

Evidence-Based Surgical Guidelines for Treating Children with Rhabdomyosarcoma

Abdelhafeez Abdelhafeez¹, Tea Reljic², Farina Klocksieben², Ambuj Kumar², Sharon Cox³, Andrew Davidoff¹, Kudzayi Munanzvi⁴, Sheila Terwisscha van Scheltinga⁵, Ahmed Elgendy⁶, Justin Gerstle⁷, Bilal Mazhar Qureshi⁸, Abdulrasheed Nasir⁹, Timothy Lautz¹⁰, Amabelle Moreno¹¹, Amos Loh¹², Sajid Qureshi¹³, Gordan Vujanic¹⁴, Pablo Lobos¹⁵, Sheena Mukkada¹, and Simone Abib¹⁶

¹St Jude Children's Research Hospital

²University of South Florida Morsani College of Medicine

³University of Cape Town Department of Surgery

⁴Harare Central Hospital

⁵Prinses Maxima Centrum voor Kinderoncologie BV

⁶Tanta University

⁷Memorial Sloan Kettering Cancer Center Department of Surgery

⁸The Aga Khan University

⁹University of Ilorin Teaching Hospital

¹⁰Northwestern University Feinberg School of Medicine

¹¹University of the Philippines-Philippine General Hospital Department of Surgery

¹²KK Women's and Children's Hospital

¹³Tata Memorial Hospital Department of Surgery

¹⁴Sidra Medicine

¹⁵Hospital Italiano de Buenos Aires

¹⁶Universidade Federal de Sao Paulo

November 12, 2024

Abstract

Background: Surgery remains the cornerstone of treatment for rhabdomyosarcoma (RMS) in children. However, there is considerable variation in surgical management practices worldwide, highlighting the need for standardized clinical practice guidelines (CPG). **Methods:** The CPG development involved assembling a multidisciplinary group, prioritizing ten key topic areas, conducting evidence searches, and synthesizing findings. Recommendations were voted on using the GRADE (Grading of Recommendations, Assessment, Development, and Evaluations) methodology. **Recommendations:** The panel recommended regional lymph node evaluation for patients with paratesticular RMS who are more than 10 years old and extremity RMS. Other suggestions included pre-treatment re-excision for incompletely resected RMS, preoperative radiation therapy for unresectable tumors, maintaining a 0.5 cm resection margin, and tumor bed marking with surgical clips. The panel also suggests resection of residual metastatic disease following chemotherapy, resection of relapsed disease, and the least invasive approach for managing patients presenting with obstruction. **Conclusion:** This CPG provides evidence-based surgical management recommendations for RMS that can be adapted to diverse resource settings.

INTRODUCTION

Surgery is an integral part of the multimodal therapy for rhabdomyosarcoma (RMS), aiming to remove the tumor and enhance the likelihood of a cure. The approach to surgery varies and is highly individualized depending on the tumor’s size, location, and stage, as well as the patient’s overall health and functional needs.

Biopsies are performed to confirm the diagnosis and assess the tumor’s histological type, which influences the surgical approach. The primary goal of surgery for RMS is to achieve complete resection of the tumor with a margin of normal tissue. This helps minimize the risk of residual cancer cells and reduces the likelihood of recurrence. Preservation of function and appearance is also a key consideration, especially in pediatric patients. This can involve intricate planning to balance tumor removal with the need to maintain limb function or other critical anatomical features.

The surgical management of rhabdomyosarcoma is complex and nuanced and requires a multidisciplinary approach. Given the variation in surgical practices for the treatment of RMS, the aim of this work is to provide guidance for key questions by developing an evidence-based clinical practice guideline (CPG).

METHODS

The CPG development was accomplished in several steps beginning with the formation of CPG steering and development groups, followed by evidence generation and voting on recommendations. The target users of these guidelines are surgeons providing care to children with RMS, particularly in settings with limited resources. Recommendations are also intended to inform the development of national and institutional policies. The CPG was developed following the GRADE (Grading of Recommendations, Assessment, Development, and Evaluation) methodology.

Step 1. Formation of guideline steering and development groups

A Guideline Steering Group (GSG) was formed, consisting of two methodologists, two clinicians, two coordinators, and a research associate. A Guideline Development Group (GDG) was constituted to include multidisciplinary content expertise, geographic, and gender representation. Participants were identified through St. Jude Global, the International Society of Pediatric Surgical Oncology, and the Global Initiative for Children’s Surgery.

Disclosure and management of potential conflicts of interest

All members of the GSG and GDG provided conflict-of-interest disclosures prior to the voting process.

Step 2. Question selection

GSG and GDG, representing its constituent societies, identified the initial list of topic areas and questions to be addressed in the CPG related to surgical management of RMS. The scoping exercise concluded with a selection of 10 questions related to various aspects of the surgical management of RMS for inclusion in the CPG.

Step 3. Search, selection, data abstraction and synthesis

All questions selected by the GSG and GDG were converted into a specific question format using the PICO (patient, intervention, comparison and outcome) model. Selection criteria for each question were determined *a priori* based on the patient population and exposures in each question. Only comparative studies (systematic reviews of comparative studies, randomized controlled trials, cohort studies, case-control studies, and cross-sectional studies) were eligible for inclusion. A systematic search of PubMed through February 1, 2024, was performed to find studies addressing the questions included in the CPG. Additionally, we manually reviewed the reference lists of all relevant systematic reviews and included studies to find additional eligible studies. The titles and abstracts of all identified references were reviewed by a clinician and a methodologist from the GSG. Studies identified for full-text review were then reviewed by all members of the GSG, and any reasons for exclusion were noted.

Data from the included studies were extracted by two members of the GSG. The risk of bias in the included studies was assessed using the appropriate tool for each study design. The Cochrane RCT tool was used for randomized controlled trials. The Newcastle-Ottawa tool was used for cohort and case-control studies. Data on outcomes from similar studies were extracted and pooled when appropriate by using the random-effects model. The main outcomes of interest were overall survival, mortality, completeness of resection, local recurrence, complications, and intensity of therapy, as important outcomes to inform recommendations. All comparative analyses were performed using the RevMan software package. Pooled estimates for each outcome and certainty of evidence were summarized using Grading of Recommendations, Assessment, Development and Evaluation (GRADE) Summary of Findings tables.

