

Table 1. Characteristics of the population studied

	Media \pm SD
Number	56
Age (years)	68.1 \pm 8.2
Weight (kg)	60.7 \pm 12.3
Height (m)	1.6 \pm 0.1
BMI (Kg/m ²)	25.1 \pm 4.6
	Number (%)
Sex female	54 (96.4)
Diabetes mellitus	3 (5.4)
Arterial hypertension	18 (32.1)
Dyslipemia	18 (32.1)
Hypothyroidism	9 (16.1)
Concomitant use of calcium and vitamin D	41 (73.2)
<i>Prevalence of fractures before the appearance of multiple vertebral fractures</i>	
No vertebral fracture	41 (73.2)
1 vertebral fracture	4 (7.1)
2 vertebral fractures	2 (3.6)
3 vertebral fractures	1 (1.8)
4 vertebral fractures	2 (3.6)
Non-vertebral fractures	5 (8.9)
Hip fracture	1 (1.8)