

**Title:** Socioeconomic disparities in survival after high-risk neuroblastoma treatment with modern therapy

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**Short Running Title:** Socioeconomic disparities in high-risk neuroblastoma

**Keywords:** Neuroblastoma, healthcare disparities, pediatric oncology, health services research, poverty, insurance

**Abbreviations Key:**

Abbreviation	Full Term
OS	Overall survival
SES	Socioeconomic status
HR	Hazard ratio
ASCT	Autologous stem cell transplant
SEER	Surveillance, Epidemiology, and End Results
ACS	American Community Survey
FPL	Federal poverty level
Cox-PH	Cox proportional hazards

**Abstract:**

**Background:** Modern therapeutic advances in high-risk neuroblastoma have improved overall survival (OS), but it is unclear whether these survival gains have been equitable. This study sought to examine the relationship between socioeconomic status (SES) and OS in children with high-risk neuroblastoma, and to investigate whether SES-associated disparities have changed over time.

**Procedure:** In this population-based cohort study, children <18 years diagnosed with high-risk neuroblastoma (diagnosis at age  $\geq 12$  months with metastatic disease) from 1991-2015 were identified through the National Cancer Institute's Surveillance, Epidemiology, and End Results database. Associations of county-level SES variables and OS were tested with univariate Cox proportional hazards regression. For a sub-cohort diagnosed after 2007, insurance status was examined as an individual-level SES variable. Multivariable regression analyses with treatment era and interaction terms were performed when SES variables reached near-significance ( $p \leq 0.1$ ) in univariate and bivariate modeling with treatment era.

**Results:** Among 1,217 children, 2-year OS improved from  $53.0 \pm 3.4\%$  in 1991-1998 to  $76.9 \pm 2.9\%$  in 2011-2015 ( $p < 0.001$ ). In univariate analyses, children with Medicaid (hazard ratio [HR]=1.40, 95% confidence interval [CI]=1.05-1.86,  $p=0.02$ ) and those in high-poverty counties (HR=1.74, CI=1.17-2.60,  $p=0.007$ ) experienced an increased hazard of death. No interactions between treatment era and SES variables were statistically significant in multivariable analyses, indicating that changes in OS over time did not differ between groups.

**Conclusions:** Low SES is associated with inferior survival in children with high-risk neuroblastoma. Survival disparities have not widened over time, suggesting equitable access to and benefit from therapeutic advances. Interventions to narrow existing disparities are paramount.

1 **Introduction**

2

3 Neuroblastoma is the most common solid extracranial tumor in childhood, with over 600 cases  
4 diagnosed per year in the United States.[1] High-risk neuroblastoma is associated with  
5 significant risk of relapse and death. However, advances in treatment for children with high-risk  
6 disease have led to impressive increases in survival over recent decades. Patients who receive the  
7 full complement of standard of care therapy (chemotherapy, radiation, surgery, autologous stem  
8 cell transplant (ASCT), and cytokine/immunotherapy) now experience a two-year overall  
9 survival as high as 86%, a striking survival gain over two decades.[2-5]

10

11 While these therapeutic advances hold incredible potential for improving patient outcomes, there  
12 are critical questions of equity that must be examined given the risk of further widening  
13 disparities if these advances are disparately accessible to and/or disproportionately benefit those  
14 of higher socioeconomic status (SES). Specifically, high-risk neuroblastoma treatment typically  
15 is limited to large referral centers that have the capacity to deliver ASCT,  
16 cytokine/immunotherapy, and advanced supportive care measures. Such a shift may exacerbate  
17 disparities in access for underserved patients across the care continuum including delays in  
18 diagnosis, geographic distance from referral centers, and differential or biased clinical trial  
19 enrollment on clinical trials that may cumulatively result in unequal survival gains.[6-8]

20

21 A recent analysis of a heterogeneous population of patients with childhood cancer identified  
22 through the National Cancer Institute’s Surveillance, Epidemiology, and End Results (SEER)  
23 database demonstrated that SES significantly mediated racial and ethnic survival disparities for a

24 number of cancer diagnoses including neuroblastoma.[9] This high-level analysis identified the  
25 applicability of SES to survival outcome disparities in pediatric cancer but did not examine  
26 disease-specific risk groups to differentiate outcome disparities due to stage versus SES-related  
27 access disparities. Our specific aims for this study were to: (1) describe differences in overall  
28 survival (OS) among patients with high-risk neuroblastoma by individual- and county-level SES  
29 characteristics; and (2) investigate whether changes in OS over time in patients with high-risk  
30 neuroblastoma differ by these characteristics.