Step 4. Training of GDG members

All GDG members participated in four one-hour virtual sessions focusing on the GRADE evidence to decision framework, fundamentals of study design, and interpretation of summary measures associated with diagnostic, prognostic, and intervention studies. The final session focused on interpretation of the summary of findings table and a mock session on the deliberation and voting process associated with CPG development.

Step 5. Development of recommendations

The development of recommendations was accomplished over 2 virtual sessions. Each question was presented to the GDG members by the methodologist, who was not a voting member, along with GRADE summary of findings table focusing on benefits and risks associated with the intervention. Summary of finding presentation was followed with deliberations among GDG members focusing on a variety of issues including patient values and preferences, resource use associated with the use of intervention and feasibility.

Step 6. Grading recommendations

All questions were transformed into recommendations prior to anonymous voting. Post deliberation, the recommendation associated with the intervention was presented to the GDG members followed by a discussion focusing on the framing of the recommendation. For consistency, all recommendations were initially framed as “recommend” and based on voting results by the GDG members were changed to “recommend” or “suggest” and in favor or against the intervention. The GDG members initially voted for or against each recommendation, followed by a vote on the strength of the recommendation (strong or weak). A simple majority of >50% was used as the threshold to determine the direction and strength of the recommendations.

Update plan

Guidelines are to be updated every 4 years.

Source of funding

This guideline development effort was supported by funds from the American Lebanese Syrian Associated Charities (ALSAC).

RESULTS

Overall, there were 14 GDG members, of whom, 36% were females (n=5). Most of the GDG members were surgeons (86%; n=12), with one radiation oncologist and one pathologist. The majority of members practiced in the public sector (57%; n=8) and worked in a tertiary setting (93%; n=13). The priority questions guiding the evidence review and synthesis for these guidelines are listed in Supplemental Table S1. The glossary of terms and phrases and their meanings for the purposes of this guideline are summarized in Supplemental Table S2.

RECOMMENDATIONS

The panel recommends surgical evaluation of regional lymph nodes for the management of paratesticular RMS who are more than 10 years old and extremity RMS (*Strong recommendation, Certainty of evidence: Very Low, Supplemental Table S3*).

We identified eight comparative studies assessing lymph node evaluation versus no evaluation. However, after removing studies with patient overlap, we included five retrospective cohort studies enrolling 2081 patients in the analysis. Pooled results did not show any difference in mortality, event-free survival, or relapses for paratesticular RMS who are more than 10 years old. However, overall mortality was lower in those receiving lymph node evaluation compared to no evaluation (OR 0.46, 95% CI 0.22 to 0.96). In patients with RMS of extremities, mortality was lower for those receiving lymph node evaluation (OR 0.32, 95% CI 0.17 to 0.60).

Panel deliberation.

The incidence of regional lymph node involvement in rhabdomyosarcoma varies between 10-40% and depends on the fusion status and location of the tumor. Lymph node involvement in rhabdomyosarcoma is associated with worse outcome.¹⁻¹³

Accurate staging and assessment of lymph node involvement play a crucial role in determining the appropriate treatment and prognosis for patients with rhabdomyosarcoma¹⁻¹¹. The purpose of surgical evaluation of regional lymph nodes is primarily diagnostic.

For primaries in all sites, clinically enlarged lymph nodes should be evaluated pathologically as approximately 75% of enlarged lymph nodes will be confirmed positive for tumor cells.

Clinically uninvolved regional lymph node evaluation is particularly essential for patients with fusion positive disease, those with paratesticular RMS who are more than 10 years old by means of nodal basin sampling and those with extremity or trunk primary by means of sentinel lymph node biopsy¹⁻¹¹. However, prophylactic radical node dissection is of no therapeutic value and is not recommended.

Radiation therapy (RT) is the therapeutic modality of choice for regional lymph node metastases.

The panel is uncertain about timing of resection (upfront versus delayed) in patients with RMS. (*No recommendation, Certainty of evidence: Very Low, Supplemental Table S4*).

We identified seven comparative retrospective cohort studies assessing delayed primary excision (DPE) versus upfront resection. Of the seven, only 6 had extractable data enrolling 279 patients. The overall certainty of evidence was very low. Pooled results showed no significant difference in overall mortality, relapse, or need for additional intensive therapy. Incomplete resection was significantly lower in those with delayed primary excision compared to upfront resection (OR 0.27, 95% CI 0.15 to 0.51) including patients with RMS of the liver-bile duct (OR 0.05, 95% CI 0.00 to 0.52), extremity (OR 0.37, 95% CI 0.17 to 0.79), and mixed population (OR 0.09, 95% CI 0.02 to 0.48).

Panel deliberation.

Most (61-75%) localized RMS are unresectable at presentation and resection with negative margins is achievable in only 12 to 18% of patients¹⁴⁻¹⁶. Opting for upfront versus delayed primary excision of RMS depends on feasibility of a resulting microscopic negative margins and function preservation^{14,17}. While upfront resection for paratesticular RMS is almost always possible; this is not necessarily the case for other locations. There is no role for upfront resection when achieving negative margins is not feasible or when upfront resection is mutilating. Determinants of resectability include tumor site, size, and relationship to critical structures. RT can be safely omitted if upfront R0 resection can be achieved, and the tumor is negative for translocation. However, there is a paucity of well-defined clinical criteria to guide selection for upfront resection versus delayed primary excision.

Neoadjuvant chemotherapy decreases the size, often alters the anatomic relationship of tumors to critical structures and improves feasibility of function-preserving resection¹⁸⁻²³. Delayed primary excision after neoadjuvant chemotherapy potentially qualifies patients for radiation dose reduction^{24,25} and improves overall survival for extremity and non-bladder-prostate genitourinary RMS^{14,17,26}.

Debulking surgery offers no local control or survival advantages; therefore, debulking has no role in curative RMS resection. Biopsy sites should be planned to facilitate en bloc resection of the biopsy tract at the time

of surgical local control.

