

1 Warming, permafrost thawing and nitrogen availability are drivers of  
2 increasing plant growth and species richness on the Tibetan Plateau

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25

26 **Abstract**

27 Permafrost-affected ecosystems are prone to warming and thawing, which can increase the  
28 availability of subsurface nitrogen (N) with consequences for otherwise N-limited tundra  
29 vegetation. Here, we show that the upper permafrost of the Tibetan Plateau is subject to  
30 thawing and that the upper permafrost zone is rich in ammonium. Furthermore, a five-year <sup>15</sup>N  
31 tracer experiment showed that long-rooted plant species were able to utilize <sup>15</sup>N-labeled N at  
32 the permafrost table and far below the main root zone. A 20 years survey is used here to  
33 document that long-rooted plant species had a competitive advantage at sites subject to  
34 warming and that both plant composition and growth were significantly correlated with  
35 permafrost thawing and changes in nitrogen availability. Our experiment documents a clear  
36 feedback mechanism of climate warming, which release plant-available N favoring long-rooted  
37 plants and explains important changes in plant composition and growth across sites on the  
38 Tibetan Plateau.

39

40 **Keywords**

41 Nitrogen, Permafrost thaw, Climate warming, Tibetan Plateau

42

## 43 **1. Introduction**

44 Approximately 25% of the land surface in the Northern Hemisphere is underlain by permafrost  
45 (1) and has recently warmed more than twice compared to the rest of the planet (2). This is  
46 expected to change both carbon sinks and sources and thereby the resulting net carbon–  
47 climate feedback in the tundra ecosystem (3). Tundra plant community composition and plant  
48 growth are important components of the carbon budget and have already been shown to  
49 change significantly with climate change (4, 5).

50 The future balance of tundra ecosystem carbon cycles has long been described as being linked  
51 to nitrogen (N) cycles, for instance, through thawing permafrost, which can release the N  
52 previously held in frozen soil layers (6–8) and thereby change the N availability for plants (9–11)  
53 and induce changes in plant growth and plant community composition (12).

54 Temperature (5, 13), soil moisture (12–15) and nutrition (5, 13, 16, 17) are regarded as central  
55 forces causing changes in vegetation composition and plant growth in permafrost-affected  
56 ecosystems. However, these factors reveal high spatiotemporal heterogeneity (6, 8, 12), which  
57 complicates the understanding and quantification of the mechanisms and drivers of observed  
58 changes (5, 17). This is particularly true when scaling observations across permafrost biomes  
59 and longer time scales (4, 18).

60 The Tibetan Plateau accounts for 75% of the Northern Hemisphere’s alpine permafrost area  
61 and has experienced significant climate and environmental changes in recent decades (19, 20)  
62 as well as progressive nitrogen limitation across the Tibetan permafrost region (9). Here, we  
63 hypothesized that N released from warmer soils and permafrost thawing is available for long-  
64 rooted plant species and that subsequently plant uptake has resulted in changes in plant  
65 community composition and growth.

66 We performed two investigations to quantify the links between permafrost conditions and  
67 plant species composition and growth. We first quantified the plant uptake of labeled nitrogen  
68 (<sup>15</sup>N) introduced at the permafrost table for 5 years. Secondly, we repeatedly quantified  
69 ambient plant species composition and plant growth based on maximum root depth, plant  
70 coverage, plant height and aboveground biomass in September and climate data linked to

71 active layer warming, permafrost thawing and changes in plant availability nutrients. Data were  
72 collected from 14 sites across the Tibetan Plateau (Fig. 1) between 1975 and 2017 and included  
73 1838 soil cores from 692 plots and the corresponding plant traits.

## 74 **2. Methods**

75 **Data compilation, quality control and uncertainty analysis.** Air temperature, air humidity, soil  
76 temperature, soil moisture and total precipitation were obtained from the China  
77 Meteorological Data Service Center (<http://data.cma.cn/>) and the State Key Laboratory of  
78 Frozen Soil Engineering, China (SKLFSE; <http://sklfse.nieer.ac.cn/>; for details, see SI.1.1). The  
79 maximum active layer thickness (ALT) was proxied by the maximum thickness of 0 °C for yearly  
80 soil temperature. Growing degree days (GDD) were calculated by ref. 27. Soil property data and  
81 plant trait data were supported by the SKLFSE, China, and the National Cryosphere Desert Data  
82 Center, China (<http://www.ncdc.ac.cn/portal/>; for details, see Supplementary information  
83 (SI.1.2). Plant species lists (presence/absence data) were made at all sites and plots from 1975,  
84 1978, and 1995–2017 and included 87 species in total. The aboveground biomass in September  
85 was quantified from a depth of 1 cm by scissors in three 33 × 33 cm subplots within each 100 ×  
86 100 cm plot. The vertical root distribution was based on visually observed fresh roots from the  
87 flow water immersion soil core and consisted of three replicates per plot, and the mean value  
88 was calculated for the maximum root per plot (SI.1.3). Additional deep soil profile samples were  
89 collected in areas with retrogressive thaw slumps near study sites. At these sites, roots were  
90 followed to the surface and associated with species-specific living plants and maximum root  
91 lengths were recorded (SI.1.3).

