**Figure 1: Patient recruitment in the trial.**

## Follow-Up

Analysed (n=20)  
 Excluded from analysis (n=0)

## Analysis

Lost to follow-up (n=0)

Discontinued intervention (n=10)

## Enrollment

Allocated to standard care (n= 20)

 Received allocated intervention (n=20)

 Did not receive allocated intervention (n=0)

## Allocation

Randomized (n= 40)

Assessed for eligibility (n= 53)

Excluded (n= 13)

  Not meeting inclusion criteria (n= 5)

  Declined to participate (n= 8)

Allocated to intervention (n=20)

 Received allocated intervention (n=20)

 Did not receive allocated intervention (n=0)

Lost to follow-up (n=0)

Discontinued intervention (claustrophobic) (n=1)

Analysed (n=20)  
 Excluded from analysis (n=0)