The panel suggests pretreatment re-excision in patients with incompletely resected RMS (*Weak recommendation, Certainty of evidence: Very Low, Supplemental Table S5*).

We identified three retrospective cohort studies enrolling 284 patients assessing pretreatment re-excision versus no pretreatment re-excision. The overall certainty of evidence is very low. Pooled results did not show any difference in overall mortality or relapse. In patients with RMS of the extremity or trunk, mortality was significantly lower in those with pretreatment excision versus no pretreatment excision (OR 0.31, 95% CI 0.11 to 0.92).

Panel deliberation.

Pretreatment re-excision is indicated when initial excisional biopsy or resection leaves behind gross residual tumor, has microscopically involved margins, or when the margin status is uncertain²⁸⁻³⁰. In such situations, pretreatment re-excision is considered only when a wide re-excision can be achieved with the aim of resecting all residual tumor with negative margins, without causing significant surgical complications and undue delay in starting chemotherapy. Pretreatment re-excision in RMS, particularly for trunk and extremities³⁰, plays a critical role in ensuring margin-negative resection, downgrading risk stratification, and de-intensification of therapy. Patients who achieve a negative resection margin before starting chemotherapy with pretreatment re-excision are classified as group 1, have improved survival, and potentially qualify for reduced radiation dose³¹. All outcome analyses are improved for group 1 in comparison to group 2 and group 3. Group 1 achieved by either upfront resection or pretreatment re-excision have equally good outcomes²⁸⁻³⁰. In patients with group 1 disease, FOXO fusion-negative status may avoid the need for radiation therapy³².

The panel suggests early preoperative radiation therapy for patients with unresectable RMS. (*Weak recommendation, Certainty of evidence: Very Low, Supplemental Table S6*)

We identified one retrospective cohort study enrolling 88 patients assessing preoperative radiation therapy for unresectable tumors versus no preoperative radiation therapy. The certainty of evidence is very low. Pooled results did not indicate any significant difference in overall mortality, mortality/event, or relapse. Incomplete resection was significantly lower in patients undergoing preoperative RT versus no preoperative RT (OR 0.02, 95% CI 0.00 to 0.08).

Panel deliberation.

Complete resection with negative margin is associated with improved local control and survival. However, negative margin resection is not the goal for orbital RMS or for large tumors where morbidity would be significant^{38,39}. Although the choice of a 0.5 cm margin is somewhat arbitrary, such a narrow margin may be more feasible and simultaneously enable pathological confirmation of R0 resection. At the time of surgical local control, the fundamental principle of complete excision with a surrounding "cuff" of normal tissue should be followed to ascertain pathological negative margins, provided there is no loss of function or cosmetic appearance. The surgical team should ensure that the specimen is handed to pathology intact and abstain from any "on-table" dissection of the specimen that may violate the surrounding cuff of normal tissue. To ensure accurate margin evaluation, the specimen should be oriented, and margins labeled. It is inevitable to have narrow margins in some cases with complex tumor anatomy. In such cases, the surgeon ought to obtain biopsies of the resection bed especially adjacent to areas with questionable margins. These biopsies ought to be accurately labeled and sent for pathologic examination. To guarantee the accuracy of the margin inspection, communication with the local pathologist is required. A narrow margin of <1 mm is acceptable for sites with anatomic restrictions like non-parameningeal head and neck RMS to preserve form and function. Similarly, very aggressive resection is not warranted for RMS of the perineum or anus because of the proximity to urethra and anus that limits the feasibility of complete resection without compromising function preservation⁴⁰. Neurovascular and other critical structures should not be resected to achieve arbitrary margin widths.

The panel suggests intraoperative tumor-bed marking with surgical clips for patients with RMS. (*Weak recommendation, Certainty of evidence: Very Low*)

We identified no comparative studies that assessed marking of tumor bed with surgical clips versus no marking.

Panel deliberation.

Titanium clips should be used in the tumor bed to identify the site of any probable microscopic or gross residual tumor. Radiation oncologists use these clips to precisely target the area where the tumor was located, minimizing radiation exposure to surrounding healthy tissues. Overall, the use of titanium clips for marking the resection bed in RMS surgery is a standard practice that enhances precision in further local control planning. Techniques to mitigate postoperative clip migration include ensuring the clip is placed exactly at the area of the tissue of interest, placing clips in a series or at multiple points along corners of the resection bed, and applying clips between two knots of a securely placed Prolene suture.

The panel does not suggest late resection after completion of therapy in patients with RMS. (*Weak recommendation; Certainty of evidence: Very Low, Supplemental Table S7*)

We identified eight comparative studies (seven retrospective cohort studies and one prospective nested cohort study) enrolling 939 patients assessing late resection after completion of therapy versus no resection. The overall certainty of evidence is very low. Pooled results showed no significant difference in overall mortality, relapse, need for additional intensive therapy, or non-relapse mortality.

Panel deliberation.

End of chemo-radiation therapy evaluation shows residual mass in one third of patients. End of therapy residual mass is often non-viable; resection of such mass is not associated with improved local control or overall survival. Moreover, such resection often fails to achieve complete resection and is associated with increased complications^{25,27,41-48}. However, DPE, a pre-planned part of the initial treatment strategy, should be considered when feasible^{24,25,26}.

The panel suggests local treatment of residual metastatic disease after completion of chemotherapy. (*Weak recommendation; Certainty of evidence: Very Low*)

No comparative studies assessed resection of residual metastatic disease after completion of chemotherapy compared to no resection of residual metastatic disease.

Panel deliberation.

Twenty percent of RMS are metastatic at presentation and outcomes are dismal except for younger patients with embryonal RMS. Local treatment of all metastatic deposits improves event free survival and overall survival⁴⁹. Evidence supports aggressive local treatment to both primary tumor and metastatic sites⁵⁰. However, upfront resection of metastatic deposits at the time of diagnosis is generally not indicated and should be avoided.

The panel suggests resection of relapsed disease for the management of relapsed RMS. (*Weak recommendation; Certainty of evidence: Very Low, Supplemental Table S8*)

We identified seven retrospective studies assessing resection versus no resection of relapsed disease. However, of the seven, only six retrospective cohort studies had extractable data and enrolled 446 patients. The overall certainty of evidence is very low. The pooled overall mortality was significantly lower in those with resection of relapsed disease compared to no resection (OR 0.15, 95% CI 0.06 to 0.39).

