

# Decoding the interplay between tidal notch geometry and sea-level variability during the Last Interglacial (Marine Isotopic Stage 5e) high stand

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## Key Points:

- Tidal notch geometry provides continuous insight into past sea-level variability utilizing a cliff erosion model & Monte Carlo analysis
- Notch's geometry can be replicated both through simultaneous or asynchronous Antarctic-Greenland ice-melting scenarios
- Higher-than-present erosion rates and a 6m sea-level peak replicated the morphology of the Last Interglacial notch more efficiently

## Abstract

Relic coastal landforms (fossil corals, cemented intertidal deposits, or erosive features carved onto rock coasts) serve as sea-level index points (SLIPs) widely used to reconstruct past sea-level changes. Traditional SLIP-based sea-level reconstructions face challenges in capturing continuous sea-level variability and dating erosional outcrops, such as ubiquitous tidal notches, carved around tidal level on carbonate cliffs. We propose a novel approach to such challenges by using a numerical model of cliff erosion embedded within a Monte-Carlo simulation to investigate the most likely sea-level scenarios responsible for shaping one of the best-preserved tidal notches of the Last Interglacial age in Sardinia, Italy. Results align with Glacial Isostatic Adjustment model predictions, indicating that synchronized or out-of-sync ice-volume shifts in Antarctic and Greenland ice sheets can reproduce the notch morphology, with sea level confidently peaking at 6m. This new approach yields continuous sea-level insights, bridging gaps in traditional methods and illuminating past Interglacial sea-level dynamics.

## Plain Language Summary

Scientists typically investigate the position of sea level in geological time using the elevation, age, and characteristics of fossil marine organisms living in shallow water (e.g., coral reefs), beach deposits, or erosional features that were formed near the sea level. However, these indicators offer only fragmented information in time and not a continuous sea-level record. To overcome this issue, we use a numerical model that reconstructs the shape of tidal notches (i.e., indentations created close to sea level in carbonate cliffs). We compare our model-generated

38 notch shapes with the real shape of the tidal notch, and we produce a set of continuous sea-level  
39 histories that are more likely to have produced one of the best-preserved fossil tidal notches in  
40 the Orosei Gulf, Sardinia, Italy which has been carved during the Last Interglacial high stand,  
41 125.000 years ago. Our findings suggest that whether the ice sheets in Antarctica and Greenland  
42 melted at the same time or separately, both scenarios could create the actual shape of the tidal  
43 notch we observe at present. It's also very likely that the sea level may have reached up to 6  
44 meters.

## 45 **1 Introduction**

46 Coastal features such as fossil corals (Thompson et al., 2011) or cemented intertidal beach  
47 deposits (Falkenroth et al., 2019) formed at or close to sea level during past Interglacials can be  
48 used as sea-level index points (SLIPs), providing essential insights on past sea-level histories and  
49 hence on the dynamics related to the waxing and waning of ice sheets during periods that serve  
50 as process analogs for the near future (Dutton et al., 2015). The conventional method of  
51 gathering paleo sea-level data from SLIPs involves determining their elevation and relationship  
52 with the former sea level (Shennan, 2015), dating them via radiometric methods (such as U  
53 series), and ultimately reconstructing a relative sea level (RSL) curve, detailing the local  
54 interplay by changing sea level and land motions of non-climatic origin (Kopp et al., 2009).  
55 Despite its widespread application across thousands of global sites (Rovere et al., 2023), this  
56 approach has two major drawbacks.

57 First, SLIPs at one location are hardly continuous through time, and are often remnants of the  
58 past high stand peaks, providing little insight into the variability of sea level throughout the  
59 Interglacial. Second, SLIPs such as shore platforms (Trenhaile, 2001) or tidal notches (Antonioli  
60 et al., 2018) are ubiquitous but erosional in nature, hence they can be dated only indirectly,  
61 through stratigraphic correlation with deposits of known age. In this study, we suggest a novel  
62 solution that may help overcome the limitations of the traditional paleo sea-level analysis by  
63 reversing the conventional approach.