31

## 32 **Methods:**

33

### 34 *Selection of Study Population*

35 The analytic cohort was selected using individual- and population-based cancer registry data  
36 from the National Cancer Institute's SEER database using SEER\*STAT 8.3.4 (Washington,  
37 D.C.). Pediatric patients (age <18 years) diagnosed with neuroblastoma from January 1, 1991  
38 through December 31, 2015 were selected to allow for a minimum of 2-year follow-up at the  
39 time of SEER 8.3.4 release.[10] To approximate characteristics of high-risk (stage M)  
40 neuroblastoma according to the International Neuroblastoma Risk Group staging system used in  
41 most neuroblastoma clinical trials,[11] we restricted analyses to patients with distant metastases  
42 and age  $\geq$ 12 months at time of diagnosis. Based on data availability, for patients diagnosed from  
43 1991-1992, we used the SEER-9 Registries; for patients diagnosed from 1992-2000, we used the  
44 SEER-13 Registries; for patients diagnosed from 2000 onwards, we used the SEER-18  
45 Registries.[12] Geographic distribution varies depending on era, with the most recent/expansive  
46 registries (SEER-18) covering approximately 28% of the U.S. population and including 18

47 geographic registries.[13] The study was deemed exempt from review by the Dana-Farber  
48 Cancer Institute’s Institutional Review Board (protocol 18-409).

49

50 *Measures of Socioeconomic Status*

51 We examined measures of SES at the county level for the entire cohort, and at the individual  
52 level for a sub-cohort of patients. SEER includes county-level variables from the American  
53 Community Survey (ACS) County Attributes data.[14] County-level variables were determined  
54 based on the patient’s residency county code at diagnosis. SEER utilizes ACS data based on the  
55 cancer case/year of diagnosis. County-level measures of SES were chosen a priori based on  
56 previous SEER analyses and disparities literature.[15-17] We included county-based poverty  
57 (proportion of households living below the federal poverty level (FPL)), educational attainment  
58 (proportion of individuals in county >25 years of age with less than high school education),  
59 unemployment (proportion of individuals in county >16 years of age unemployed), language  
60 isolation (proportion of households in county with no household member age  $\geq 14$  years who  
61 speaks English), and urban-rural status (population >1 million vs. population of 250,000 to 1  
62 million vs. population <250,000). These variables were defined per SEER and ACS.[18] To  
63 maximally highlight disparities should they exist, we dichotomized each county-level variable at  
64 the 90<sup>th</sup> percentile cut-point (language isolation, education, unemployment) to define low-SES  
65 and high-SES cohorts. High-poverty counties were defined as those with greater than or equal to  
66 20% of households living below 100% FPL.[19] As a sensitivity analysis, we also analyzed  
67 county-based poverty using a cut-point at the 90<sup>th</sup> percentile.

68

69 We examined individual-level insurance data for the sub-cohort of patients for whom it was  
70 available (diagnosed from 2007 onward) in addition to county-level. Insurance status was  
71 dichotomized as any public insurance coverage (i.e. Medicaid) versus non-Medicaid insurance  
72 (those with Medicaid as a second insurer were coded as Medicaid, per SEER database  
73 convention). Given its rarity in pediatrics, patients without documented insurance were excluded.  
74 Patients with Medicaid insurance were a priori considered low-SES. **Supplementary Table 1**  
75 details exact SEER variable names and descriptions.