Panel deliberation.

Approximately one third of RMS patients will develop progression or relapse with a dismal but variable outcome depending on tumor biology and stage⁵¹. Predictors of the outcome of RMS relapse include unfavorable site and size, FOXO fusion status, presence and number of metastases, lymph node metastases,

prior multimodal therapy, and interval to relapse. Lower risk patients may benefit from aggressive local and systemic multimodal therapy⁵²⁻⁵⁹. Relapse patients with initially small tumors, favorable site, Group I, Stage 1, and FOXO fusion negative have favorable outcome^{51,56,57,60-63}. Resection of relapsed disease is suggested as part of the armamentarium for potentially salvageable patients to improve survival¹⁵³⁻⁵⁹.

The panel suggests biopsy and diversion when indicated for patients with RMS presenting emergently with obstruction (*Weak recommendation; Certainty of evidence: Very Low, Supplemental Table S9*)

We identified two retrospective cohort studies enrolling 488 patients assessing upfront debulking surgery versus initial biopsy for locally advanced RMS. The overall certainty of evidence is very low. Pooled results did not indicate a significant difference in mortality or failure-free mortality.

DISCUSSION

This study convened a diverse international panel to develop evidence-based recommendations for the surgical management of rhabdomyosarcoma (RMS). Our effort underscores the importance of standardizing surgical practices in a condition where treatment approaches can significantly vary across different regions and healthcare systems. The panel formulated ten recommendations aimed at addressing critical questions identified by experts in the field, reflecting both clinical significance and the practical needs of diverse healthcare settings.

A notable limitation highlighted was the scarcity of robust evidence addressing the prioritized questions. Many existing studies were of low certainty, primarily retrospective cohort designs, which inherently have suboptimal rigor. This gap indicates a pressing need for well-designed and comprehensive international prospective studies to elucidate the true impact of various surgical interventions on outcomes in RMS. Future research should focus on generating higher-quality evidence that can more definitively guide surgical practices.

Despite the limitations in the evidence base, the recommendations provided by the panel are grounded in practical considerations. Most suggested interventions are consistent with standard care practices across various resource settings and do not impose additional risks to patients. For instance, the recommendation for regional lymph node evaluation is crucial, as our analysis indicates a potential survival benefit in patients with extremity and paratesticular RMS who are more than 10 years old. This is particularly relevant given the varied surgical approaches currently employed worldwide.

Moreover, the emphasis on pre-treatment re-excision for incompletely resected RMS reflects a growing understanding of the importance of achieving negative margins to minimize recurrence risk. Similarly, the suggestion for early preoperative radiation therapy in cases of unresectable RMS acknowledges the need for alternative strategies to enhance resectability and highlight the utility of radiation therapy as the primary local control modality when surgery is not feasible.

The global nature of this guideline development effort highlights its potential applicability across different healthcare settings. The recommendations aim to provide a framework for improving surgical outcomes in RMS, which can be adapted to local resources and practices. By promoting standardization, we hope to reduce disparities in care and outcomes for children with RMS worldwide.

As we look to the future, we encourage ongoing dialogue and collaboration among pediatric cancer care providers to refine these guidelines further. Regular updates, planned every four years, will ensure that our recommendations evolve alongside advancements in surgical management and evidence.

In conclusion, our panel's recommendations for the surgical management of RMS are designed to bridge existing gaps in care and provide a foundation for enhancing surgical outcomes across diverse healthcare environments. By fostering a shared understanding and application of these guidelines, we aim to improve the prognosis for children affected by this challenging disease.

Acknowledgement

The authors thank Vivian Moreno Berrio, Sergio Licon, and Morgan Hayes for their logistical support and extend their gratitude to Dr. Alberto Pappo for invaluable insights and review.

