Influence of Atmospheric Rivers on Alaskan River Ice

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Abstract

Atmospheric rivers (ARs) transport vast amounts of moisture from low to high latitude regions. One region particularly impacted by ARs is Interior Alaska (AK). We analyze the impact of ARs on the annual river ice breakup date for 25 locations in AK. We

investigate the AR-driven rise in local air temperatures and explore the relationship between ARs and precipitation, including extremes and interannual variability. We found that AR events lead to an increase in local air temperatures for up to one week (by [?] 1°C). Interannually, ARs account for 36% of total precipitation, explain 48% of precipitation variability, and make up 57% of extreme precipitation events. By estimating the heat transfer between winter precipitation and the river ice surface, we conclude that increased precipitation during the coldest period of the year delays river ice breakup dates, while precipitation occurring close to the breakup date has little impact on breakup timing.

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Key Points: 9

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10	•	Interannually, atmospheric rivers (ARs) can lead to a week-long persistent increase
11		in daily air temperatures over Interior Alaska (AK)
12	•	In AK, ARs account for 36% of annual precipitation, 57% of extreme precipita-
13		tion and explain 48% of interannual variability of precipitation
14	•	AR events during the coldest months delay the annual breakup date of river ice,
15		while ARs closer to the breakup date have less impact

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16 Abstract

Atmospheric rivers (ARs) transport vast amounts of moisture from low to high lat-17 itude regions. One region particularly impacted by ARs is Interior Alaska (AK). We an-18 alvze the impact of ARs on the annual river ice breakup date for 25 locations in AK. We 19 investigate the AR-driven rise in local air temperatures and explore the relationship be-20 tween ARs and precipitation, including extremes and interannual variability. We found 21 that AR events lead to an increase in local air temperatures for up to one week (by ≈ 1 °C). 22 Interannually, ARs account for 36% of total precipitation, explain 48% of precipitation 23 variability, and make up 57% of extreme precipitation events. By estimating the heat 24 transfer between winter precipitation and the river ice surface, we conclude that increased 25 precipitation during the coldest period of the year delays river ice breakup dates, while 26 precipitation occurring close to the breakup date has little impact on breakup timing. 27

²⁸ Plain language summary

Atmospheric rivers (ARs) are large storm systems originating in tropical regions 20 capable of depositing large amounts of precipitation in high latitude regions. Using river 30 ice breakup data recorded throughout Interior Alaska (AK) we set out to explore the re-31 lationship between ARs and annual river ice breakup timing from 1980 to 2023. We found 32 that daily air temperature increases can last up to one week after an AR event. Inter-33 annually, ARs account for 36% of total precipitation, explain 48% of the variability of 34 precipitation, and make up 57% of extreme precipitation events. We then approximated 35 the total heat transfer between precipitation and the river ice surface. We used the mass 36 and temperature of precipitation accumulated on the river ice surface to approximate 37 thermal energy exchange. The magnitude of energy exchange was then correlated to river 38 ice breakup timing. We found that greater amounts of precipitation from both AR and 39 non-AR induced precipitation, occuring relatively close to river ice breakup dates, have 40 little correlation to the breakup date. However, increased precipitation during the cold-41 est period of the year (typically late December to early February) is strongly inversely 42 correlated with river ice breakup timing and seems to delay the breakup date. 43

44 **1** Introduction

Atmospheric rivers (ARs) are narrow corridors of intense water vapor that signif-45 icantly influence hydrologic events, transporting most of the water vapor outside of the 46 Tropics (American Meteorological Society, 2024). It is estimated that ARs are respon-47 sible for as much as 90% of poleward water vapor transport at midlatitudes (Zhu & Newell, 48 1998). ARs contribute to extreme precipitation events across various regions worldwide 49 (Espinoza et al., 2018; Massoud et al., 2019), including Western North America (Dettinger 50 et al., 2004; Neiman et al., 2008; Guan et al., 2010; Paul J. et al., 2011; Ralph et al., 2006; 51 F. Martin et al., 2019; Dettinger et al., 2011) Europe (Lavers et al., 2013; Harald & An-52 dreas, 2013), the Middle East (Massoud et al., 2020; Lashkari & Esfandiari, 2020; Es-53 fandiari & Shakiba, 2024), and Western South America (Viale et al., 2018). In recent 54 years, the impacts of ARs on the cryosphere such as Greenland (Mattingly et al., 2018) 55 and Antarctica (Gorodetskaya et al., 2014; Wille et al., 2021; Maclennan et al., 2022a), 56 have been more extensively analyzed. In addition, a growing number of works investi-57 gating the relationship between ARs and high latitude regions have been undertaken (Hegyi 58 & Taylor, 2018; Wang et al., 2024). Evidence shows that between 1981 and 2020, higher 59 atmospheric moisture content was significantly correlated with lower sea ice coverage over 60 almost the entire Arctic Ocean (Li et al., 2022). For those same years, another analy-61 sis found that 100% of extreme temperature events in the Arctic (above 0 °C) coincide 62 with the presence of ARs (Ma et al., 2023). Analyses have noted a relationship between 63 frequent AR activity and sea ice loss, caused by increased rainfall from moisture orig-64 inating in lower latitudes (Zhang et al., 2023; Maclennan et al., 2022b). However, Arc-65

tic systems are complicated, as the intense moisture transport within ARs can also re-66 sult in heavy snowfall events, thus contributing to the accumulation of snowpack, espe-67 cially in mountainous regions (Saavedra et al., 2020; Guan et al., 2010). Under the right 68 conditions, this relationship has been found to actually increase the mass balance of glaciers. 69 Little et al. (2019) found ARs to be the primary drivers of both highest ablation and snow-70 fall events, substantially impacting glacier mass balance at Brewster Glacier in New Zealand. 71 Understanding the role of ARs in the cryosphere is essential for assessing their broader 72 impact on regional water resources and glacier dynamics in a changing climate. 73

74 While a number of works have explored the relationship between ARs and sea ice, glaciers, and ice sheets, to our knowledge there has been no study that investigates the 75 relationship between ARs and Arctic river ice. Past studies have used physics based pro-76 cesses to model the annual breakup timing and conditions of Arctic river ice (Paily et 77 al., 1974; G. Ashton, 1986; T. Prowse et al., 2007; Jasek, 1998; Shen, 2010). Through 78 such studies, it is recognized that an increase in precipitation leads to an increase in stream-79 flow, altering the hydraulics associated with river ice breakup, and potentially acceler-80 ating mechanical breakup events (G. Ashton, 1986). It has also been proposed that in-81 creased snow pack as a result of increased precipitation contributes to breakup severity 82 (T. D. Prowse & Beltaos, 2002). Using breakup records throughout Interior Alaska (AK) 83 from the Alaska-Pacific River Forecast Center Database (the same breakup records used 84 in this analysis) Bieniek et al. (2011) determined that winter precipitation plays a rel-85 atively minor role in impacting the breakup timing of river ice and if anything acceler-86 ates the breakup timing as a result of increased streamflow. They also report that in-87 creased storm activity in the spring leads to increased surface air temperature, leading 88 to earlier breakup dates (Bieniek et al., 2011). However, their analysis used only 4 sites (as opposed to the 25 used in this analysis) and aggregated precipitation seasonally, with-90 out accounting for the interaction between winter precipitation and temperature that 91 occurs at a finer temporal resolution. 92

Our analysis aims to answer the following questions: 1.) Since ARs have been known to impact Arctic systems by increasing temperatures, is there a change in air temperature in different regions of AK corresponding to the presence of ARs? 2.) How do ARs contribute to precipitation throughout AK, considering how ARs impact total annual precipitation, interannual variability, and extreme events? 3.) How do ARs impact the timing of river ice breakup, does the presence of ARs accelerate or delay the timing of river ice breakup?