76

#### 77 *Outcome*

78 The primary outcome was overall survival (OS), derived from SEER's "Survival Months"  
79 attribute, defined as months from date of cancer diagnosis to date of death from any cause,  
80 censored at date of last contact. We used OS rather than cancer survival given its lack of  
81 ambiguity and frequency of use in oncology clinical trials,[20] and the rarity of death from non-  
82 cancer causes among children with cancer. We reported 2-year OS for consistency with past  
83 neuroblastoma publications.[2]

84

#### 85 *Covariates*

86 Covariates included sex, race (white, black, or other), ethnicity (Spanish/Hispanic/Latino vs.  
87 non-Spanish/non-Hispanic/non-Latino) and diagnostic treatment era. We examined race and  
88 ethnicity as distinct constructs, given prior reports of differential health outcomes according to  
89 race and/or ethnicity.[21] Treatment eras were defined based on major advances in the standard-  
90 of-care for children with high-risk neuroblastoma: 1991-1998 (early treatment era) vs. 1999-  
91 2004 (multimodal treatment including ASCT)[5] vs. 2005-2010 (improved supportive care) vs.

92 2011-2015 (immunotherapy)[2] to allow for exploration of the potential interaction between  
93 treatment era and SES.

94

#### 95 *Statistical analysis*

96 Descriptive statistics were used to summarize baseline cohort characteristics. Kaplan-Meier  
97 curves of OS were generated for the overall cohort and stratified by county- and individual-level  
98 variables, as well as insurance for the post-2007 sub-cohort. Overall survival was compared  
99 between groups using the log-rank test. Univariate Cox proportional hazards (Cox-PH)  
100 regression was used to test the association of each SES variable with OS. The proportional  
101 hazards assumption was tested by visually examining log-log plots and by testing the interaction  
102 of selected covariates with time. Our results indicated no violation of the proportional hazards  
103 assumption.

104

105 Bi-variable Cox-PH regression was used to jointly test the effect of each SES variable with  
106 (continuous) treatment era on OS, including SES variables with  $p \leq 0.1$  in univariate analyses.  
107 Variables with  $p \leq 0.1$  in bi-variable analyses were included in multi-variable models with  
108 treatment era as an interaction term to test for effect modification (i.e. any difference in change  
109 in OS over time between the SES groups). Multi-variable Cox-PH regression tested the SES  
110 variable, treatment era, and the interaction of treatment era with the SES variable. If the  
111 interaction term was statistically significant, this would provide evidence that there was a  
112 significant difference in the change in OS over time between examined SES groups.

113

114 Subjects with missing data (<2% in all measured variables) were excluded from analysis.  
115 Notably, insurance status was only available in SEER for those diagnosed after 2007. Thus,  
116 analyses of insurance were performed solely in the sub-cohort of patients diagnosed after 2007.

117  
118 We performed post-hoc multivariable regression analyses with county-level poverty, race,  
119 ethnicity, and treatment era to explore the relative contributions of these variables to survival.  
120 For the sub-cohort of patients with insurance data, we built a second multivariable model  
121 including insurance.

122  
123 Statistical analyses were performed using SAS version 9.4 (SAS Institute, Cary, NC). Two-sided  
124 p-values  $\leq 0.05$  were considered statistically significant. The data that support the findings of this  
125 study are publicly available through SEER.[22]

126

## 127 **Results:**

128

### 129 *Study population*

130 The analytic cohort included 1,217 patients (**Figure 1**). 550 patients were diagnosed after 2007  
131 and form the sub-cohort available for analyses of insurance status. Twenty-six percent of patients  
132 were non-White race and 20% were of Spanish/Hispanic/Latino ethnicity (**Table 1**). In the post-  
133 2007 sub-cohort (those for whom insurance data were available), 61% (338/550) were insured by  
134 Medicaid.

135

### 136 *Univariate analysis of SES factors and treatment era with OS*

137 Median follow-up was 2.75 years [range=0-24.92 years]. OS improved by treatment era  
138 ( $p<0.001$ ) with 2-year OS ( $\pm$ standard error) increasing from 53.0 $\pm$ 3.4% to 76.9 $\pm$ 2.9% between  
139 1991-1998 and 2011-2015 (**Figure 2**). In univariate analysis of OS (**Table 2**), increased hazard  
140 of death was seen in patients in high-poverty counties ( $\geq 20\%$  of households below 100% FPL)  
141 compared to those in low-poverty counties (hazard ratio [HR]=1.74, 95% confidence interval  
142 [CI]=1.17-2.60,  $p=0.007$ ). No other county-level SES factors were found to be statistically  
143 significant. In the post-2007 sub-cohort, individuals with any Medicaid experienced increased  
144 hazard of death compared to those with other insurance (HR=1.40, 95% CI=1.05-1.86,  $p=0.02$ ).