References

1. Wiener ES, Anderson JR, Ojimba JI, et al. Controversies in the management of paratesticular rhabdomyosarcoma: is staging retroperitoneal lymph node dissection necessary for adolescents with resected paratesticular rhabdomyosarcoma? *Semin Pediatr Surg* . Aug 2001;10(3):146-52. doi:10.1053/spsu.2001.24695
2. Meza JL, Anderson J, Pappo AS, Meyer WH, Children's Oncology G. Analysis of prognostic factors in patients with nonmetastatic rhabdomyosarcoma treated on intergroup rhabdomyosarcoma studies III and IV: the Children's Oncology Group. *J Clin Oncol* . Aug 20 2006;24(24):3844-51. doi:10.1200/JCO.2005.05.3801
3. Dang ND, Dang PT, Samuelian J, Paulino AC. Lymph node management in patients with paratesticular rhabdomyosarcoma: a population-based analysis. *Cancer* . Sep 1 2013;119(17):3228-33. doi:10.1002/cncr.28198
4. Ecker BL, Peters MG, McMillan MT, et al. Implications of Lymph Node Evaluation in the Management of Resectable Soft Tissue Sarcoma. *Ann Surg Oncol* . Feb 2017;24(2):425-433. doi:10.1245/s10434-016-5641-1
5. Lobeck I, Dupree P, Karns R, Rodeberg D, von Allmen D, Dasgupta R. Quality assessment of lymph node sampling in rhabdomyosarcoma: A surveillance, epidemiology, and end results (SEER) program study. *J Pediatr Surg* . Apr 2017;52(4):614-617. doi:10.1016/j.jpedsurg.2016.08.024
6. Hamilton EC, Miller CC, 3rd, Joseph M, Huh WW, Hayes-Jordan AA, Austin MT. Retroperitoneal lymph node staging in paratesticular rhabdomyosarcoma-are we meeting expectations? *J Surg Res* . Apr 2018;224:44-49. doi:10.1016/j.jss.2017.11.051
7. Brady AC, Picado O, Tashiro J, Sola JE, Perez EA. Lymph Node Sampling and Survival in Child and Adolescent Extremity Soft-Tissue Sarcoma. *J Surg Res* . Sep 2019;241:205-214. doi:10.1016/j.jss.2019.03.030
8. Routh JC, Dasgupta R, Chi YY, et al. Impact of local control and surgical lymph node evaluation in localized paratesticular rhabdomyosarcoma: A report from the Children's Oncology Group Soft Tissue Sarcoma Committee. *Int J Cancer* . Dec 1 2020;147(11):3168-3176. doi:10.1002/ijc.33143
9. Maduekwe UN, Herb JN, Esther RJ, Kim HJ, Spanheimer PM. Pathologic nodal staging for clinically node negative soft tissue sarcoma of the extremities. *J Surg Oncol* . May 2021;123(8):1792-1800. doi:10.1002/jso.26465
10. Liu QK, Yu XJ, Wang YG, et al. Risk factors for lymph node metastasis of soft tissue sarcomas of the head, neck, and extremities, and the clinical significance of negative lymph node dissection. *J Orthop Surg Res* . Mar 18 2022;17(1):167. doi:10.1186/s13018-022-03050-3
11. Abdelazim YA, Zaki MF, Abdel Mohsen MM, et al. Treatment results of Para-Testicular Rhabdomyosarcoma (PT-RMS) using radiation as an alternative to retro-peritoneal nodal dissection: A single Institution experience. *Arch Ital Urol Androl* . Nov 15 2023;95(4):11642. doi:10.4081/aiua.2023.11642
12. Wharam MD, Meza J, Anderson J, et al. Failure pattern and factors predictive of local failure in rhabdomyosarcoma: a report of group III patients on the third Intergroup Rhabdomyosarcoma Study. *J Clin Oncol* . May 15 2004;22(10):1902-8. doi:10.1200/JCO.2004.08.124
13. Lawrence W, Jr., Hays DM, Heyn R, et al. Lymphatic metastases with childhood rhabdomyosarcoma. A report from the Intergroup Rhabdomyosarcoma Study. *Cancer* . Aug 15 1987;60(4):910-5. doi:10.1002/1097-0142(19870815)60:4<910::aid-cncr2820600433>3.0.co;2-8
14. Crist W, Gehan EA, Ragab AH, et al. The Third Intergroup Rhabdomyosarcoma Study. *J Clin Oncol* . Mar 1995;13(3):610-30. doi:10.1200/JCO.1995.13.3.610

15. Hibbitts E, Chi YY, Hawkins DS, et al. Refinement of risk stratification for childhood rhabdomyosarcoma using FOXO1 fusion status in addition to established clinical outcome predictors: A report from the Children’s Oncology Group. *Cancer Med* . Oct 2019;8(14):6437-6448. doi:10.1002/cam4.2504
16. Harrison DJ, Qumseya A, Xue W, et al. Adolescents and young adults with rhabdomyosarcoma: A report from the Soft Tissue Sarcoma Committee of the Children’s Oncology Group. *Pediatr Blood Cancer* . Apr 2024;71(4):e30847. doi:10.1002/pbc.30847
17. Smith LM, Anderson JR, Qualman SJ, et al. Which patients with microscopic disease and rhabdomyosarcoma experience relapse after therapy? A report from the soft tissue sarcoma committee of the children’s oncology group. *J Clin Oncol* . Oct 15 2001;19(20):4058-64. doi:10.1200/JCO.2001.19.20.4058
18. Blatt J, Snyderman C, Wollman MR, et al. Delayed resection in the management of non-orbital rhabdomyosarcoma of the head and neck in childhood. *Med Pediatr Oncol* . Apr 1997;28(4):294-8. doi:10.1002/(sici)1096-911x(199704)28:4<294::aid-mpo9>3.0.co;2-d
19. Lautz TB, Xue W, Luo LY, et al. Management and outcomes of chest wall rhabdomyosarcoma: A report from the Children’s Oncology Group Soft Tissue Sarcoma Committee. *Pediatr Blood Cancer* . Jul 2023;70(7):e30357. doi:10.1002/pbc.30357
20. Rogers T, Zanetti I, Coppadoro B, et al. Perianal/perineal rhabdomyosarcoma: Results of the SIO P MMT 95, Italian RMS 96, and EpSSG RMS 2005 studies. *Pediatr Blood Cancer* . Sep 2022;69(9):e29739. doi:10.1002/pbc.29739
21. Winter S, Fasola S, Brisse H, Mosseri V, Orbach D. Relapse after localized rhabdomyosarcoma: Evaluation of the efficacy of second-line chemotherapy. *Pediatr Blood Cancer* . Nov 2015;62(11):1935-41. doi:10.1002/pbc.25622
22. Guerin F, Rogers T, Minard-Colin V, et al. Outcome of localized liver-bile duct rhabdomyosarcoma according to local therapy: A report from the European Paediatric Soft-Tissue Sarcoma Study Group (EpSSG)-RMS 2005 study. *Pediatr Blood Cancer* . Jul 2019;66(7):e27725. doi:10.1002/pbc.27725
23. Terwisscha van Scheltinga SEJ, Wijnen M, Martelli H, et al. Local staging and treatment in extremity rhabdomyosarcoma. A report from the EpSSG-RMS2005 study. *Cancer Med* . Oct 2020;9(20):7580-7589. doi:10.1002/cam4.3365
24. Wolden SL, Lyden ER, Arndt CA, et al. Local Control for Intermediate-Risk Rhabdomyosarcoma: Results From D9803 According to Histology, Group, Site, and Size: A Report From the Children’s Oncology Group. *Int J Radiat Oncol Biol Phys* . Dec 1 2015;93(5):1071-6. doi:10.1016/j.ijrobp.2015.08.040
25. Raney B, Stoner J, Anderson J, et al. Impact of tumor viability at second-look procedures performed before completing treatment on the Intergroup Rhabdomyosarcoma Study Group protocol IRS-IV, 1991-1997: a report from the children’s oncology group. *J Pediatr Surg* . Nov 2010;45(11):2160-8. doi:10.1016/j.jpedsurg.2010.07.021
26. Lautz TB, Chi YY, Li M, et al. Benefit of delayed primary excision in rhabdomyosarcoma: A report from the Children’s Oncology Group. *Cancer* . Jan 15 2021;127(2):275-283. doi:10.1002/cncr.33275
27. Bradley JA, Kayton ML, Chi YY, et al. Treatment Approach and Outcomes in Infants With Localized Rhabdomyosarcoma: A Report From the Soft Tissue Sarcoma Committee of the Children’s Oncology Group. *Int J Radiat Oncol Biol Phys* . Jan 1 2019;103(1):19-27. doi:10.1016/j.ijrobp.2018.08.017
28. Cecchetto G, Carli M, Sotti G, et al. Importance of local treatment in pediatric soft tissue sarcomas with microscopic residual after primary surgery: results of the Italian Cooperative Study RMS-88. *Med Pediatr Oncol* . Feb 2000;34(2):97-101. doi:10.1002/(sici)1096-911x(200002)34:2<97::aid-mpo4>3.0.co;2-8
29. Dall’Igna P, Bisogno G, Ferrari A, et al. Primary transcrotal excision for paratesticular rhabdomyosarcoma: is hemiscrotectomy really mandatory? *Cancer* . Apr 15 2003;97(8):1981-4. doi:10.1002/cncr.11284