92 The stable isotope <sup>15</sup>N data collected from 6 of the above 14 sites belonged to two groups  
93 during 2017–2021. At each site, isotopically labeled N (1 g <sup>15</sup>N–NH<sub>4</sub>Cl, 99 atom%) was dissolved  
94 in 50 g deionized water and launched at the permafrost thaw front by a sloping drill hole (Fig.  
95 S12). The <sup>15</sup>N addition was made in five replicate plots per plant species. Roots at 0–50 cm from  
96 three dominant plant species as well as aboveground mass (including leaves and stems) were  
97 collected within 33 × 33 cm quarters immediately above the injection point. Collection also

98 included five additional control plots per site, and collection was made approximately ten days,  
99 one year, two years, three years and four years after the addition (SI.1.4).

100 After the above data collections, we conducted data quality control according to ref. 28 (SI.1.5)  
101 and uncertainty analysis to 1) examine the spatial autocorrelation in trends in variables related  
102 to weather parameters, soil properties and plant traits; and 2) assess whether different location  
103 observation years influenced the overall trends (SI.1.6 for details on how we achieved this).

104

105 **Multiple regression and trend analyses.** Stepwise multiple regression analysis was conducted  
106 to identify the driver of plant traits (SI.1.13). All variables were standardized by z-scores to  
107 facilitate comparison of model coefficients across variables with different units.

108 Multicollinearity was checked and was well below ten for all variables (29). The R package leaps  
109 was used to select subset models, including all predictors and two-way interactions, and the  
110 skill of the model was estimated by the Akaike information criterion (AIC). The results were  
111 described by the coefficient ( $r^2$ ) and  $p$  value, significance level  $<0.05$ .

112 We calculated the annual mean values of individual site and group levels for weather  
113 parameters, soil properties, soil nutrition and plant traits. The temporal trend of the weather  
114 parameter was calculated using the Mann-Kendall test with the R trend package and fitted by  
115 the ordinary least-squares method (30). The temporal trends of soil properties, soil nutrients,  
116 and plant traits were calculated using linear regression and fitted by the ordinary least-squares  
117 method (31). All significance levels were analyzed at  $p < 0.05$ , and the confidence level was  
118 95%. Datasets were excluded if they were less than 10 years old.

119

120 **Structure equation model (SEM).** Piecewise SEM was examined to identify 1) the pathway of  
121 climate change potentially affecting plant growth and 2) the difference between the direct and  
122 indirect effects of temperature, water balance and soil nutrition on plant growth. The mean  
123 value at the site level for the growing season was used in the SEM analysis and split into two  
124 groups, A and B (Fig. S5). Variables that demonstrated a significant correlation ( $p < 0.05$ ) with  
125 plant traits in multiple regression analysis were pooled into SEM. Nutrition variation was

126 surrogated by the nitrogen variation, whereas ammonium ( $\text{NH}_4^+$ ) variation delineated the  
127 nitrogen released from permafrost (see Supplementary SI.1.14 for justification for this  
128 assumption). Ultimately, 7 variables were used in the SEM.

129 All variables were standardized using z-scores (mean zero, unit variance). Then, principal  
130 component analysis (PCA) was used to summarize the structure between plant growth and  
131 driver parameters. We assumed linear Gaussian relationships between variables included in the  
132 model, and we tested for normality with density plots for each variable (32).

133 As the plant uptake nitrogen released from permafrost has a two-year time lag, the final  
134 climate change and plant trait dataset consisted of 1997 to 2017, and the soil nitrogen dataset  
135 consisted of 1995 to 2015. We fit separate models window-by-window from 0 to 5 years for  
136 growing season and non-growing season to 1) test whether the time lag of 2 years in the SEM  
137 was an artifact setting; 2) account for possible time lag effects of climate change variables (i.e.,  
138 non-growing season air temperature and soil temperature) and nitrogen released from the  
139 permafrost thaw front during plant aboveground senescence.

140 **Skill diagnostics.** The goodness-of-fit of the SEMs was estimated by the chi-square ( $\chi^2$ ),  
141 degrees of freedom (*d.f.*), and root-mean-square error of approximation (RMSEA). A path  
142 coefficient was used to sign and strengthen the relationships between two variables, which was  
143 analogous to the partial correlation coefficient or regression weight ( $R^2$ ; ref. 33). The  
144 standardized total effect was calculated to quantify the contribution of all drivers to plant  
145 growth ( $r^2$ ). The net influence that one variable had upon another was calculated by summing  
146 all direct and indirect pathways (effects) between two variables. All SEM analyses were  
147 conducted using the piecewiseSEM package of R.

148 Data Availability. All sites of soil properties, plant traits data and R code used for the analysis  
149 used in this manuscript are publicly available from Electronic Research Data Archive (University  
150 of Copenhagen, <https://www.erda.dk/>), <https://sid.erda.dk/sharelink/AMrPDMxk2K>.

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158 Hermesdorf for providing comments on the data analysis.