145

#### 146 *Multivariable analysis of change in OS by SES factors over time*

147 In multivariable analysis, we included the SES variables that were near significant in bivariable  
148 analysis ( $p\leq 0.1$ ), treatment era, and SES\*treatment era interaction. None of these interactions  
149 were statistically significant (interaction  $p\geq 0.80$ ), indicating that the changes in OS over time did  
150 not differ significantly between these SES groups. Hazard ratios with 95% confidence intervals  
151 are displayed in **Figure 3**.

152

#### 153 *Sensitivity analyses*

154 A sensitivity analysis using the 90<sup>th</sup> percentile as a cut-point to define a high-poverty county,  
155 while not statistically significant, did not differ greatly from the primary analysis (HR=1.15, 95%  
156 CI=0.89-1.49,  $p=0.27$ ). In multivariable modeling, the interaction between treatment era and  
157 county-level poverty using this cut-point was similarly not statistically significant ( $p = 0.45$ ).

158

#### 159 *Post hoc multivariable analyses including race and ethnicity in the model*

160 In a multivariable regression model for the entire cohort considering county-based poverty, race,  
161 ethnicity, and treatment era, there was an increased hazard of death associated with higher  
162 county-based poverty (HR=2.08,  $p<0.001$ , **Table 3**) and a lower hazard of death associated with  
163 later treatment era (HR=0.78,  $p<0.001$ ). Race and ethnicity were not significantly associated  
164 with survival.

165

166 In the post-2007 sub-cohort, higher county-based poverty (HR=2.38,  $p=0.001$ ) and any Medicaid  
167 insurance (HR=1.38,  $p=0.04$ ) were statistically significantly associated with increased hazard of  
168 death. Race, ethnicity, and treatment era were not statistically significant. Treatment era was  
169 included in this second model for consistency although this sub-cohort notably only includes  
170 patients diagnosed after 2007, limiting power of this analysis.

171

## 172 **Discussion:**

173

174 In a representative population of US children with high-risk neuroblastoma, children living in  
175 high-poverty counties experienced a 74% increased hazard of death compared to those living in  
176 low-poverty counties. In a sub-cohort of children with available insurance data, those with any  
177 Medicaid insurance experienced a 40% increased hazard of death compared to those with other  
178 insurance. As reported elsewhere[4], overall survival for the entire cohort improved steadily over  
179 time (from 53% to 77%). Notably, while SES-related survival disparities persisted over time,  
180 they did not widen.

181

182 These findings build on prior work identifying SES-associated survival disparities in children  
183 with high-risk neuroblastoma treated on clinical trials[23] by investigating whether outcome  
184 disparities have increased with advances in care. Given the resource-intensive and highly  
185 centralized nature of modern high-risk neuroblastoma treatment, this exemplifies the dual  
186 potential of precision medicine to improve outcomes while simultaneously worsening health  
187 disparities if these advances are not delivered equitably.[24] Although analyses of this cohort are  
188 limited by absence of patient-level treatment data in the SEER database, the equitable survival  
189 gains across all groups over time are encouraging and stand in contrast to widening disparities  
190 observed in other populations (e.g. asthma, adult cancers).[25,26] These data suggest that access  
191 to resource-intensive and highly-centralized treatment advances with known survival benefits has  
192 been generally equitable among children with high-risk neuroblastoma, perhaps due to the high  
193 reliance on clinical trial enrollment and delivery of protocolized care in pediatric oncology.

194

195 That U.S. children of lower SES with high-risk neuroblastoma continue to die at higher rates  
196 than their higher SES counterparts must also be highlighted.[23] Despite focused policy  
197 statements and advocacy efforts identifying poverty as a major determinant and predictor of  
198 adverse health outcomes in children, we observed persistent and clinically meaningful survival  
199 disparities associated with SES. Recent studies in other cancer populations have similarly found  
200 insurance and neighborhood (i.e. county-based) poverty to be predictors of inferior outcomes.  
201 [27,28] Of note, children with high-risk neuroblastoma receive intensive (largely inpatient)  
202 treatment for 18-months at specialized, tertiary care centers. Therefore, this population is in  
203 many ways optimally positioned to minimize disparities in care. Our finding that survival  
204 disparities persist even in this population suggests that there may be other fundamental

205 mechanisms driving SES-related gaps, warranting exploration of mechanisms beyond access to  
206 care.