30. Hays DM, Lawrence W, Jr., Wharam M, et al. Primary reexcision for patients with 'microscopic residual' tumor following initial excision of sarcomas of trunk and extremity sites. *J Pediatr Surg* . Jan 1989;24(1):5-10. doi:10.1016/s0022-3468(89)80290-8
31. Bisogno G, Jenney M, Bergeron C, et al. Addition of dose-intensified doxorubicin to standard chemotherapy for rhabdomyosarcoma (EpSSG RMS 2005): a multicentre, open-label, randomised controlled, phase 3 trial. *Lancet Oncol* . Aug 2018;19(8):1061-1071. doi:10.1016/S1470-2045(18)30337-1
32. Maurer HM, Beltangady M, Gehan EA, et al. The Intergroup Rhabdomyosarcoma Study-I. A final report. *Cancer* . Jan 15 1988;61(2):209-20. doi:10.1002/1097-0142(19880115)61:2<209::aid-cncr2820610202>3.0.co;2-1
33. Koscielniak E, Herbst M, Niethammer D, Treuner J. [Improved local tumor control by early and risk-adjusted use of radiotherapy in primary non-resectable rhabdomyosarcomas: results of CWS 81 and 86 studies]. *Klin Padiatr* . Jul-Aug 1994;206(4):269-76. Verbesserung der lokalen Tumorkontrolle durch einen fruhen und risikoadaptierten Einsatz der Radiotherapie bei primar nicht resektablen Rhabdomyosarkomen: Ergebnisse der CWS 81 und 86 Studien. doi:10.1055/s-2008-1046613
34. Sparber-Sauer M, Dietzschold M, Schonstein A, et al. Radiotherapy and long-term sequelae in pediatric patients with parameningeal rhabdomyosarcoma: Results of two Cooperative Weichteilsarkom Studiengruppe (CWS) trials and one registry. *Pediatr Blood Cancer* . Jan 2024;71(1):e30742. doi:10.1002/pbc.30742
35. Wharam M, Beltangady M, Hays D, et al. Localized orbital rhabdomyosarcoma. An interim report of the Intergroup Rhabdomyosarcoma Study Committee. *Ophthalmology* . Mar 1987;94(3):251-4.
36. Oberlin O, Rey A, Anderson J, et al. Treatment of orbital rhabdomyosarcoma: survival and late effects of treatment—results of an international workshop. *J Clin Oncol* . Jan 1 2001;19(1):197-204. doi:10.1200/JCO.2001.19.1.197
37. Minard-Colin V, Walterhouse D, Bisogno G, et al. Localized vaginal/uterine rhabdomyosarcoma—results of a pooled analysis from four international cooperative groups. *Pediatr Blood Cancer* . Sep 2018;65(9):e27096. doi:10.1002/pbc.27096
38. Lawrence W, Jr., Hays DM, Heyn R, Beltangady M, Maurer HM. Surgical lessons from the Intergroup Rhabdomyosarcoma Study (IRS) pertaining to extremity tumors. *World J Surg* . Oct 1988;12(5):676-84. doi:10.1007/BF01655884
39. Lawrence W, Jr., Neifeld JP. Soft tissue sarcomas. *Curr Probl Surg* . Nov 1989;26(11):753-827. doi:10.1016/0011-3840(89)90036-1
40. Blakely ML, Andrassy RJ, Raney RB, et al. Prognostic factors and surgical treatment guidelines for children with rhabdomyosarcoma of the perineum or anus: a report of Intergroup Rhabdomyosarcoma Studies I through IV, 1972 through 1997. *J Pediatr Surg* . Mar 2003;38(3):347-53. doi:10.1053/jpsu.2003.50106
41. Andrassy RJ, Wiener ES, Raney RB, et al. Progress in the surgical management of vaginal rhabdomyosarcoma: a 25-year review from the Intergroup Rhabdomyosarcoma Study Group. *J Pediatr Surg* . May 1999;34(5):731-4; discussion 734-5. doi:10.1016/s0022-3468(99)90365-2
42. Flamant F, Rodary C, Voute PA, Otten J. Primary chemotherapy in the treatment of rhabdomyosarcoma in children: trial of the International Society of Pediatric Oncology (SIOP) preliminary results. *Radiother Oncol* . Apr 1985;3(3):227-36. doi:10.1016/s0167-8140(85)80031-1
43. Heyn R, Newton WA, Raney RB, et al. Preservation of the bladder in patients with rhabdomyosarcoma. *J Clin Oncol* . Jan 1997;15(1):69-75. doi:10.1200/JCO.1997.15.1.69
44. Lautz TB, Chi YY, Tian J, et al. Relationship between tumor response at therapy completion and prognosis in patients with Group III rhabdomyosarcoma: A report from the Children's Oncology Group. *Int J Cancer* . Sep 1 2020;147(5):1419-1426. doi:10.1002/ijc.32896