159 More details please see supplementary method.

### 160 **3. Results**

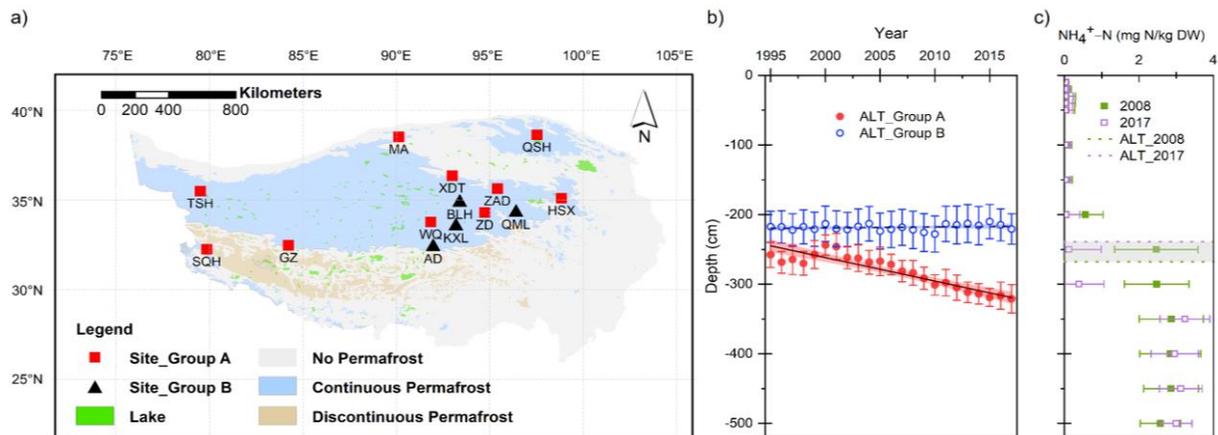
#### 161 **3.1 Climate change on the Tibetan Plateau**

162 Climate data showed that the mean annual air temperature (MAAT) ranged from  $-4.2$  to  $0.8$  °C  
163 from the northern to southern sites across the Tibetan Plateau and significantly increased from  
164 the study period 1975 to 2017 ( $p < 0.05$ ; Fig. S1). The annual precipitation ranged from 83 to  
165 460 mm in the study area, and changes over time were noted site specific at few sites (Fig. S2)  
166 and mainly during the non-growing season (Figs. S2 a and b).

167 The mean soil temperature of 0–100 cm was  $-2.5 \pm 1.7$  °C, and the mean soil water content  
168 (SWC) of 0–100 cm was  $12.0 \pm 5.3\%$  (Fig. S3). Between 1995 and 2017, the average soil  
169 temperatures at 0–100 cm showed different responses at different sites (Fig. S3). The SWC of  
170 the 0–100 cm layer did not show significant changes at most sites, except at sites AD and KXL,  
171 which showed a significant increase during the study period.

172 The mean active layer thickness (ALT) of 14 sites measured at the end of the growing season  
173 from 1975 to 2017 was  $248 \pm 38$  cm and increased by an average of  $20.2 \pm 4.6$  cm per decade  
174 (Fig. S4). A maximum increase in ALT was observed at site QSH (35.8 cm per decade; Fig. S5),  
175 which was a relatively dry, well-drained site with low ice content at the top of the permafrost  
176 (data not shown). Sites with significant soil warming (0-100 cm) were consistent with the sites  
177 with a significant increase in ALT and vice versa for sites without significant soil warming. Based  
178 on the observed ALT trends from 1975 to 2017, the 14 study sites were split into group A with  
179 significant positive increasing trends, consisting of TSH, QSH, SQH, GZ, MA, WQ, ZAD, XD, ZD,

180 and HSX, and group B without significant changes, consisting of AD and BLH, and with  
 181 significant negative trends, consisting of KXL and QML (Fig. S5). These two groups were  
 182 hereafter used for further analyses.



183  
 184 **Figure 1.** a. Map of sampling sites on the Tibetan Plateau (TSH: TianshuiHai; QSH: QingshuiHe; SQH: ShiqianHe;  
 185 GZ: GaiZi; MA: MangAi; AD: AnDuo; WQ: Wen Quan; KXL: KaixinLing; BLH: BeiluHe basin; ZAD: ZaDuo; XD: XidaTan;  
 186 ZD: ZhiDuo; QML: QumaLai; HSX: HuashiXia; permafrost distribution by ref. 21, 22). The boundary of the Tibetan  
 187 Plateau area and permafrost distribution are based on ref. 22. Panel b shows the variations in active layer  
 188 thickness (ALT) from 1995 to 2017 for group A (red solid dot) and group B (blue open circle). A black solid line is a  
 189 significant change ( $p < 0.05$ ), whereas a black dashed line is not significant ( $p > 0.05$ ). Vertical bars represent one  
 190 standard deviation,  $n = 265$  for group A and  $n = 88$  for group B. Blue and red ribbons denote the 95% confidence  
 191 intervals. Panel c shows the NH<sub>4</sub><sup>+</sup> profiles of all 14 sites sampled at the end of September 2008 and 2017  
 192 (horizontal bars represent one standard deviation,  $n = 640$ ). Light green and purple dashed lines are the mean  
 193 thickness of the active layer (ALT) across sites for 2008 and 2017, respectively. The gray region denotes the  
 194 variation in the permafrost thaw front from 2008 to 2017.