100 **2 Data**

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2.1 Atmospheric Rivers Catalog

Similar to previous studies, we define ARs using integrated vapor transport (IVT) 102 constructed from 6-hourly values of 3-D wind and water vapor at eight pressure levels 103 between 300 and 1,000 mb from the National Center for Environmental Protection (NCEP) 104 reanalysis data product (Kalnay et al., 1996). AR detection is based on version 3 of the 105 tARget algorithm (Guan & Waliser, 2019; Guan, 2022). The IVT values are calculated 106 at the original resolution from the NCEP meteorological inputs (Saha et al., 2010). Guan 107 and Waliser (2015) developed a global AR detection algorithm, which was updated and 108 validated later with dropsonde data (Bin et al., 2018). This algorithm is employed in our 109 study, which is based on a combination of IVT magnitude, direction, and geometry char-110 acteristics, to objectively identify ARs. Contiguous regions of enhanced IVT transport 111 are first identified from magnitude thresholding (i.e. grid cells above the seasonally and 112 locally dependent 85^{th} percentile, or $100\frac{\text{kg}}{\text{m*s}}$, whichever is greater) and further filtered using directional and geometry criteria requirements. Although the $100\frac{\text{kg}}{\text{m*s}}$ threshold is 113 114 applied globally, it is intended for dry (including polar) regions since in other regions the 115 85^{th} percentile is already larger than $100 \frac{\text{kg}}{\text{m} \text{ss}}$. The detection algorithm was applied to 116

NCEP reanalysis data at its native resolution of 2.5°. This detection algorithm had over
90% agreement in detecting AR landfall dates when compared with other AR detection
methods for Western North America (Neiman et al., 2008), the United Kingdom (Lavers
et al., 2011), and East Antarctica (Gorodetskaya et al., 2014).

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2.2 Daymet Daily Surface Weather and Climatological Summaries

Daily minimum (T_{\min}) and maximum (T_{\max}) temperatures and precipitation data 122 were obtained from Daymet (M. Thornton et al., 2022). Daymet provides continuous and 123 gridded estimates of daily weather at 1km \times 1km resolution. Daymet precipitation, T_{\min} 124 and $T_{\rm max}$, were selected in this analysis due to their strong agreement with NCEP tem-125 perature time series for our region of interest (Figure 1C). Daymet is derived by inter-126 polating and extrapolating from in situ instruments and meteorological stations, and rep-127 resents a robust dataset for precipitation and temperature predictions across North Amer-128 ica (P. E. Thornton et al., 2021). This dataset has been a standard for validation among 129 several analyses related to arctic regions (Diro & Sushama, 2019; Akinsanola et al., 2024). 130 Figure 1 (A, B) show the annual mean precipitation and temperature for the year 2021 131 across Alaska. For one of the study locations, Crooked Creek at the Kuskokwim River, 132 Figure 1 (C) shows the time series of precipitation, temperature and AR events for the 133 year 2021. 134

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2.3 River ice breakup observations

Observations for river ice breakup dates were obtained from the Alaska-Pacific River 136 Forecast Center database. While exact coordinates were unavailable, location coordinates 137 were estimated based on proximity to weather stations and airports, to maintain spa-138 tial consistency with inputs used in Daymet's meteorological models. We identified 25 139 locations (shown in Figure 1 (A, B)) in the database that had at least 35 breakup records 140 between 1980 and 2023 (the current temporal availability of Daymet), although breakup 141 records go as far back as 1896 for some locations. The 35 breakup records threshold was 142 used because it allowed for the greatest number of locations with the most complete time 143 series necessary for statistical analysis. There is always one breakup date per year, but 144 not every year had a recorded date, so some years are represented as empty values in the 145 dataset. On average, recorded breakup dates range from mid-March to late-June This 146 dataset has been used in several other studies such as (Murphy et al., 2022; Brown et 147 al., 2018; Bieniek et al., 2011). As an example, the breakup date for Crooked Creek at 148 the Kuskokwim River in 2021 occurred in early-May and is depicted in Figure 1 (C) with 149 a vertical purple dashed line. 150

151 3 Methods

To assess the influence of ARs on local temperature, we analyze the relationship 152 between the presence of an AR and the temperature change at a specific location. The 153 presence of an AR is represented numerically as a binary value indicating whether or not 154 an AR is active on a particular date. We then estimate how many days this change in 155 temperature persists. To do this, we conducted a pairwise t-test using a varying tem-156 poral window. In other words, for each AR occurrence in the dataset, a pre-AR time 157 window and post-AR time window each equal to n days in length was created before 158 and after the AR event date, respectively, whereby: $n \in \{1, 2, 3, \ldots, 14\}$. For values of 159 n greater than one day the mean was calculated within each time window for T_{\min} and 160 $T_{\rm max}$. These averaged temperatures were then calculated over all locations. Mean tem-161 perature pairs were assessed using a one tailed pairwise t-test to check whether ARs in-162 creased the local temperature over period of time $n \ (\alpha = 0.05)$. For example, if n =163 3 assessing T_{\min} , then the mean of T_{\min} three days prior to each AR event will be com-164 pared to the mean of T_{\min} for the three days post each AR event. 165



Figure 1. (A): map shows annual total precipitation for the year 2021. (B): map of average daily temperature for 2021. (C): One of the 25 locations (Crooked Creek on the Kuskokwim River) for the year 2021. Yellow, orange, red represent the temperature profiles (fill plot of $T_{\rm min}$ - $T_{\rm max}$) from NCEP temperature data at 850, 925 and 1000mb respectively. Light green represents the Daymet temperature profile. Dark blue line shows precipitation from Daymet ($\frac{\text{kg}}{\text{m}^2}$) relative to the secondary y-axis in dark blue on the right. The light blue stem plots depict the IVT of AR events ($\frac{\text{kg}}{\text{m}*s}$) relative to the secondary y-axis in light blue on the right. The vertical purple dashed line shows the breakup date for the Kuskokwim River in 2021 for Crooked Creek.

We explored AR contribution to precipitation by separating precipitation events 166 occuring on days with an active AR. We then used the Wilcoxon rank-sum test (Rey & 167 Neuhauser, 2011) to test the hypothesis that AR events tend to produce more precip-168 itation than other precipitation events. We opted to use a non-parametric test (Wilcoxon 169 rank-sum test) because the distributions of precipitation were shown to not be normal 170 after log transformation using the Shapiro-Wilks test (Shapiro & Wilk, 1965). We also 171 estimated the interannual variability of precipitation associated with ARs by conduct-172 ing a univariate ordinary least squares regression (OLS). For extremes, we extracted the 173 top 5% of precipitation events and determined what fraction of those events occured on 174 days with an active AR event. 175

To determine the impact that ARs have on river ice breakup timing, we estimate 176 the heat transfer between the river ice and the precipitation accumulating on the sur-177 face. Assuming presence of a frozen layer of ice on the river surface, we estimate the sen-178 sible heat transfer between the river surface and incoming precipitation using Equation 179 1. Latent heat transfer fluxes were assumed to be relatively small and thus ignored in 180 our simplified heat transfer calculations. The specific heat of precipitation in Equation 181 1 is represented as either water or liquid as determined by air temperature. Given that 182 Alaska is at a high latitude with heat transfer calculated during the coldest period of the 183 year, it can be assumed that in most cases the precipitation is in the form of snow. 184

$$q_t = \rho \cdot m \cdot \Delta T \tag{1}$$

where q_t is heat flux $(\frac{J}{m^2})$ at a given day t; ρ the specific heat of the precipitation (assumed to be either water or snow depending on the temperature) $(\frac{J}{\text{kg}^{\circ}\text{C}})$; ΔT is the difference between the temperature of the precipitation which is approximated using T_{min} as a proxy, and the river ice surface which is assumed to be at 0 °C; m the mass of the precipitation per unit area $(\frac{\text{kg}}{\text{m}^2})$.

