TABLE 4.Comparison of Depression and Post-Traumatic Stress Symptoms Mean and Standard Deviation Changes at Baseline (T1) to T2 and T1 to T3

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | T1 | |  | T2 | |  | T1- T2 |  | T3 | |  | T1- |
| (*n* = 60) | | (*n* = 39) | | (*n* = 41) | | T3 |
| Variable | M | SD |  | M | SD |  | *P1* |  | M | SD |  | *P1* |
| Patient Health Questionnaire-9 | 5.3 | 5.5 |  | 4.5 | 4.7 |  | 0.12 |  | 4 | 4.5 |  | 0.03\* |
| Impact of Events Scale-Revised (total) | 17.8 | 15.9 |  | 17.3 | 18.1 |  | 0.42 |  | 19 | 16.4 |  | 0.18 |
| Avoidance | 6.5 | 6.4 |  | 6.5 | 7 |  | 0.31 |  | 8.2 | 6.6 |  | 0.02\* |
| Intrusion | 6.8 | 6.4 |  | 6 | 6.5 |  | 0.44 |  | 6 | 5.9 |  | 0.38 |
| Hyperarousal | 4.6 | 5.3 |  | 4.8 | 6 |  | 0.41 |  | 4.8 | 5.5 |  | 0.34 |

Note: T1 – Time 1 (baseline); T2 = Time 2 (after BI intervention); T3 – 3 months after T2.

11-tailed t-tests, no correction for multiple comparisons.