195  
 196 During the study period, on average, 83% of roots were found within the top 50 cm, 16% were  
 197 within 50–100 cm, and only 1% were below 100 cm. Consequently, the active layer is discussed  
 198 in the following for each of these three depth intervals (0–50 cm, 50–100 cm, and 100 cm–  
 199 permafrost table). From 1995 to 2017, the soil bulk density was approximately  $1.81 \text{ g cm}^{-3}$  for  
 200 the 0–50 cm, 50–100 cm, and 100 cm–permafrost tables in both group A and group B. The 0–50  
 201 cm and 50–100 cm layers showed a significant temporal trend in group A but no significant

202 change in group B. The 100 cm–permafrost table had no temporal trend for both groups A and  
203 B (Fig. S6 a and b). A *t*-test showed that the three layers showed no significant difference  
204 between groups A and B. Taking the depth-specific soil bulk density and the soil organic carbon  
205 (SOC) concentration into account, the SOC stock of 0–50 cm showed a significant decrease ( $p <$   
206  $0.01$ ) with a rate of  $0.08 \pm 0.03 \text{ kg C m}^{-2} \text{ y}^{-1}$  during 1995–2017 in group A (Fig. S7 a). This equals  
207 a total C loss of  $1.8 \text{ kg C m}^{-2}$  over 22 years or that 31% of the SOC within the top 50 cm has been  
208 mineralized within the last 20 years. With an average carbon-to-nitrogen ratio (C/N) of 10 (see  
209 below), the mineralization is expected to have released on the order of  $0.2 \text{ kg N m}^{-2}$  over the  
210 same period. However, a significant C (or N) loss has not occurred at deeper depth intervals (for  
211 group A sites; see Fig. S7 a). For the group B sites, the SOC stock (0–50 cm, 0–100 cm and 0 cm–  
212 permafrost table) showed no significant change (Fig. S7 b). Mineralization at 0–50 cm within  
213 group A sites did not result in any significant changes in soil pH (Fig. S6 g) or in any other depth  
214 intervals with group A or B sites (Fig. S6 h).

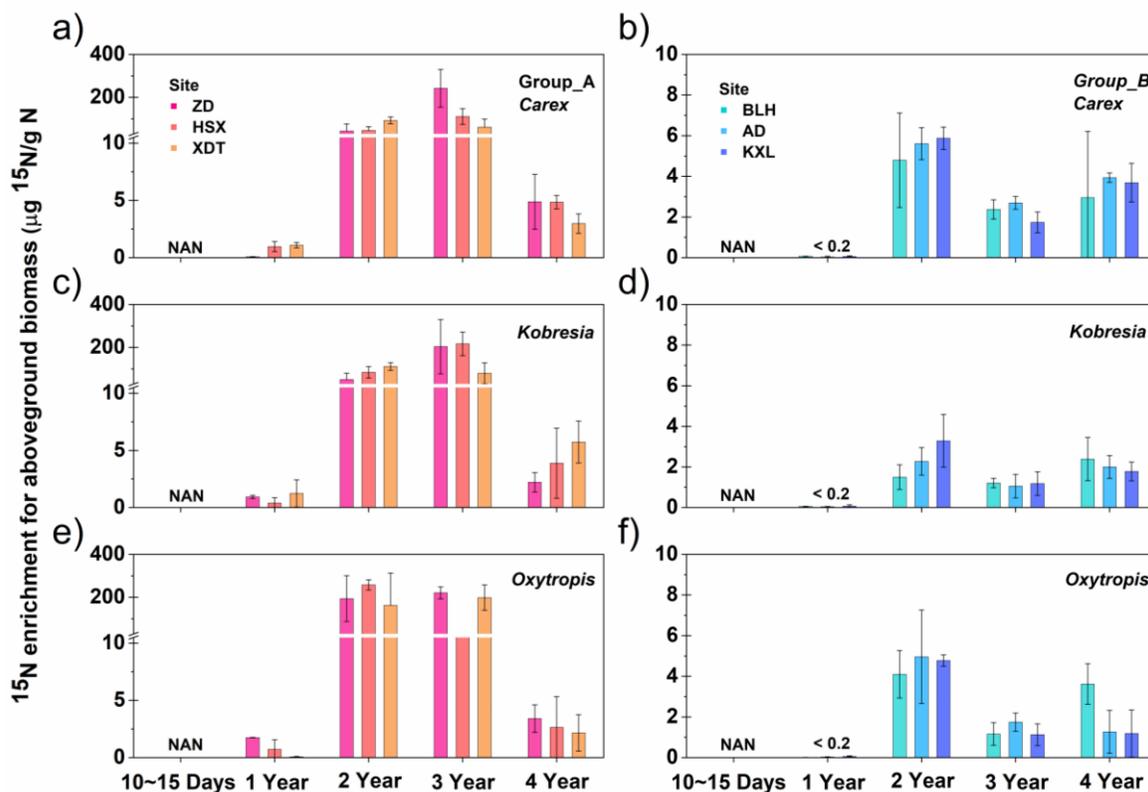
215 The total nitrogen (TN) stock for the group A sites in the upper 0–50 cm layer significantly  
216 decreased ( $p < 0.01$ ), that in the 0–100 cm layer decreased ( $p = 0.055$ ), and that in the entire  
217 active layer (0 cm to permafrost table) significantly increased during 1995–2017 ( $p < 0.01$ ; Fig.  
218 S7 c). For the group B sites, the TN stock of the 0–50 cm, 0–100 cm, and entire active layer did  
219 not change significantly (Supplementary Fig. S7 d). The mean carbon-to-nitrogen ratio (C/N) of  
220 0–100 cm was  $10.71 \pm 2.35$  for group A, which significantly increased during 1995–2017  
221 (ranging from  $8.82 \pm 1.01$  to  $13.93 \pm 1.78$ ; Fig. S7 e), and for group B, the C/N of 0–100 cm was  
222  $10.42 \pm 1.75$  (ranging from  $9.52 \pm 1.55$  to  $11.61 \pm 2.66$ ), showing no significant change during  
223 the same period (Fig. S7 f).