Heat transfer fluxes were calculated as a daily series for a period of six months prior 190 to the breakup date. Time of occurrence and thermal conditions associated with pre-191 cipitation events during winter and spring have differential impacts to reinforce versus 192 weaken the river ice layer and thus the date of the breakup. We fit a temporal bias func-193 tion (Equation 2), a double exponential function, applied to the heat transfer equation 194 to assess the days of the year when precipitation events were more impactful on breakup 195 timing. The bias function is a symmetric unimodal exponential function to help iden-196 tify the most influencial precipitation time period determining the annual time of river 197 ice breakup. This bias function was fit individually for each of the study locations. 198

$$f(t;\gamma,\kappa,DOY,c) = \begin{cases} \frac{e^{-\gamma \cdot (-t-DOY)} - 1}{\kappa} & \text{if } t < c\\ \frac{e^{-\gamma \cdot (t-DOY)} - 1}{\kappa} & \text{if } t \ge c \end{cases}$$
(2)

where γ is a scale parameter impacting the width of the exponential function; t is time 199 in days; DOY is the Gregorian day of year that the breakup date occurred; c is a loca-200 tion parameter dictating the center placement of the function; κ is a normalizing con-201 stant. Finally, Equation 3 solves for $Q_{\text{year, location}}$, the total thermal energy exchange for 202 a given location, for a given breakup year. Equation 3 is tuned over the entire hyper-203 parameter search space for each location and each breakup year, optimized by selecting the parameter values that produce the Pearson correlation coefficient with the greatest 205 absolute value. Here i is the starting day of the time series approximately six months 206 prior to the breakup date. 207

$$Q_{\text{year, location}} = \sum_{t=i}^{t=DOY} f(t; \gamma, \kappa, DOY, c) \cdot q_t$$
(3)

208 4 Results

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4.1 Atmospheric rivers impact on temperature

We applied the pairwise t-test comparing pre-AR and post-AR time windows of 210 length n at all locations. Figures 2A and 2B show the change in p-values for each value 211 of n where the dashed lines represent the mean p-value across the study locations and 212 the filled color curved signifies the interquartile range (IQR). Figure 2C and 2D shows 213 the mean increase in temperature from the pre-AR time window to the post-AR time 214 window for varying time window sizes n. Analysis shows an increase in air temperature 215 during the period following an AR event, with mean temperature increases higher for 216 $T_{\rm min}$ compared to $T_{\rm max}$, with the difference receding over longer time windows. On av-217 erage, the temperature differences were statistically significant for $T_{\rm min}$ (based on an $\alpha =$ 218 (0.05) for temporal windows up to 10 days after an AR event. For temporal windows up 219 to 7 days, statistical significance was true for all locations within the study as represented 220 by the Figure 2A fill plot. The increase in daily minimum temperature can be as high 221 as 1.5 °C (n = 2) (Figure 2C). For T_{max} , the differences were statistically significant for up to 6 days after an AR event on average (Figure 2B) with an increase as high as 223 0.75 °C (n = 3, 4) (Figure 2D). These statistically significant temperature increases fol-224 lowing AR events were true at all locations in our study for n = 2, 3, 4 as shown in Fig-225 ure 2B fill plot. 226



Figure 2. (A and B): *p*-values from the paired *t*-test given time window size (*n*) surrounding the AR event date (A: T_{\min} ; B: T_{\max}). Dashed lines represent the mean, while the filled color curves show interquartile range (25th and 75th percentile); (C and D): mean increase in temperature (°C) accompanying each AR, calculated between the pre–AR time window and the post–AR time window (C: T_{\min} ; D: T_{\max}). (E): time series of IVT $\frac{\text{kg}}{\text{m}}$ aggregated monthly over all locations. (F): time series of total precipitation $\frac{\text{kg}}{\text{m}^2}$ aggregated monthly over all study locations. (G): proportion of precipitation accounted for by ARs on an annual basis. (H): kernel density plots showing the distribution of local precipitation (dark blue) and precipitation from ARs (light blue). (I): ordinary least squares regression plot using total annual precipitation from ARs, to predict total annual precipitation.

4.2 Atmospheric rivers impact on precipitation

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Figures 2E and 2F show the monthly IVT from AR events and monthly total pre-228 cipitation through the span of the data record, aggregated over all locations, respectively. 229 Figure 2G shows the proportion of total annual precipitation occuring on days with ac-230 tive ARs over time, where light blue depicts the IQR of proportions and blue-grey rep-231 resents proportions outside of the IQR, across all 25 locations. The dashed line repre-232 sents the mean proportion. ARs tend to account for 36% of precipitation on average (Fig-233 ure 2G), with a high degree of variability across years and locations. In 2005 and 2020 234 for example, nearly 80% of the total precipitation at some locations occured on days with 235 active AR events. The results from the Wilcoxon rank-sum test show that precipitation 236 during active ARs tends to be greater in magnitude than non-AR precipitation (test statistic = 237 -83.85; p-value ≈ 0.0). In addition, we found that of the top 5% of precipitation events 238 by total rainfall, 57% occured during active ARs (Figure 2H). Correlating total precip-239 itation from AR days, to total annual precipitation using a univariate OLS, we find that 240 the coefficient of determination (\mathbb{R}^2) is equal to 0.48 (Figure 2I). This indicates that ARs 241 explain about 48% of interannual variability in precipitation, across all 25 locations. 242

4.3 Transfer of energy based on Precipitation

To estimate the impact of precipitation on river ice breakup dates, we use Equa-244 tion 3 to approximate the heat transfer between precipitation and the river ice surface. 245 Equation 3 was solved using a double exponential bias function to temporally-weigh events 246 of higher influence (Figures 3A, 3B, 3C), and using uniform weights as baseline for com-247 parison (Figures 3D, 3E, 3F). When using a temporal bias function, the relationship be-248 tween summated heat transfer due to precipitation and time of river ice breakup were 249 identified with strong correlation (Pearson correlation coefficient $(r_p) = -0.84$ and a Spear-250 man correlation coefficient $(r_s) = -0.80$ at Crooked Creek on the Kuskokwim river (Fig-251 ure 3A)). In contrast, very weak correlations were identified when fitting the relation-252 ship using temporally uniform weights (Figure 3B), thus highlighting the need for a tem-253 poral bias function. We tuned three different cases for Equation 1 whereby the mass of 254 precipitation could be provided by: total precipitation, precipitation from ARs or pre-255 cipitation not from ARs. This exercise allows us to determine whether or not that ag-256 gregated energy accelerates or decelerates the breakup of river ice. We find that there 257 is a strong negative correlation between the heat transfer and the DOY on which the 258 river ice breakup occurs (Figure 3A). In this context, negative values along the y-axis of Figures 3A and 3D are interpreted as a negative heat exchange, suggesting a net cool-260 ing effect on the river ice surface as the precipitation below freezing are accumulated on 261 the river ice surface. The peak of the temporally-weighted bias curve is typically located 262 during the coldest period of the year, typically betweeen late November and early Febru-263 ary (Figure 3C). In other words, the presence of high magnitude precipitation events, 264 occuring on colder days of the year, show a strong inverse correlation to the time of breakup. 265 For example, referring to Figure 3A, Crooked Creek on the Kuskokwim River has a clear 266 negative trend, whereby the cooling effect of precipitation on the river ice surface delays 267 the DOY of the breakup. The frequency of AR events that occurred six months prior 268 to the breakup date alone is an insufficient predictor (Figures 3B, 3E) of the breakup 269 date. 270

While Figure 3 focuses on a single selected site, Table 1 shows the Pearson correlation after tuning parameters c and γ are optimized and applied to Equation 3 individually at each location. Table 1 also shows the center of the bias curve c (month-day) that was selected for, at each location, given the summand for precipitation used in Equation 3 (ie. Total Precipitation, Precipitation from ARs, Precipitation not from ARs; mulitplied to the temporal bias).