207

208 Our study benefits from a robust, population-based sample across more than two decades of  
209 high-risk neuroblastoma treatment, allowing for analysis of changes in survival over time. The  
210 SEER database is uniquely positioned as a population-based registry to provide disparities data  
211 as it is intentionally biased to oversample minority populations and those that have traditionally  
212 been underrepresented in clinical trials.[29] Interestingly, we did not identify racial and ethnic  
213 disparities observed in other neuroblastoma cohorts.[9,30] Importantly, our cohort differs from  
214 these previous studies in that we restricted analyses to those with high-risk disease, which is  
215 more prevalent in minority populations. As such, our data may thus reflect prior findings that  
216 inferior survival observed for Black patients compared to their white counterparts was  
217 attributable to their higher prevalence of high-risk disease at diagnosis.[30] Our data build on  
218 recent publications demonstrating that SES mediates racial and ethnic survival disparities across  
219 pediatric cancer,[9] and that low-SES is associated with inferior survival in the context of  
220 modern-era clinical trials.[23] These disparities disproportionately impact children of racial and  
221 ethnic minority status who disproportionately live in low-SES households due to structural  
222 disadvantages and biases. We importantly find that these disparities are not, however, worsening  
223 in the modern era of complex treatment delivery. Future attention to characterizing the  
224 relationships between SES and outcomes is essential to begin to narrow the survival gap.

225

226 There are important limitations to our data. Inherent to any large registry, SEER data are limited  
227 by missing data/unrecorded variables, coding reliability, and selection bias.[31] We utilized a

228 proxy for high-risk (stage M) neuroblastoma in the absence of histological, genetic, and staging  
229 variables in SEER. While this proxy definition approximates elements of modern staging criteria,  
230 we may have misclassified children with lower risk disease. We similarly lacked access to  
231 patient-level treatment data, though our findings are consistent with SES-associated disparities in  
232 the clinical trial setting. Finally, we had access to individual-level (insurance) SES data for only  
233 the sub-cohort of patients diagnosed after 2007, limiting our ability to consider the impact of  
234 insurance across all treatment eras in this analysis. Given the magnitude of the effect of  
235 insurance status on survival, however, similar findings would be expected prior to 2007. SEER  
236 also codes patients with Medicaid-only (e.g. based on income eligibility) and Medicaid as a  
237 second-insurer identically. Consequently, some patients with Medicaid as a second insurer may  
238 have been misclassified as low-SES, an error which would bias toward the null, lending  
239 additional weight to our finding of survival disparities according to insurance status.

240

241 While significant SES-related survival disparities exist for children with high-risk neuroblastoma  
242 in the United States, these disparities have not widened over time. These findings suggest that  
243 the highly centralized and structured care delivery model of pediatric oncology allows for  
244 equitable integration of novel therapies into the standard of care. They suggest a model of care  
245 that could be applied to other patient populations—in oncology and more generally—for whom  
246 novel therapies and other resource-intensive treatment modalities are entering the clinical space.  
247 At the same time, low-SES patients continue to die at higher rates than their higher-SES  
248 counterparts, and efforts to reduce this inequity are essential. The complex interplay between  
249 poverty and other social factors, race/ethnicity, and cancer begs for clearer understanding so that  
250 we might better address differences in healthcare access and outcomes. Future investigations

251 should focus on both elucidating mechanisms underlying SES-related disparities among  
252 oncology patients accessing complex but standardized treatments, as well as designing targeted  
253 interventions to improve overall survival in vulnerable groups.

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## Figure Legends

**Figure 1.** Study Cohort

**Figure 2.** Kaplan Meier curves of Overall Survival (A. Overall Cohort (N=1217); B. Stratified by High- and Low-Poverty County (N=1217); C. Stratified by Insurance (post-2007 Sub-Cohort, N=550); D. Stratified by treatment era)

**Figure 3.** Hazard ratio plot with 95% CI of (A) Spanish/Hispanic/Latino and (B) High-poverty county in multivariate analyses controlling for treatment era and SES\*treatment era interaction on overall survival. CI, confidence interval