224

### 225 **3.2 Release of nitrogen from thawing permafrost and uptake by plants**

226 High-density drilling survey data showed that the ammonium ( $\text{NH}_4^+$ ) extracted from permafrost  
227 samples (up to 500 cm below the surface) was approximately 100 times higher than that in  
228 samples in the active layer (AL) for both groups A and B from 2008 to 2017 (Fig. 1 c). This result  
229 suggests that permafrost thawing can be an important source of  $\text{NH}_4^+$  for plant growth if

230 accessible via plant roots (6, 8). This assumption was further explored by an additional  $^{15}\text{N}$   
 231 experiment.



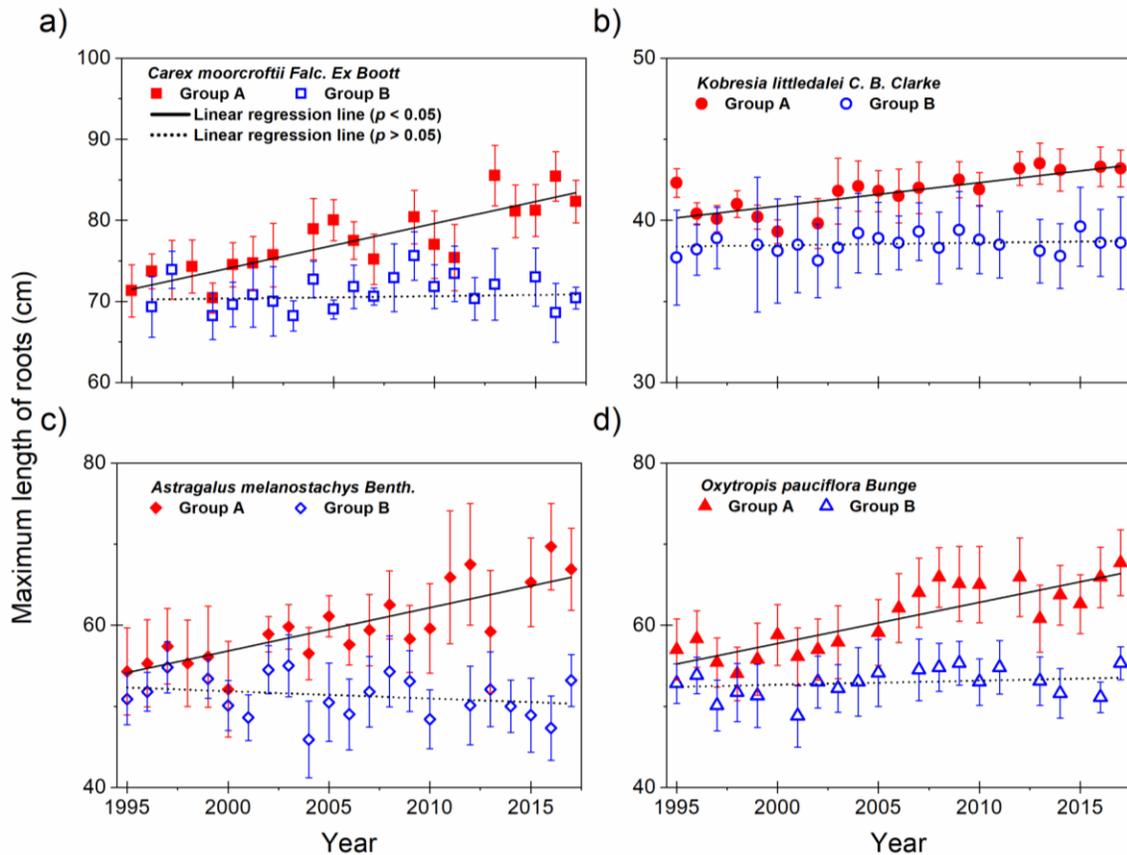
232 **Figure 2.** Enrichment  $^{15}\text{N-NH}_4$  in aboveground biomass (including leaves and stem) of long-root species (average  
 233 root length between 35 to 55 cm) by treatment after 10~15 days, 1 year, 2 years, 3 years, and 4 years for group A  
 234 (a, c, e) and group B (b, d, f). a and b are *Carex moorcroftii* Falc. Ex Boott (*Carex*), c and d are *Kobresia littledalei* C.  
 235 B. Clarke (*Kobresia*), and e and f are *Oxytropis pauciflora* Bunge (*Oxytropis*). Vertical bars represent one standard  
 236 deviation, n = 15 (after 1 year, n= 12).