Crooked Creek on the Kuskokwim River

Figure 3. top row: (A): scatter plot between thermal energy transfer for all precipitation events and DOY (the Gregorian day of year that the breakup date occurred); (B): scatter plot of the number of ARs that occured in the six months prior to the breakup date and DOY; (C): temporal bias curve for the year 2021 with the breakup date represented by the vertical dashed line. bottom row: same as the top row except depicting the results when a temporal bias is not utilized.

²⁷⁷ **5** Conclusion and Discussion

This study investigated the impact atmospheric rivers (ARs) and non-AR related precipitation events have on the timing of river ice breakup across 25 sites in Alaska. We explored the impact of ARs on local temperature increases throughout the study domain; the contribution of ARs to precipitation events, including variability and extremes; and determined the impact of ARs and non-AR precipitation events on the *DOY* on which the ice on the surface of Alaskan rivers eventually breaks.

We found that ARs generally lead to up to a week-long persistent increase in daily 284 temperature (minimum and maximum) across Alaska, with temperatures rising by as 285 much as 1.5 °C for $T_{\rm min}$ and 0.75 °C for $T_{\rm max}$. These findings are consistent with many 286 past studies that have shown that warm moisture and an increase in heat flux brought 287 on by ARs can warm the cryosphere (Wille et al., 2021; Ma et al., 2023; Li et al., 2022; 288 Zhang et al., 2023). Our analysis also shows that ARs account for a significant portion 289 of total annual precipitation in Alaska, contributing to 36% of total precipitation by vol-290 ume on average. ARs also explain 48% of interannual variability and lead to 57% of ex-291 treme precipitation events (precipitation events within the top 5% of deposition). These 292 results are consistent with past works, such as Nash et al. (2024) which showed that through-293 out Southeast Alaska, as few as six annual AR events can account for 68% - 91% of pre-294 cipitation days. Our analysis shows evidence that intense ARs occurring during the cold-295 est period of the year appear to delay the annual breakup date of river ice. Our results 296 do not show that ARs are unique relative to non-AR forms of precipitation in this re-297

gard (Table 1), with no evidence that increased precipitation events of any kind closer 298 to the breakup date accelerates the breakup date. This is likely attributed to a combi-299 nation of heat transfer from precipitation, increased ice accumulation on the river ice sur-300 face and structural changes in the river ice as a result of snowfall. Increased snow ac-301 cumulation increases the albedo of the river surface, as well as provides thermal insu-302 lation, mitigating the effects of temperature fluctuations during the coldest period of the 303 year. This is consistent with the extensive analysis conducted by G. D. Ashton (2011), showing that an increase in snow accumulation on the river ice surface for locations across 305 Alaska (many of the same locations used in this analysis) can lead to an increase in river 306 ice thickness, thus reinforcing the river ice structurally. This phenomenon is apparent 307 to a point at which the efficacy begins to diminish. It should be noted that a limitation 308 of our analysis is the assumption that the river ice surface temperature is held constant 309 at 0 °C and that air temperature is a reasonable proxy for incoming precipitation. We 310 were unable to find a complete dataset on river ice surface temperatures for the locations 311 and time period of our study. Thus, we assume that the mass of liquid, snow or ice de-312 posited on the river surface, times its temperature and specific heat, will be sufficient 313 to approximate the heat exchanged in the system. 314

Understanding the influence of ARs and other high precipitation events on the tim-315 ing of river ice breakup in Alaska is crucial for predicting and managing the impacts of 316 climate change in the region, especially since studies have shown that AR frequency and 317 intensity in this region are expected to increase in a warmer world (Espinoza et al., 2018; 318 Massoud et al., 2019). The findings of our analysis suggests that ARs have significant 319 influence on the climate and terrestrial hydrology across Alaska, affecting temperature, 320 precipitation, and river ice dynamics. Further research in this area could help improve 321 our understanding of ARs and their role in shaping the climate of high-latitude regions. 322

323 Data Availability Statement

Daily Daymet precipitation and temperature data is available through the Oak Ridge 324 National Laboratory Distributed Active Archive at https://daymet.ornl.gov/single 325 -pixel/. River ice breakup records are maintained by the Alaska-Pacific River Forecast 326 Center at https://www.weather.gov/aprfc/breakupMap. The AR database (https:// 327 doi.org/10.25346/S6/Y0150N) is available via the Global Atmospheric Rivers Data-328 verse at https://dataverse.ucla.edu/dataverse/ar. NCEP-NCAR Reanalysis 1 data 329 was obtained from the NOAA Physical Sciences Laboratory, Boulder, Colorado, USA, 330 https://psl.noaa.gov/data/index.html. All of the codes needed to run the analy-331 sis and everything required to reproduce this work are available on GitHub: https:// 332 github.com/Russtyhub/River_Ice_AR_Analysis.git. 333

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585 Appendix A.

Table 1. Table showing the Pearson correlation coefficients between the total thermal energy exchange (Q) as derived by Equation 3, assuming an exponential temporal bias (Equation 2), and the day of the year the breakup occured (DOY), by location. The optimal center placement of the temporal bias (month-day) is also provided $[r_p|$ center date of bias]

Location	Total Precipitation	Precipitation from ARs	Precipitation not from ARs
Akiak Kuskokwim River	-0.78 11-12	-0.78 2-5	-0.80 1-15
Allakaket Koyukuk River	-0.81 12-10	-0.69 10-23	-0.80 12-3
Ambler Kobuk River	-0.84 2-5	-0.67 2-5	-0.83 2-12
Aniak Kuskokwim River	-0.80 11-19	-0.81 1-29	-0.77 11-12
Bethel Kuskokwim River	-0.72 12-3	-0.75 2-5	-0.73 12-10
Bettles Koyukuk River	-0.79 2-19	-0.70 10-23	-0.81 2-12
Circle Yukon River	-0.75 2-5	-0.76 1-22	-0.74 2-12
Crooked Creek Kuskokwim River	-0.84 11-26	-0.76 2-5	-0.80 11-26
Dawson Yukon River	-0.77 10-23	-0.67 1-22	-0.75 10-23
Eagle Yukon River	-0.77 10-23	-0.79 1-22	-0.76 1-29
Emmonak Yukon River	-0.76 2-5	-0.76 1-29	-0.71 4-16
Fort Yukon Yukon River	-0.72 10-23	-0.59 2-5	-0.72 10-23
Galena Yukon River	-0.79 11-19	-0.75 1-15	-0.80 4-16
Holy Cross Yukon River	-0.75 1-8	-0.77 1-8	-0.72 1-8
Hughes Koyukuk River	-0.81 1-1	-0.78 1-15	-0.78 4-2
Kaltag Yukon River	-0.84 12-3	-0.77 12-3	-0.86 1-15
Kobuk Kobuk River	-0.81 1-8	-0.62 4-16	-0.81 1-8
McGrath Kuskokwim River	-0.81 3-26	-0.81 2-5	-0.82 4-9
Mountain Village Yukon River	-0.72 1-29	-0.76 2-5	-0.69 2-19
Nenana Tanana River	-0.71 1-1	-0.73 2-5	-0.72 1-1
Nikolai Kuskokwim River	-0.75 2-12	-0.70 2-5	-0.74 1-15
Red Devil Kuskokwim River	-0.79 12-3	-0.80 2-5	-0.78 12-3
Ruby Yukon River	-0.83 4-9	-0.78 1-15	-0.86 4-16
Russian Mission Yukon River	-0.71 11-26	-0.72 12-10	-0.68 12-3
Tanana Yukon River	-0.76 1-22	-0.70 2-5	-0.77 11-26

