TABLE 3.Comparison of Mood Disturbance T-score Changes at Baseline (T1) to T2 and T1 to T3

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | T1 |  | T2 |  | T1- T2 |  | T3 |  | T1- |
| (*n* = 60) | (*n* = 39) | (*n* = 41) | T3 |
| Variable | T-score |  | T-score |  | *P1* |  | T-score |  | *P1* |
| Profile of Mood States (TMD) | 52.7 |  | 52.9 |  | 0.43 |  | 49.6 |  | 0.08 |
| Tension | 58.2 |  | 56.2 |  | 0.25 |  | 53.3 |  | 0.04\* |
| Depression | 50.2 |  | 51.2 |  | 0.32 |  | 49.7 |  | 0.43 |
| Anger | 47.9 |  | 48.9 |  | 0.34 |  | 46.3 |  | 0.24 |
| Fatigue | 55.1 |  | 58.5 |  | 0.17 |  | 50.7 |  | 0.08 |
| Confused | 46.3 |  | 44.7 |  | 0.23 |  | 44.0 |  | 0.09 |
| Vigor | 45.4 |  | 44.7 |  | 0.33 |  | 42.9 |  | 0.14 |

Note: T1 – Time 1 (baseline); T2 = Time 2 (after BI intervention); T3 – 3 months after T2. T-scores have a mean of 50 and a standard deviation of 10.

11-tailed t-tests, no correction for multiple comparisons.