237 To explore whether  $\text{NH}_4^+$  released at the permafrost table in autumn is accessible to plants, a  
 238 stable isotopic labeling ( $^{15}\text{N-NH}_4^+$ ) experiment was conducted during 2017–2021. The  
 239 investigation included both long-root species (root length  $\geq 20$  cm; Fig. 2) and shallow-root  
 240 species (root length  $< 20$  cm; Fig. S8). Our results showed that at one year after addition, plant  
 241 aboveground tissue had a significant amount of labeled N (Fig. 2). This result suggests that roots  
 242 can utilize N at an average depth of 3.3 m below the surface (mean thickness of the maximum  
 243 active layer) and even as deep as 3.6 m below the surface at site XD, which corresponding to

244 the maximum active layer thickness and deepest injection depth. This is far deeper than  
245 previously reported for the Arctic (23–26) and is critical for plants living on the Tibetan Plateau.  
246 In this study, the recorded mean root depth was  $24.1 \pm 16.3$  cm (ranging from  $2.7 \pm 1.2$  to  $103.7$   
247  $\pm 17.4$  cm; Table S1), which was rather shallow compared with the mean ATL ( $248 \pm 38$  cm; Fig.  
248 S4). This highlights that only a few long roots are important for utilizing deep permafrost-  
249 released N. In the addition  $^{15}\text{N-NH}_4^+$  experiment, nitrogen was supplied only as ammonium;  
250 however, because ammonium can be converted to nitrate through nitrification, it was not  
251 possible to conclude if plants incorporated permafrost N as ammonium or nitrate in here. The  
252 observations highlight the potential of long-rooted species benefitting from permafrost-  
253 released N compared more than shallow-rooted species.

### 254 **3.3 The link between nitrogen dynamics and plant growth**

255 Long-term trends in biologically available N and plant traits were used to assess the links  
256 between climate change-driven N dynamics and plant growth. There were 85 graminoids and 2  
257 dwarf deciduous shrubs (*Potentilla parvifolia* Fisch. ex. Lehm. and *Myricaria prostrata* Hook. f.  
258 et Thoms. ex Benth.) recorded in group A (Table ST1), and the mean species richness increased  
259 from 15.5 species per  $\text{m}^2$  (1995) to 23.8 species per  $\text{m}^2$  (2010;  $p < 0.1$ ) and then declined to 18.5  
260 species per  $\text{m}^2$  (2017;  $p < 0.05$ ; Fig. S9 a). There were 62 graminoid species and one dwarf  
261 deciduous shrub (*Myricaria prostrata* Hook. f. et Thoms. ex Benth.) in group B (Table ST2), and  
262 no temporal trends were observed (with a mean species richness of 16.1 per  $\text{m}^2$ ;  
263 Supplementary Fig. S9 b). From 1975–2017, the maximum root depth significantly increased  
264 from  $66.8 \pm 15.2$  to  $103.7 \pm 17.4$  cm in group A (Tables ST1), during which no significant change  
265 (from  $62.7 \pm 6.7$  to  $75.6 \pm 5.1$  cm) was noted for group B (Tables ST2). Specific species root traits  
266 were not sampled for all known plant species during the study period. However, the maximum  
267 root depths of four plant species known to have long roots were quantified in selected sites in  
268 both groups A and B (Fig. 3). For these four plant species, the maximum root depth increased  
269 significantly. For instance, *Astragalus melanostachys* roots changed from  $52.1 \pm 5.9$  cm in 1995  
270 to  $69.7 \pm 5.3$  cm in 2017 at group A sites, but no significant change was observed at group B  
271 sites (Fig. 3c).



272 **Fig. 3** Changes in maximum length of plant-specific roots for four long-rooted species for group A and group B  
 273 sites from 1995 to 2017. **a** is *Carex moorcroftii* Falc. Ex Boott, **b** is *Kobresia littledalei* C. B. Clarke, **c** is *Astragalus*  
 274 *melanostachys* Benth., and **d** is *Oxytropis pauciflora* Bunge. Vertical bars represent one standard deviation, n = 4.

275 At group A sites with significant permafrost thawing and active layer warming, long-rooted  
 276 plant species had significantly increased root length and were able to utilize added <sup>15</sup>N at the  
 277 permafrost table. Furthermore, root sampling at retrogressive thaw slumps revealed species-  
 278 specific roots at least 2.4 m below the surface related to *Kobresia littledalei* C. B. Clarke and  
 279 *Oxytropis pauciflora* Bunge (see SI.1.3).

280 The above observations show that long-rooted species have been able to utilize additional N  
 281 from soils below the main root zone and suggest that N-derived from permafrost thawing can  
 282 influence plant composition and plant growth. In particular, long-rooted plant species seem to  
 283 have an advantage when nutrients and water are limited. This result is aligned with that in  
 284 group A sites, which showed a clear relationship between the vertical maximum root depth  
 285 increase ( $p < 0.01$ ) and the species composition change, while this was, as expected, not

286 observed for group B sites (Fig. S9). Furthermore, convergent crossing mapping (CCM) was  
287 conducted between variations in the maximum root length and variations in the nitrogen of  
288 50–100 cm, which had a positive correlation during 1995–2017. The CCM results showed that  
289 the direct impacts of variations in nitrogen of 50–100 cm drove the variations in maximum root  
290 length and not that root growth affected nitrogen at 50–100 cm (Fig. S10).