Influence of Atmospheric Rivers on Alaskan River Ice

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Key Points: 9

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10	•	Interannually, atmospheric rivers (ARs) can lead to a week-long persistent increase
11		in daily air temperatures over Interior Alaska (AK)
12	•	In AK, ARs account for 36% of annual precipitation, 57% of extreme precipita-
13		tion and explain 48% of interannual variability of precipitation
14	•	AR events during the coldest months delay the annual breakup date of river ice,
15		while ARs closer to the breakup date have less impact

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16 Abstract

Atmospheric rivers (ARs) transport vast amounts of moisture from low to high lat-17 itude regions. One region particularly impacted by ARs is Interior Alaska (AK). We an-18 alvze the impact of ARs on the annual river ice breakup date for 25 locations in AK. We 19 investigate the AR-driven rise in local air temperatures and explore the relationship be-20 tween ARs and precipitation, including extremes and interannual variability. We found 21 that AR events lead to an increase in local air temperatures for up to one week (by ≈ 1 °C). 22 Interannually, ARs account for 36% of total precipitation, explain 48% of precipitation 23 variability, and make up 57% of extreme precipitation events. By estimating the heat 24 transfer between winter precipitation and the river ice surface, we conclude that increased 25 precipitation during the coldest period of the year delays river ice breakup dates, while 26 precipitation occurring close to the breakup date has little impact on breakup timing. 27

²⁸ Plain language summary

Atmospheric rivers (ARs) are large storm systems originating in tropical regions 20 capable of depositing large amounts of precipitation in high latitude regions. Using river 30 ice breakup data recorded throughout Interior Alaska (AK) we set out to explore the re-31 lationship between ARs and annual river ice breakup timing from 1980 to 2023. We found 32 that daily air temperature increases can last up to one week after an AR event. Inter-33 annually, ARs account for 36% of total precipitation, explain 48% of the variability of 34 precipitation, and make up 57% of extreme precipitation events. We then approximated 35 the total heat transfer between precipitation and the river ice surface. We used the mass 36 and temperature of precipitation accumulated on the river ice surface to approximate 37 thermal energy exchange. The magnitude of energy exchange was then correlated to river 38 ice breakup timing. We found that greater amounts of precipitation from both AR and 39 non-AR induced precipitation, occuring relatively close to river ice breakup dates, have 40 little correlation to the breakup date. However, increased precipitation during the cold-41 est period of the year (typically late December to early February) is strongly inversely 42 correlated with river ice breakup timing and seems to delay the breakup date. 43

44 **1** Introduction

Atmospheric rivers (ARs) are narrow corridors of intense water vapor that signif-45 icantly influence hydrologic events, transporting most of the water vapor outside of the 46 Tropics (American Meteorological Society, 2024). It is estimated that ARs are respon-47 sible for as much as 90% of poleward water vapor transport at midlatitudes (Zhu & Newell, 48 1998). ARs contribute to extreme precipitation events across various regions worldwide 49 (Espinoza et al., 2018; Massoud et al., 2019), including Western North America (Dettinger 50 et al., 2004; Neiman et al., 2008; Guan et al., 2010; Paul J. et al., 2011; Ralph et al., 2006; 51 F. Martin et al., 2019; Dettinger et al., 2011) Europe (Lavers et al., 2013; Harald & An-52 dreas, 2013), the Middle East (Massoud et al., 2020; Lashkari & Esfandiari, 2020; Es-53 fandiari & Shakiba, 2024), and Western South America (Viale et al., 2018). In recent 54 years, the impacts of ARs on the cryosphere such as Greenland (Mattingly et al., 2018) 55 and Antarctica (Gorodetskaya et al., 2014; Wille et al., 2021; Maclennan et al., 2022a), 56 have been more extensively analyzed. In addition, a growing number of works investi-57 gating the relationship between ARs and high latitude regions have been undertaken (Hegyi 58 & Taylor, 2018; Wang et al., 2024). Evidence shows that between 1981 and 2020, higher 59 atmospheric moisture content was significantly correlated with lower sea ice coverage over 60 almost the entire Arctic Ocean (Li et al., 2022). For those same years, another analy-61 sis found that 100% of extreme temperature events in the Arctic (above 0 °C) coincide 62 with the presence of ARs (Ma et al., 2023). Analyses have noted a relationship between 63 frequent AR activity and sea ice loss, caused by increased rainfall from moisture orig-64 inating in lower latitudes (Zhang et al., 2023; Maclennan et al., 2022b). However, Arc-65

tic systems are complicated, as the intense moisture transport within ARs can also re-66 sult in heavy snowfall events, thus contributing to the accumulation of snowpack, espe-67 cially in mountainous regions (Saavedra et al., 2020; Guan et al., 2010). Under the right 68 conditions, this relationship has been found to actually increase the mass balance of glaciers. 69 Little et al. (2019) found ARs to be the primary drivers of both highest ablation and snow-70 fall events, substantially impacting glacier mass balance at Brewster Glacier in New Zealand. 71 Understanding the role of ARs in the cryosphere is essential for assessing their broader 72 impact on regional water resources and glacier dynamics in a changing climate. 73

74 While a number of works have explored the relationship between ARs and sea ice, glaciers, and ice sheets, to our knowledge there has been no study that investigates the 75 relationship between ARs and Arctic river ice. Past studies have used physics based pro-76 cesses to model the annual breakup timing and conditions of Arctic river ice (Paily et 77 al., 1974; G. Ashton, 1986; T. Prowse et al., 2007; Jasek, 1998; Shen, 2010). Through 78 such studies, it is recognized that an increase in precipitation leads to an increase in stream-79 flow, altering the hydraulics associated with river ice breakup, and potentially acceler-80 ating mechanical breakup events (G. Ashton, 1986). It has also been proposed that in-81 creased snow pack as a result of increased precipitation contributes to breakup severity 82 (T. D. Prowse & Beltaos, 2002). Using breakup records throughout Interior Alaska (AK) 83 from the Alaska-Pacific River Forecast Center Database (the same breakup records used 84 in this analysis) Bieniek et al. (2011) determined that winter precipitation plays a rel-85 atively minor role in impacting the breakup timing of river ice and if anything acceler-86 ates the breakup timing as a result of increased streamflow. They also report that in-87 creased storm activity in the spring leads to increased surface air temperature, leading 88 to earlier breakup dates (Bieniek et al., 2011). However, their analysis used only 4 sites (as opposed to the 25 used in this analysis) and aggregated precipitation seasonally, with-90 out accounting for the interaction between winter precipitation and temperature that 91 occurs at a finer temporal resolution. 92

Our analysis aims to answer the following questions: 1.) Since ARs have been known to impact Arctic systems by increasing temperatures, is there a change in air temperature in different regions of AK corresponding to the presence of ARs? 2.) How do ARs contribute to precipitation throughout AK, considering how ARs impact total annual precipitation, interannual variability, and extreme events? 3.) How do ARs impact the timing of river ice breakup, does the presence of ARs accelerate or delay the timing of river ice breakup?

