesraguner@gmail.com

**Phone:** +905542095696

Declaration of conflicting interests: No conflict of interest to declare

Funding (Financial Disclosure): No

Ethical Approval: Non-applicable

Left Atrial Paraganglioma

Zeynep Esra Güner MD, Büşra Güvendi Şengör MD, Çetin Geçmen MD, Fuat Büyükbayrak MD,Regayip Zehir MD

A previously healthy 68-year-old woman presented to the outpatient clinic with a 2-month history of palpitation. Physical examination and laboratory findings were unremarkable. Her electrocardiogram showed sinus tachycardia with a heart rate of 115 beats/m. Transthoracic echocardiography (TTE) showed a normal ejection fraction with a huge mass in the left atrium (Figure 1a). Transesophageal echocardiography (TEE) and cardiac magnetic resonance imaging (MRI) were performed for further evaluation. TEE revealed a hyperechogenic, well-demarcated mass in the left atrium, that was attached to the interatrial septum and adjacent to the left pulmonary veins (Figure 1b, 1c, 1d). Cardiac MRI revealed a heterogeneous left atrial mass located on the fossa ovalis, 58x52x54 mm in size and markedly hyperintense on a STIR sequence (Figure 1e). These findings were suggestive of a benign cardiac tumour such as myxoma or hemangioma. A decision for surgery was made and coronary angiography was performed which showed that the branch of the circumflex artery supplied and surrounded the mass in the form of a net (Figure 1e). The patient underwent complete excision of the mass (Figure 2a, 2b). Histopathological examination revealed a nested architecture of epitelioid cells, the nests are round or oval in shape and invested by an fibrovascular stroma. Tumor cells had centrally and eccentrically located round nuclei and cytoplasm ranging from finely granular to eosiniphilic. At immunohistochemical staining, the nests were positive for chromogranin A, negative for cytokeratin (Figure 2c, 2d, 2e, 2f). A diagnosis of paraganglioma was made. After an uneventful postoperative course, she was discharged home on postoperative day 6.

Cardiac paraganglioma is a very rare neuroendocrine tumour and accounts for less than 1% of primary cardiac tumours (1,2). Approximately 10% of paragangliomas may be malignant, complete surgical resection remains the first-line treatment (3).

### References

- 1. Hai Z, Guangrui S. Cardiac paraganglioma. Eur Heart J. 2018;39(23):2219. doi:10.1093/eurheartj/ehu241.
- Yadav PK, Baquero GA, Malysz J, Kelleman J, Gilchrist IC. Cardiac paraganglioma. Circ Cardiovasc Interv. 2014;7(6):851-856. doi:10.1161/CIRCINTERVENTIONS.114.001856.
- Joynt KE, Moslehi JJ, Baughman KL. Paragangliomas: etiology, presentation, and management. Cardiol Rev. 2009;17(4):159-164. doi:10.1097/CRD.0b013e3181a6de40.

#### Figure Legends

Figure 1a. Transthoracic echocardiography (TTE) showed a huge mass in the left atrium, that was attached to the interatrial septum.

Figure 1b. Transesophageal echocardiography (TTE) revealed a hyperechogenic, well-demarcated mass in the left atrium, that was attached to the interatrial septum.

Figure 1c. TEE showed a mass, adjacent to the left pulmonary veins.

Figure 1d. 3D TEE image of the mass was seen.

Figure 1e. Cardiac MRI revealed a heterogeneous left atrial mass located on the fossa ovalis.

Figure 1f. Coronary angiography showed that the branch of the circumflex artery surrounded the mass in the form of a net.

Figure 2a. Intraoperative image of the mass was noted.

Figure 2b. Resected mass was seen.

Figure 2c. Histological examination revealed a nested architecture of epitelioid cells, the nests are round or oval in shape and invested by an fibrovascular stroma. Tumor cells had centrally and eccentrically located round nuclei and cytoplasm ranging from finely granular to eosiniphilic (hematoxylin and eosin stain) (the magnification of the image was 10x).

Figure 2d. Tumor had clear cell pattern (hematoxylin and eosin stain) (the magnification of the image was 40x).

Figure 2e. At immunohistochemical staining, the nests were positive for chromogranin A (the magnification of the image was 40x).

Figure 2f. The tumor cell nests are surrounded by supporting sustentacular cells that highlighted by S100 immunohistochemical staining (the magnification of the image was 40x). Staining for cytokeratin and TTF1 was negative (not pictured).