291 Subsequently, we compared the aboveground biomass in September between group A and  
292 group B from 1995 to 2017 (Table ST3). The mean aboveground biomass in September was  
293  $234.5 \pm 8.0$  g per m<sup>2</sup> for group A and  $249.4 \pm 6.9$  g per m<sup>2</sup> for group B. Although the *t*-test  
294 revealed no significant differences between group A and group B, the aboveground biomass at  
295 group A sites increased significantly during 1995–2002 ( $p < 0.05$ ) but decreased significantly  
296 during 2003–2012 ( $p < 0.01$ ; Table ST3). For group B, the aboveground biomass did not show  
297 any significant change in either subperiod.

298 Interestingly, from 2008 to 2020 at permafrost thawing sites (group A), the plant species-  
299 specific results showed no consistent pattern of root length increase or biomass accumulation,  
300 either aboveground or belowground, e.g., at site XD (Fig. S11). For the species with long roots,  
301 *Anemone imbricata* Maxim. and *Oxytropis glacialis*, root length increased significantly as  
302 aboveground biomass increased, while the shallow-root species of  
303 *Leontopodium pusillum* (Beauv.) Hand.–Mazz. and *Heteropappus bowerii* (Hemsl.) Griens.  
304 showed no changes in root length or aboveground biomass. Furthermore, the root length of  
305 *Saussurea wellbyi* Hemsl. decreased significantly, while aboveground biomass increased  
306 significantly. This result suggests that shallow-root species can be affected differently by  
307 climate change than long-root species on the Tibetan Plateau. Shallow-root species may benefit  
308 from near-surface increasing mineralization linked to AL warming, while long-root species  
309 significantly increased in both root length and aboveground biomass, which could be due to the  
310 increased N availability linked to permafrost thawing.

311

312

313

## 314 4. Discussion

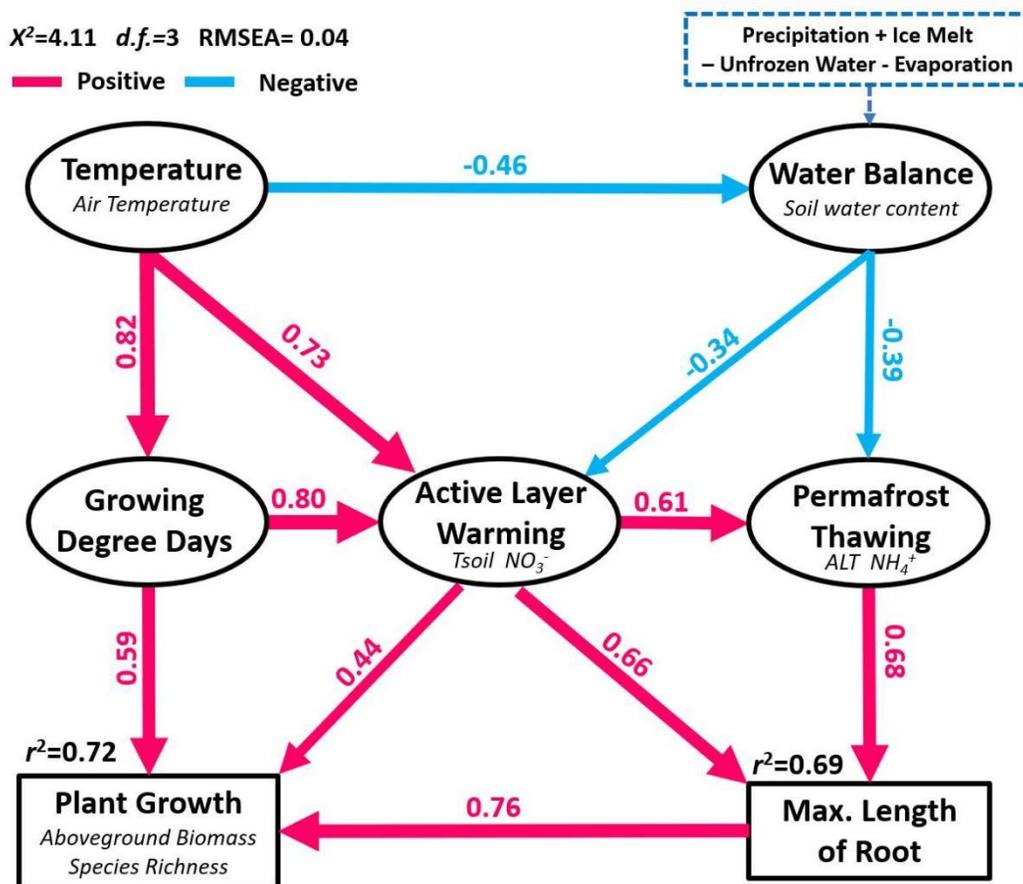
### 315 4.1 Pathway between climate change and plant community composition

316 To examine pathways by which climate change potentially affects plant growth and to  
317 differentiate between direct and indirect effects of temperature (air temperature, growing  
318 degree days, soil temperature of 0–50 cm, soil temperature of 50–100 cm, variation -of ALT),  
319 water balance (soil moisture of 0–50 cm, soil moisture of 50–100 cm) and soil nutrition (N–NO<sub>3</sub><sup>-</sup>  
320 and N–NH<sub>4</sub><sup>+</sup> concentration for 0–50 cm, 50–100 cm, 100 cm–permafrost front table) on plant  
321 growth, we used piecewise structural equation models (SEMs). The SEM (Fig. 4) highlighted the  
322 importance of the maximum root length ( $R^2=0.76$ ) on plant growth, rather than the importance  
323 of the growing degree days ( $R^2=0.59$ ) and active layer warming ( $R^2=0.59$ ). The change in the  
324 maximum length of the root was roughly equally controlled by the active layer warming  
325 ( $R^2=0.66$ ) and permafrost thawing ( $R^2=0.68$ ).