100 **2 Data**

101

2.1 Atmospheric Rivers Catalog

Similar to previous studies, we define ARs using integrated vapor transport (IVT) 102 constructed from 6-hourly values of 3-D wind and water vapor at eight pressure levels 103 between 300 and 1,000 mb from the National Center for Environmental Protection (NCEP) 104 reanalysis data product (Kalnay et al., 1996). AR detection is based on version 3 of the 105 tARget algorithm (Guan & Waliser, 2019; Guan, 2022). The IVT values are calculated 106 at the original resolution from the NCEP meteorological inputs (Saha et al., 2010). Guan 107 and Waliser (2015) developed a global AR detection algorithm, which was updated and 108 validated later with dropsonde data (Bin et al., 2018). This algorithm is employed in our 109 study, which is based on a combination of IVT magnitude, direction, and geometry char-110 acteristics, to objectively identify ARs. Contiguous regions of enhanced IVT transport 111 are first identified from magnitude thresholding (i.e. grid cells above the seasonally and 112 locally dependent 85^{th} percentile, or $100\frac{\text{kg}}{\text{m*s}}$, whichever is greater) and further filtered using directional and geometry criteria requirements. Although the $100\frac{\text{kg}}{\text{m*s}}$ threshold is 113 114 applied globally, it is intended for dry (including polar) regions since in other regions the 115 85^{th} percentile is already larger than $100 \frac{\text{kg}}{\text{m} \text{ss}}$. The detection algorithm was applied to 116

NCEP reanalysis data at its native resolution of 2.5°. This detection algorithm had over
90% agreement in detecting AR landfall dates when compared with other AR detection
methods for Western North America (Neiman et al., 2008), the United Kingdom (Lavers
et al., 2011), and East Antarctica (Gorodetskaya et al., 2014).

121

2.2 Daymet Daily Surface Weather and Climatological Summaries

Daily minimum (T_{\min}) and maximum (T_{\max}) temperatures and precipitation data 122 were obtained from Daymet (M. Thornton et al., 2022). Daymet provides continuous and 123 gridded estimates of daily weather at 1km \times 1km resolution. Daymet precipitation, T_{\min} 124 and $T_{\rm max}$, were selected in this analysis due to their strong agreement with NCEP tem-125 perature time series for our region of interest (Figure 1C). Daymet is derived by inter-126 polating and extrapolating from in situ instruments and meteorological stations, and rep-127 resents a robust dataset for precipitation and temperature predictions across North Amer-128 ica (P. E. Thornton et al., 2021). This dataset has been a standard for validation among 129 several analyses related to arctic regions (Diro & Sushama, 2019; Akinsanola et al., 2024). 130 Figure 1 (A, B) show the annual mean precipitation and temperature for the year 2021 131 across Alaska. For one of the study locations, Crooked Creek at the Kuskokwim River, 132 Figure 1 (C) shows the time series of precipitation, temperature and AR events for the 133 year 2021. 134

135

2.3 River ice breakup observations

Observations for river ice breakup dates were obtained from the Alaska-Pacific River 136 Forecast Center database. While exact coordinates were unavailable, location coordinates 137 were estimated based on proximity to weather stations and airports, to maintain spa-138 tial consistency with inputs used in Daymet's meteorological models. We identified 25 139 locations (shown in Figure 1 (A, B)) in the database that had at least 35 breakup records 140 between 1980 and 2023 (the current temporal availability of Daymet), although breakup 141 records go as far back as 1896 for some locations. The 35 breakup records threshold was 142 used because it allowed for the greatest number of locations with the most complete time 143 series necessary for statistical analysis. There is always one breakup date per year, but 144 not every year had a recorded date, so some years are represented as empty values in the 145 dataset. On average, recorded breakup dates range from mid-March to late-June This 146 dataset has been used in several other studies such as (Murphy et al., 2022; Brown et 147 al., 2018; Bieniek et al., 2011). As an example, the breakup date for Crooked Creek at 148 the Kuskokwim River in 2021 occurred in early-May and is depicted in Figure 1 (C) with 149 a vertical purple dashed line. 150

151 3 Methods

To assess the influence of ARs on local temperature, we analyze the relationship 152 between the presence of an AR and the temperature change at a specific location. The 153 presence of an AR is represented numerically as a binary value indicating whether or not 154 an AR is active on a particular date. We then estimate how many days this change in 155 temperature persists. To do this, we conducted a pairwise t-test using a varying tem-156 poral window. In other words, for each AR occurrence in the dataset, a pre-AR time 157 window and post-AR time window each equal to n days in length was created before 158 and after the AR event date, respectively, whereby: $n \in \{1, 2, 3, \ldots, 14\}$. For values of 159 n greater than one day the mean was calculated within each time window for T_{\min} and 160 $T_{\rm max}$. These averaged temperatures were then calculated over all locations. Mean tem-161 perature pairs were assessed using a one tailed pairwise t-test to check whether ARs in-162 creased the local temperature over period of time $n \ (\alpha = 0.05)$. For example, if n =163 3 assessing T_{\min} , then the mean of T_{\min} three days prior to each AR event will be com-164 pared to the mean of T_{\min} for the three days post each AR event. 165



Figure 1. (A): map shows annual total precipitation for the year 2021. (B): map of average daily temperature for 2021. (C): One of the 25 locations (Crooked Creek on the Kuskokwim River) for the year 2021. Yellow, orange, red represent the temperature profiles (fill plot of $T_{\rm min}$ - $T_{\rm max}$) from NCEP temperature data at 850, 925 and 1000mb respectively. Light green represents the Daymet temperature profile. Dark blue line shows precipitation from Daymet ($\frac{\text{kg}}{\text{m}^2}$) relative to the secondary y-axis in dark blue on the right. The light blue stem plots depict the IVT of AR events ($\frac{\text{kg}}{\text{m}*s}$) relative to the secondary y-axis in light blue on the right. The vertical purple dashed line shows the breakup date for the Kuskokwim River in 2021 for Crooked Creek.

We explored AR contribution to precipitation by separating precipitation events 166 occuring on days with an active AR. We then used the Wilcoxon rank-sum test (Rey & 167 Neuhauser, 2011) to test the hypothesis that AR events tend to produce more precip-168 itation than other precipitation events. We opted to use a non-parametric test (Wilcoxon 169 rank-sum test) because the distributions of precipitation were shown to not be normal 170 after log transformation using the Shapiro-Wilks test (Shapiro & Wilk, 1965). We also 171 estimated the interannual variability of precipitation associated with ARs by conduct-172 ing a univariate ordinary least squares regression (OLS). For extremes, we extracted the 173 top 5% of precipitation events and determined what fraction of those events occured on 174 days with an active AR event. 175

To determine the impact that ARs have on river ice breakup timing, we estimate 176 the heat transfer between the river ice and the precipitation accumulating on the sur-177 face. Assuming presence of a frozen layer of ice on the river surface, we estimate the sen-178 sible heat transfer between the river surface and incoming precipitation using Equation 179 1. Latent heat transfer fluxes were assumed to be relatively small and thus ignored in 180 our simplified heat transfer calculations. The specific heat of precipitation in Equation 181 1 is represented as either water or liquid as determined by air temperature. Given that 182 Alaska is at a high latitude with heat transfer calculated during the coldest period of the 183 year, it can be assumed that in most cases the precipitation is in the form of snow. 184

$$q_t = \rho \cdot m \cdot \Delta T \tag{1}$$

where q_t is heat flux $(\frac{J}{m^2})$ at a given day t; ρ the specific heat of the precipitation (assumed to be either water or snow depending on the temperature) $(\frac{J}{\text{kg}^{\circ}\text{C}})$; ΔT is the difference between the temperature of the precipitation which is approximated using T_{min} as a proxy, and the river ice surface which is assumed to be at 0 °C; m the mass of the precipitation per unit area $(\frac{\text{kg}}{\text{m}^2})$.