45. Rodeberg DA, Stoner JA, Hayes-Jordan A, et al. Prognostic significance of tumor response at the end of therapy in group III rhabdomyosarcoma: a report from the children's oncology group. *J Clin Oncol* . Aug 1 2009;27(22):3705-11. doi:10.1200/JCO.2008.19.5933
46. Hays DM, Raney RB, Crist WM, et al. Secondary surgical procedures to evaluate primary tumor status in patients with chemotherapy-responsive stage III and IV sarcomas: a report from the Intergroup Rhabdomyosarcoma Study. *J Pediatr Surg* . Oct 1990;25(10):1100-5. doi:10.1016/0022-3468(90)90228-2
47. Regine WF, Fontanesi J, Kumar P, et al. Local tumor control in rhabdomyosarcoma following low-dose irradiation: comparison of group II and select group III patients. *Int J Radiat Oncol Biol Phys* . Feb 1 1995;31(3):485-91. doi:10.1016/0360-3016(94)00352-L
48. Rodeberg DA, Wharam MD, Lyden ER, et al. Delayed primary excision with subsequent modification of radiotherapy dose for intermediate-risk rhabdomyosarcoma: a report from the Children's Oncology Group Soft Tissue Sarcoma Committee. *Int J Cancer* . Jul 1 2015;137(1):204-11. doi:10.1002/ijc.29351
49. Mohan AC, Venkatramani R, Okcu MF, et al. Local therapy to distant metastatic sites in stage IV rhabdomyosarcoma. *Pediatr Blood Cancer* . Feb 2018;65(2)doi:10.1002/pbc.26859
50. Ben Arush M, Minard-Colin V, Mosseri V, et al. Does aggressive local treatment have an impact on survival in children with metastatic rhabdomyosarcoma? *Eur J Cancer* . Jan 2015;51(2):193-201. doi:10.1016/j.ejca.2014.11.009
51. Pappo AS, Anderson JR, Crist WM, et al. Survival after relapse in children and adolescents with rhabdomyosarcoma: A report from the Intergroup Rhabdomyosarcoma Study Group. *J Clin Oncol* . Nov 1999;17(11):3487-93. doi:10.1200/JCO.1999.17.11.3487
52. Chisholm JC, Marandet J, Rey A, et al. Prognostic factors after relapse in nonmetastatic rhabdomyosarcoma: a nomogram to better define patients who can be salvaged with further therapy. *J Clin Oncol* . Apr 1 2011;29(10):1319-25. doi:10.1200/JCO.2010.32.1984
53. Sparber-Sauer M, Stegmaier S, Vokuhl C, et al. Rhabdomyosarcoma diagnosed in the first year of life: Localized, metastatic, and relapsed disease. Outcome data from five trials and one registry of the Cooperative Weichteilsarkom Studiengruppe (CWS). *Pediatr Blood Cancer* . Jun 2019;66(6):e27652. doi:10.1002/pbc.27652
54. Heinz AT, Ebinger M, Schonstein A, et al. Second-line treatment of pediatric patients with relapsed rhabdomyosarcoma adapted to initial risk stratification: Data of the European Soft Tissue Sarcoma Registry (SoTiSaR). *Pediatr Blood Cancer* . Jul 2023;70(7):e30363. doi:10.1002/pbc.30363
55. Bergamaschi L, Chiaravalli S, Livellara V, et al. Relapse after nonmetastatic rhabdomyosarcoma: Salvage rates and prognostic variables. *Pediatr Blood Cancer* . Jan 2023;70(1):e30050. doi:10.1002/pbc.30050
56. Hayes-Jordan A, Doherty DK, West SD, et al. Outcome after surgical resection of recurrent rhabdomyosarcoma. *J Pediatr Surg* . Apr 2006;41(4):633-8; discussion 633-8. doi:10.1016/j.jpedsurg.2005.12.002
57. De Corti F, Bisogno G, Dall'Igna P, et al. Does surgery have a role in the treatment of local relapses of non-metastatic rhabdomyosarcoma? *Pediatr Blood Cancer* . Dec 15 2011;57(7):1261-5. doi:10.1002/pbc.23225
58. Dantonello TM, Int-Veen C, Schuck A, et al. Survival following disease recurrence of primary localized alveolar rhabdomyosarcoma. *Pediatr Blood Cancer* . Aug 2013;60(8):1267-73. doi:10.1002/pbc.24488
59. Fetzko S, Fonseca A, Frances Wedekind M, et al. Is Detection of Relapse by Surveillance Imaging Associated With Longer Survival in Patients With Rhabdomyosarcoma? *J Pediatr Hematol Oncol* . Aug 1 2022;44(6):305-312. doi:10.1097/MPH.0000000000002429
60. Raney B, Huh W, Hawkins D, et al. Outcome of patients with localized orbital sarcoma who relapsed following treatment on Intergroup Rhabdomyosarcoma Study Group (IRSG) Protocols-III and -IV,

1984-1997: a report from the Children’s Oncology Group. *Pediatr Blood Cancer* . Mar 2013;60(3):371-6. doi:10.1002/pbc.24289

61. Mazzoleni S, Bisogno G, Garaventa A, et al. Outcomes and prognostic factors after recurrence in children and adolescents with nonmetastatic rhabdomyosarcoma. *Cancer* . Jul 1 2005;104(1):183-90. doi:10.1002/cncr.21138

62. Dantonello TM, Int-Veen C, Winkler P, et al. Initial patient characteristics can predict pattern and risk of relapse in localized rhabdomyosarcoma. *J Clin Oncol* . Jan 20 2008;26(3):406-13. doi:10.1200/JCO.2007.12.2382

63. Mattke AC, Bailey EJ, Schuck A, et al. Does the time-point of relapse influence outcome in pediatric rhabdomyosarcomas? *Pediatr Blood Cancer* . Jul 2009;52(7):772-6. doi:10.1002/pbc.21906

64. Blakely ML, Lobe TE, Anderson JR, et al. Does debulking improve survival rate in advanced-stage retroperitoneal embryonal rhabdomyosarcoma? *J Pediatr Surg* . May 1999;34(5):736-41; discussion 741-2. doi:10.1016/s0022-3468(99)90366-4

65. Cecchetto G, Bisogno G, De Corti F, et al. Biopsy or debulking surgery as initial surgery for locally advanced rhabdomyosarcomas in children?: the experience of the Italian Cooperative Group studies. *Cancer* . Dec 1 2007;110(11):2561-7. doi:10.1002/cncr.23079

66. Spunt SL, Lobe TE, Pappo AS, et al. Aggressive surgery is unwarranted for biliary tract rhabdomyosarcoma. *J Pediatr Surg* . Feb 2000;35(2):309-16. doi:10.1016/s0022-3468(00)90030-7

Table S1: The priority questions guiding the evidence review and synthesis for the guidelines.

