Table 2 – Family Rounds Participation Tool to Support Active Engagement. This template coaches family on how they can help the healthcare team best care for their loved one.

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| **Active Engagement**  Learning from family about the patient and  respecting their wishes to help | |
| **Family Rounds Participation Tool:** As someone who knows the patient well, please reflect and give information to the team on the first box while journaling or participating in rounds as this may guide the care provided by the team. | |
| **About the Patient**  Please help us get to know your loved one. This will help direct the team’s care plan. | **Abilities and Limitations**  What is the patient’s ability to care for self? Appetite? Memory? Social life?  **Values and goals**  What would patient want?  What would patient not want?  What could patient live with?  Example: *“He wouldn’t mind the breathing tube if he had a reasonable shot of coming off after a few days.”*  **Experience**  Does he/she seem in pain? How does he feel? Does she seem confused? |
| **Take Home Message**  The team should provide a summary for you after rounds. If this is missed, please ask for one! | **Big Picture:** What are the main problems affecting the patient?  **Progress:** Is today better, same or worse?  **Plan:** What is the plan for today? For the week? What treatment will be changed and why? Are there upcoming tests or procedures? |
| **Opportunity for Questions**  You can always pass on questions for one of the team to ask on your behalf. | What do you think your loved one would want to know? It sometimes helps to write down questions ahead of time as a reminder.  Example: *“Can you explain to me what you meant by SBT?” “When do you expect him to get the breathing tube out?”* |