Heat transfer fluxes were calculated as a daily series for a period of six months prior 190 to the breakup date. Time of occurrence and thermal conditions associated with pre-191 cipitation events during winter and spring have differential impacts to reinforce versus 192 weaken the river ice layer and thus the date of the breakup. We fit a temporal bias func-193 tion (Equation 2), a double exponential function, applied to the heat transfer equation 194 to assess the days of the year when precipitation events were more impactful on breakup 195 timing. The bias function is a symmetric unimodal exponential function to help iden-196 tify the most influencial precipitation time period determining the annual time of river 197 ice breakup. This bias function was fit individually for each of the study locations. 198

$$f(t;\gamma,\kappa,DOY,c) = \begin{cases} \frac{e^{-\gamma \cdot (-t-DOY)} - 1}{\kappa} & \text{if } t < c\\ \frac{e^{-\gamma \cdot (t-DOY)} - 1}{\kappa} & \text{if } t \ge c \end{cases}$$
(2)

where γ is a scale parameter impacting the width of the exponential function; t is time 199 in days; DOY is the Gregorian day of year that the breakup date occurred; c is a loca-200 tion parameter dictating the center placement of the function; κ is a normalizing con-201 stant. Finally, Equation 3 solves for $Q_{\text{year, location}}$, the total thermal energy exchange for 202 a given location, for a given breakup year. Equation 3 is tuned over the entire hyper-203 parameter search space for each location and each breakup year, optimized by selecting the parameter values that produce the Pearson correlation coefficient with the greatest 205 absolute value. Here i is the starting day of the time series approximately six months 206 prior to the breakup date. 207

$$Q_{\text{year, location}} = \sum_{t=i}^{t=DOY} f(t; \gamma, \kappa, DOY, c) \cdot q_t$$
(3)

208 4 Results

209

4.1 Atmospheric rivers impact on temperature

We applied the pairwise t-test comparing pre-AR and post-AR time windows of 210 length n at all locations. Figures 2A and 2B show the change in p-values for each value 211 of n where the dashed lines represent the mean p-value across the study locations and 212 the filled color curved signifies the interquartile range (IQR). Figure 2C and 2D shows 213 the mean increase in temperature from the pre-AR time window to the post-AR time 214 window for varying time window sizes n. Analysis shows an increase in air temperature 215 during the period following an AR event, with mean temperature increases higher for 216 $T_{\rm min}$ compared to $T_{\rm max}$, with the difference receding over longer time windows. On av-217 erage, the temperature differences were statistically significant for $T_{\rm min}$ (based on an $\alpha =$ 218 (0.05) for temporal windows up to 10 days after an AR event. For temporal windows up 219 to 7 days, statistical significance was true for all locations within the study as represented 220 by the Figure 2A fill plot. The increase in daily minimum temperature can be as high 221 as 1.5 °C (n = 2) (Figure 2C). For T_{max} , the differences were statistically significant for up to 6 days after an AR event on average (Figure 2B) with an increase as high as 223 $0.75 \,^{\circ}\mathrm{C} \,(n=3,4)$ (Figure 2D). These statistically significant temperature increases fol-224 lowing AR events were true at all locations in our study for n = 2, 3, 4 as shown in Fig-225 ure 2B fill plot. 226



Figure 2. (A and B): *p*-values from the paired *t*-test given time window size (*n*) surrounding the AR event date (A: T_{\min} ; B: T_{\max}). Dashed lines represent the mean, while the filled color curves show interquartile range (25th and 75th percentile); (C and D): mean increase in temperature (°C) accompanying each AR, calculated between the pre–AR time window and the post–AR time window (C: T_{\min} ; D: T_{\max}). (E): time series of IVT $\frac{\text{kg}}{\text{m}}$ aggregated monthly over all locations. (F): time series of total precipitation $\frac{\text{kg}}{\text{m}^2}$ aggregated monthly over all study locations. (G): proportion of precipitation accounted for by ARs on an annual basis. (H): kernel density plots showing the distribution of local precipitation (dark blue) and precipitation from ARs (light blue). (I): ordinary least squares regression plot using total annual precipitation from ARs, to predict total annual precipitation.

4.2 Atmospheric rivers impact on precipitation

227

243

Figures 2E and 2F show the monthly IVT from AR events and monthly total pre-228 cipitation through the span of the data record, aggregated over all locations, respectively. 229 Figure 2G shows the proportion of total annual precipitation occuring on days with ac-230 tive ARs over time, where light blue depicts the IQR of proportions and blue-grey rep-231 resents proportions outside of the IQR, across all 25 locations. The dashed line repre-232 sents the mean proportion. ARs tend to account for 36% of precipitation on average (Fig-233 ure 2G), with a high degree of variability across years and locations. In 2005 and 2020 234 for example, nearly 80% of the total precipitation at some locations occured on days with 235 active AR events. The results from the Wilcoxon rank-sum test show that precipitation 236 during active ARs tends to be greater in magnitude than non-AR precipitation (test statistic = 237 -83.85; p-value ≈ 0.0). In addition, we found that of the top 5% of precipitation events 238 by total rainfall, 57% occured during active ARs (Figure 2H). Correlating total precip-239 itation from AR days, to total annual precipitation using a univariate OLS, we find that 240 the coefficient of determination (\mathbb{R}^2) is equal to 0.48 (Figure 2I). This indicates that ARs 241 explain about 48% of interannual variability in precipitation, across all 25 locations. 242

4.3 Transfer of energy based on Precipitation

To estimate the impact of precipitation on river ice breakup dates, we use Equa-244 tion 3 to approximate the heat transfer between precipitation and the river ice surface. 245 Equation 3 was solved using a double exponential bias function to temporally-weigh events 246 of higher influence (Figures 3A, 3B, 3C), and using uniform weights as baseline for com-247 parison (Figures 3D, 3E, 3F). When using a temporal bias function, the relationship be-248 tween summated heat transfer due to precipitation and time of river ice breakup were 249 identified with strong correlation (Pearson correlation coefficient $(r_p) = -0.84$ and a Spear-250 man correlation coefficient $(r_s) = -0.80$ at Crooked Creek on the Kuskokwim river (Fig-251 ure 3A)). In contrast, very weak correlations were identified when fitting the relation-252 ship using temporally uniform weights (Figure 3B), thus highlighting the need for a tem-253 poral bias function. We tuned three different cases for Equation 1 whereby the mass of 254 precipitation could be provided by: total precipitation, precipitation from ARs or pre-255 cipitation not from ARs. This exercise allows us to determine whether or not that ag-256 gregated energy accelerates or decelerates the breakup of river ice. We find that there 257 is a strong negative correlation between the heat transfer and the DOY on which the 258 river ice breakup occurs (Figure 3A). In this context, negative values along the y-axis of Figures 3A and 3D are interpreted as a negative heat exchange, suggesting a net cool-260 ing effect on the river ice surface as the precipitation below freezing are accumulated on 261 the river ice surface. The peak of the temporally-weighted bias curve is typically located 262 during the coldest period of the year, typically betweeen late November and early Febru-263 ary (Figure 3C). In other words, the presence of high magnitude precipitation events, 264 occuring on colder days of the year, show a strong inverse correlation to the time of breakup. 265 For example, referring to Figure 3A, Crooked Creek on the Kuskokwim River has a clear 266 negative trend, whereby the cooling effect of precipitation on the river ice surface delays 267 the DOY of the breakup. The frequency of AR events that occurred six months prior 268 to the breakup date alone is an insufficient predictor (Figures 3B, 3E) of the breakup 269 date. 270

While Figure 3 focuses on a single selected site, Table 1 shows the Pearson correlation after tuning parameters c and γ are optimized and applied to Equation 3 individually at each location. Table 1 also shows the center of the bias curve c (month-day) that was selected for, at each location, given the summand for precipitation used in Equation 3 (ie. Total Precipitation, Precipitation from ARs, Precipitation not from ARs; mulitplied to the temporal bias).