Topic	Research (PICOT)
Loco-regional evaluation	1- In patients v
Timing of resection	2- In patients v
Pretreatment re-excision	3- In patients v
Neoadjuvant radiation therapy	4- In patients v
Margin	5- In patients v
Tumor bed marking	6- In patients v
Resection at the end of therapy	7- In patients v
Resection of metastatic disease	8- In patients v
Resection of relapsed disease	9- In patients v
Resection of locally advanced disease presenting with obstruction versus biopsy and diversion if indicated.	10- In patients v

not-yet-known not-yet-known not-yet-known unknown

Term/Phrase	Meaning
Regional Lymph Node Evaluation	The assessment of nearby lymph nodes to determine if cancer has spread from its origin
Upfront Resection	The surgical removal of a tumor as the first step in treatment, before any other therapies
Pre-treatment Re-excision	A surgical procedure performed to remove any remaining cancerous tissue that was not removed during the initial surgery
Neoadjuvant Radiation Therapy	Radiation therapy given before surgery to shrink tumors and improve the chances of successful resection
Margin	The edge or boundary of the tissue removed during surgery, indicating whether any cancerous tissue remains
Tumor Bed	The area of tissue where a tumor was located prior to its removal; often marked or monitored for recurrence
Residual Metastatic Disease	Cancer that remains in the body after initial treatment, having spread to other locations
Relapsed Disease	The return of cancer after a period of improvement or remission, indicating that cancer has returned
Locally Advanced Disease	A stage of cancer in which the tumor has grown into and invaded nearby tissues or organs

Table S3: Lymph node evaluation compared to no lymph node evaluation in patients with rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Lymph node evaluation **Comparison:** No lymph node evaluation

Outcomes

(studies)

Follow-up

(GRADE)

(95% CI)

Mortality

Mortality - Extremities

Mortality - Paratesticular

Relapse

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to

not-yet-known not-yet-known

not-yet-known

unknown

Explanations a. There were differences between patients who underwent node sampling and those who did not on basis of age in Routh 2020 and Weiner 2001. c. Moderate heterogeneity between studies. b. The confidence intervals are wide.

Table S4: Delayed primary excision compared to upfront excision for Rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Delayed primary excision **Comparison:** Upfront excision

Outcomes

(studies)

Follow-up

(GRADE)

(95% CI)

Mortality

Mortality - Head and neck

Mortality - Liver-bile duct

Mortality - Chest wall

Relapse

Relapse - Head and neck

Relapse - Liver-bile duct

Relapse - Mixed population

Incomplete resection

Incomplete resection - Head and neck

Incomplete resection - Liver-bile duct

Incomplete resection - Chest wall

Incomplete resection - Perianal/perineal

Incomplete resection - Extremity

Incomplete resection - Mixed population

Need for additional intensive therapy

Need for additional intensive therapy - Liver-bile duct

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to

Explanations

- a. Baseline differences between patients selected for upfront resection versus delayed resection exist.
- b. The confidence intervals are wide.

Table S5: Pretreatment excision compared to No pretreatment excision for Rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Pretreatment excision **Comparison:** No pretreatment excision

Outcomes

(studies)
Follow-up
(GRADE)
(95% CI)

Mortality
Mortality - Paratesticular
Mortality - Extremity or trunk
Relapse
Relapse - Mixed

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to

Explanations

- a. The control group was selected from patients in whom primary re-excision was not feasible
- b. The confidence intervals are wide.

Table S6: Preoperative radiation therapy compared to No preoperative radiation therapy for Rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma with unresectable tumor **Intervention:** Preoperative radiation therapy **Comparison:** No preoperative radiation therapy

Outcomes

(studies)
Follow-up
(GRADE)
(95% CI)

Mortality
Mortality or event
Relapse
Incomplete resection

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to

Explanations

- a. There are baseline differences between patients who received preoperative therapy versus those who did not. The two groups were treated 5 years apart.
- b. There is a risk of misclassification bias. It is not clear if all patients received radiotherapy.
- c. The confidence intervals are wide.

Table S7: Late resection compared to No late resection for Rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Late resection **Comparison:** No late resection

Outcomes

(studies)

Follow-up

(GRADE)

(95% CI)

Mortality

Mortality – Bladder

Mortality - Vagina, vulva

Mortality - Mixed population

Relapse

Relapse - Bladder

Relapse - Mixed population

Need additional intensive therapy

Non-relapse mortality

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to

Explanations

a. There are baseline differences between the late resection group and the control group.

b. The heterogeneity between studies is moderate.

c. The confidence interval is wide.

d. The heterogeneity between studies is high.

not-yet-known not-yet-known not-yet-known unknown

Table S8: Resection of relapsed disease compared to No resection for Rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Resection of relapsed disease **Comparison:** No resection

Outcomes

(studies)

Follow-up

(GRADE)

(95% CI)

Mortality

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to that of the

Explanations

a. Baseline differences between patients selected for resection versus no resection exist.

b. Heterogeneity between studies was high ($I^2=69\%$)

Table S9: Resection at time of emergency presentation compared to biopsy or diversion for rhabdomyosarcoma

Patient or population: Rhabdomyosarcoma **Intervention:** Resection at time of emergency presentation **Comparison:**

Outcomes

(studies)

Follow-up

(GRADE)

(95% CI)

Mortality

Failure free mortality

Failure free mortality - Retroperitoneum/pelvis

Failure free mortality - Mixed population

The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group

GRADE Working Group grades of evidence High certainty: we are very confident that the true effect lies close to that of the estimate of the effect

Explanations

a. Confidence intervals are wide.

b. High heterogeneity between studies ($I^2=77\%$).