**Figure 1: Schedule of enrolment, interventions, and assessments of women for the PSYCHE study**

**DELIVERY**

**RETURN HOME**

|  |  |
| --- | --- |
| **MATERNITY**  **UNIT** | **HOME** |
|  |  |
|  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **INCLUSION** | **M 2** | **M 6** | **M 12** |
| **QUESTIONNAIRES** | | | |
| MINI | Ø | MINI | MINI |
| Ø | EPDS | EPDS | EPDS |
| STAI Y-A | STAI Y-A | STAI Y-A | STAI Y-A |
| Ø | GAD-7 | GAD-7 | GAD-7 |
| STAI Y-B | Ø | Ø | Ø |
| Ø | IES-R | IES-R | IES-R |

M=month.

MINI=Mini-International Neuropsychiatric Interview.

EPDS=Edinburgh Postnatal Depression Scale.

STAI Y-A and Y-B=Spielberger's State-Trait Anxiety Inventory.

GAD-7=Generalised Anxiety Disorder-7.

IES-R=Revised impact of event scale.