Crooked Creek on the Kuskokwim River

Figure 3. top row: (A): scatter plot between thermal energy transfer for all precipitation events and DOY (the Gregorian day of year that the breakup date occurred); (B): scatter plot of the number of ARs that occured in the six months prior to the breakup date and DOY; (C): temporal bias curve for the year 2021 with the breakup date represented by the vertical dashed line. bottom row: same as the top row except depicting the results when a temporal bias is not utilized.

²⁷⁷ **5** Conclusion and Discussion

This study investigated the impact atmospheric rivers (ARs) and non-AR related precipitation events have on the timing of river ice breakup across 25 sites in Alaska. We explored the impact of ARs on local temperature increases throughout the study domain; the contribution of ARs to precipitation events, including variability and extremes; and determined the impact of ARs and non-AR precipitation events on the *DOY* on which the ice on the surface of Alaskan rivers eventually breaks.

We found that ARs generally lead to up to a week-long persistent increase in daily 284 temperature (minimum and maximum) across Alaska, with temperatures rising by as 285 much as 1.5 °C for $T_{\rm min}$ and 0.75 °C for $T_{\rm max}$. These findings are consistent with many 286 past studies that have shown that warm moisture and an increase in heat flux brought 287 on by ARs can warm the cryosphere (Wille et al., 2021; Ma et al., 2023; Li et al., 2022; 288 Zhang et al., 2023). Our analysis also shows that ARs account for a significant portion 289 of total annual precipitation in Alaska, contributing to 36% of total precipitation by vol-290 ume on average. ARs also explain 48% of interannual variability and lead to 57% of ex-291 treme precipitation events (precipitation events within the top 5% of deposition). These 292 results are consistent with past works, such as Nash et al. (2024) which showed that through-293 out Southeast Alaska, as few as six annual AR events can account for 68% - 91% of pre-294 cipitation days. Our analysis shows evidence that intense ARs occurring during the cold-295 est period of the year appear to delay the annual breakup date of river ice. Our results 296 do not show that ARs are unique relative to non-AR forms of precipitation in this re-297

gard (Table 1), with no evidence that increased precipitation events of any kind closer 298 to the breakup date accelerates the breakup date. This is likely attributed to a combi-299 nation of heat transfer from precipitation, increased ice accumulation on the river ice sur-300 face and structural changes in the river ice as a result of snowfall. Increased snow ac-301 cumulation increases the albedo of the river surface, as well as provides thermal insu-302 lation, mitigating the effects of temperature fluctuations during the coldest period of the 303 year. This is consistent with the extensive analysis conducted by G. D. Ashton (2011), showing that an increase in snow accumulation on the river ice surface for locations across 305 Alaska (many of the same locations used in this analysis) can lead to an increase in river 306 ice thickness, thus reinforcing the river ice structurally. This phenomenon is apparent 307 to a point at which the efficacy begins to diminish. It should be noted that a limitation 308 of our analysis is the assumption that the river ice surface temperature is held constant 309 at 0 °C and that air temperature is a reasonable proxy for incoming precipitation. We 310 were unable to find a complete dataset on river ice surface temperatures for the locations 311 and time period of our study. Thus, we assume that the mass of liquid, snow or ice de-312 posited on the river surface, times its temperature and specific heat, will be sufficient 313 to approximate the heat exchanged in the system. 314

Understanding the influence of ARs and other high precipitation events on the tim-315 ing of river ice breakup in Alaska is crucial for predicting and managing the impacts of 316 climate change in the region, especially since studies have shown that AR frequency and 317 intensity in this region are expected to increase in a warmer world (Espinoza et al., 2018; 318 Massoud et al., 2019). The findings of our analysis suggests that ARs have significant 319 influence on the climate and terrestrial hydrology across Alaska, affecting temperature, 320 precipitation, and river ice dynamics. Further research in this area could help improve 321 our understanding of ARs and their role in shaping the climate of high-latitude regions. 322

323 Data Availability Statement

Daily Daymet precipitation and temperature data is available through the Oak Ridge 324 National Laboratory Distributed Active Archive at https://daymet.ornl.gov/single 325 -pixel/. River ice breakup records are maintained by the Alaska-Pacific River Forecast 326 Center at https://www.weather.gov/aprfc/breakupMap. The AR database (https:// 327 doi.org/10.25346/S6/Y0150N) is available via the Global Atmospheric Rivers Data-328 verse at https://dataverse.ucla.edu/dataverse/ar. NCEP-NCAR Reanalysis 1 data 329 was obtained from the NOAA Physical Sciences Laboratory, Boulder, Colorado, USA, 330 https://psl.noaa.gov/data/index.html. All of the codes needed to run the analy-331 sis and everything required to reproduce this work are available on GitHub: https:// 332 github.com/Russtyhub/River_Ice_AR_Analysis.git. 333

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585 Appendix A.

Table 1. Table showing the Pearson correlation coefficients between the total thermal energy exchange (Q) as derived by Equation 3, assuming an exponential temporal bias (Equation 2), and the day of the year the breakup occured (DOY), by location. The optimal center placement of the temporal bias (month-day) is also provided $[r_p|$ center date of bias]

Location	Total Precipitation	Precipitation from ARs	Precipitation not from ARs
Akiak Kuskokwim River	-0.78 11-12	-0.78 2-5	-0.80 1-15
Allakaket Koyukuk River	-0.81 12-10	-0.69 10-23	-0.80 12-3
Ambler Kobuk River	-0.84 2-5	-0.67 2-5	-0.83 2-12
Aniak Kuskokwim River	-0.80 11-19	-0.81 1-29	-0.77 11-12
Bethel Kuskokwim River	-0.72 12-3	-0.75 2-5	-0.73 12-10
Bettles Koyukuk River	-0.79 2-19	-0.70 10-23	-0.81 2-12
Circle Yukon River	-0.75 2-5	-0.76 1-22	-0.74 2-12
Crooked Creek Kuskokwim River	-0.84 11-26	-0.76 2-5	-0.80 11-26
Dawson Yukon River	-0.77 10-23	-0.67 1-22	-0.75 10-23
Eagle Yukon River	-0.77 10-23	-0.79 1-22	-0.76 1-29
Emmonak Yukon River	-0.76 2-5	-0.76 1-29	-0.71 4-16
Fort Yukon Yukon River	-0.72 10-23	-0.59 2-5	-0.72 10-23
Galena Yukon River	-0.79 11-19	-0.75 1-15	-0.80 4-16
Holy Cross Yukon River	-0.75 1-8	-0.77 1-8	-0.72 1-8
Hughes Koyukuk River	-0.81 1-1	-0.78 1-15	-0.78 4-2
Kaltag Yukon River	-0.84 12-3	-0.77 12-3	-0.86 1-15
Kobuk Kobuk River	-0.81 1-8	-0.62 4-16	-0.81 1-8
McGrath Kuskokwim River	-0.81 3-26	-0.81 2-5	-0.82 4-9
Mountain Village Yukon River	-0.72 1-29	-0.76 2-5	-0.69 2-19
Nenana Tanana River	-0.71 1-1	-0.73 2-5	-0.72 1-1
Nikolai Kuskokwim River	-0.75 2-12	-0.70 2-5	-0.74 1-15
Red Devil Kuskokwim River	-0.79 12-3	-0.80 2-5	-0.78 12-3
Ruby Yukon River	-0.83 4-9	-0.78 1-15	-0.86 4-16
Russian Mission Yukon River	-0.71 11-26	-0.72 12-10	-0.68 12-3
Tanana Yukon River	-0.76 1-22	-0.70 2-5	-0.77 11-26