326 Alleged with the additional <sup>15</sup>N experimental results, the SEM results implied that long-rooted  
327 species will benefit from AL warming and permafrost thawing, while shallow-rooted species  
328 benefit mainly from GDD. Overall, 72% of plant growth could be explained by the maximum  
329 root depth, AL warming, and GDD together, whereas 69% of the variation in the maximum root  
330 depth could be explained by AL warming and permafrost thawing alone (Fig. 4). This suggests  
331 that plant species composition in the future may depend on how different species benefit from  
332 near-surface warming versus permafrost thawing. More than 1/3 of the near-surface organic  
333 carbon has been mineralized, probably due to climate warming, which has resulted in a major  
334 near-surface inorganic N source. However, the N source linked to the permafrost table was  
335 more complex and may be available directly for plants as NH<sub>4</sub><sup>+</sup> (or NO<sub>3</sub><sup>-</sup> after nitrification).

336 Vegetation composition changes and root dynamics in permafrost regions have important  
337 implications for ecosystem C cycling (23). The increases in root length, root exudates, and litter  
338 input may provide more C and N under warmer conditions (8, 23) as well as more N released  
339 from the permafrost table (6). The marked increase in the SOC content of the 50–100 cm layer  
340 and the change in the C/N ratio at group A sites suggest that changes in vertical root

341 distribution could lead to additional root litter in the 50–100 cm layer and thereby explain an  
 342 increase in SOC.



343 **Figure 4.** The structural equation model (SEM) quantifies the direct and indirect pathways of climate change on  
 344 ecosystem changes measured as plant growth through additional nitrogen availability due to either active layer  
 345 warming or permafrost thawing based on data from group A sites during 1995–2017. The numbers shown by the  
 346 arrows are the standardized path coefficients and indicate the effect size of the relationship between two  
 347 variables. Arrow widths are proportional to the path coefficient values. Only significant relationships are shown ( $p$   
 348  $< 0.05$ ). Red and blue arrows indicate positive and negative relationships, respectively. The chi-square statistic ( $\chi^2$ ),  
 349 degrees of freedom ( $d.f.$ ) and the root-mean-square error of approximation (RMSEA) are shown in the left-upper  
 350 corner of the figure. For more details, please see Supplementary SI.1.14.

351

352 We conclude that (1) the permafrost layer contains higher levels of ammonium than the active  
 353 layer, and ammonium is released upon thawing (nitrate can be produced in these aerated soil  
 354 systems by nitrification); (2) active layer warming has resulted in corresponding enhanced soil

355 organic matter mineralization within the top 50 cm, and permafrost thawing with  
356 corresponding released ammonium are two important sources of inorganic nitrogen, which  
357 together is attributed to significant changes in species composition and plant growth; (3)  
358 increasing nitrogen levels corresponded to an increase in root growth and changes in plant  
359 species composition; and (4) SEM analysis indicated that climate affected plant growth  
360 (including directly and indirectly), which explained 69% of the variation in maximum root depth  
361 and 72% of the variation in plant growth. Plant variation was associated with indirect processes  
362 controlled by permafrost thawing and the associated release of plant nutrients or other factors.

363 In summary, climate warming has led to both warming of the AL and significant thawing of the  
364 permafrost in 10 of 14 sites across the Tibetan Plateau during the past four decades. These  
365 changes have increased the subsurface nitrogen availability from the soil surface to the  
366 permafrost table. Labeled ammonium addition ( $^{15}\text{N}$ ), repeated field drilling, plant survey and  
367 SEM analysis revealed the linkage between the availability of nitrogen and a significant increase  
368 in the maximum root depth and suggested that long-rooted plant species benefitted from  
369 deeper nitrogen sources and affected species composition and aboveground plant growth.  
370 While we did not observe a significant change in aboveground biomass carbon storage at the  
371 four-decade scale, the strong trend of changing plant community composition may have  
372 important implications for biophysical feedbacks to the climate. Although this cascading  
373 biophysical effect requires further research, our findings highlight the complex interactions  
374 among climate, permafrost, nutrient cycling, and vegetation dynamics that could have lasting  
375 impacts on the ecosystem and the people of the world's highest land.

#### 376 **Data Availability**

377 All sites of soil properties, plant traits data and R code used for the analysis used in this  
378 manuscript are publicly available from Electronic Research Data Archive (University of  
379 Copenhagen, <https://www.erda.dk/>), <https://sid.erda.dk/sharelink/AMrPDMxk2K>.

#### 380 **Author contributions.**

381 H.B. Yun, Q.B. Wu and B. Elberling designed project and wrote the manuscript with  
382 contributions from all authors. H.B. Yun, B. Elberling, Q. Zhu, J. Tang, W.X. Zhang and D.L. Chen

383 performed data analysis. P. Ciaais reviewed the manuscript. H.B. Yun and Q.B. Wu collected in-  
384 situ data and finished measurements in the lab.

385 **Competing interests.**

386 The contact author has declared that none of the authors has any competing interests.

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