64 We begin by surveying with high-precision methods the morphology of a very well-preserved,  
65 laterally continuous tidal notch that formed during the warmest peak of Marine Isotope Stage 5  
66 (MIS5e), the Last Interglacial (LIG - 125 ka BP) in the Orosei Gulf (Sardinia, Italy, NW  
67 Mediterranean) (Georgiou et al., 2020). A tidal notch is an indentation carved on steep carbonate  
68 cliffs and is typically situated near the mean sea level. In regions with micro- and meso-tidal  
69 ranges, like the Mediterranean Sea, tidal notches exhibit their greatest concavity proximal to the  
70 intertidal zone (Antonioli et al., 2018). Their genesis is attributed to a combination of active  
71 processes such as bioerosion, wetting and drying cycles, mechanical wave erosion, and  
72 hyperkarst (Trenhaile, 2015), which determine the rate of erosion. The width of the tidal notches,  
73 defined as the distance between their floor and roof, is predominantly controlled by the  
74 magnitude of the tidal range (Pirazzoli et al., 1991). Meanwhile, sea level stabilization or  
75 slowdown time, and whether the site is exposed or not (Vacchi et al. 2022) determines the  
76 incision depth and the width of the tidal notches, shaping the overall notch morphology  
77 (Trenhaile, 2016). Hence, fossil notches are frequently employed as SLIPs (Antonioli et al.,  
78 2015; Pirazzoli, 1986, 2005).

79 By incorporating a numerical model of cliff erosion (modified after Schneiderwind et al., 2017)  
80 with sea level as a fluctuating parameter, we use a Monte-Carlo approach (Eckhardt, 1987) to fit  
81 the model results with the measured notch geometry while accounting for the active processes  
82 involved in notch formation (Georgiou et al., 2020). We show that our best-fitting results closely  
83 align with the relative sea level predicted by Glacial Isostatic Adjustment (GIA) models at this  
84 locality (Stocchi et al., 2018). By imposing higher-than-present cliff erosion rates, we can force  
85 the model to reproduce two or three separate sea level peaks, which can be attributed to ice-  
86 volume change asynchrony between the Antarctic and Greenland ice sheets (Dumitru et al.,  
87 2023; Rohling et al., 2008, 2019). We provide a novel perspective into the interpretation of

88 erosional sea-level indicators morphology, subsequently offering an insight into the intra-high  
89 stand sea-level variability and the notch formation mechanisms.

## 90 **2 Methodological Approach**

### 91 2.1 Photogrammetric Data Collection & Evaluation

92 The tidal notch of Orosei was surveyed during the summer of 2019. The survey was conducted  
93 using a boat navigating parallel to the cliff on a day with a calm sea and at low tide. Sequential  
94 photos of the cliff were acquired using a CANON D300 Reflex camera and were analyzed with  
95 Structure from Motion and Multi-View Stereo techniques (SfM-MVS) implemented into Agisoft  
96 Metashape ([www.agisoft.com](http://www.agisoft.com), see Supporting Information Text S1 for details, Carrivick et al.,  
97 2016; Casella et al., 2016; Ullman, 1979). The model was scaled using metric scale bars located  
98 on the cliff and was reduced to mean sea level using as a reference the inner part of the modern  
99 notch.

100 The 3D model was then imported into ArcGIS 10.1 where the geometry of the notch was  
101 extracted as a series of cross-profiles (Fig. 1a, Fig. 3). We highlight that the morphology of the  
102 notch is not uniform along its lateral extent since local factors are altering its depth, initial cliff  
103 plane, and notch floor extension. Through the geomorphometric analysis of the cliff's Digital  
104 Elevation Model (DEM), it was possible to discriminate the notch segments that were not well-  
105 preserved due to the presence of flowstone-like calcite formations or calcite accretion,  
106 differential erosion, and cliff collapse associated with rockfalls. This was achieved by using  
107 geomorphometric analysis including terrain attributes such as slope, aspect (Florinsky, 2017;  
108 Horn, 1981; Olaya, 2009), surface roughness (Sappington et al., 2007) as well as the cliff's color  
109 distribution (see Supporting Information-Figure S1, Text S2). Vertical profiles, called hereafter  
110 'Measured Notch Profiles' were derived from the 3D model by averaging the point cloud at 1m  
111 intervals along the y-axis in the remaining areas.

### 112 2.2 Notch Reconstruction Model

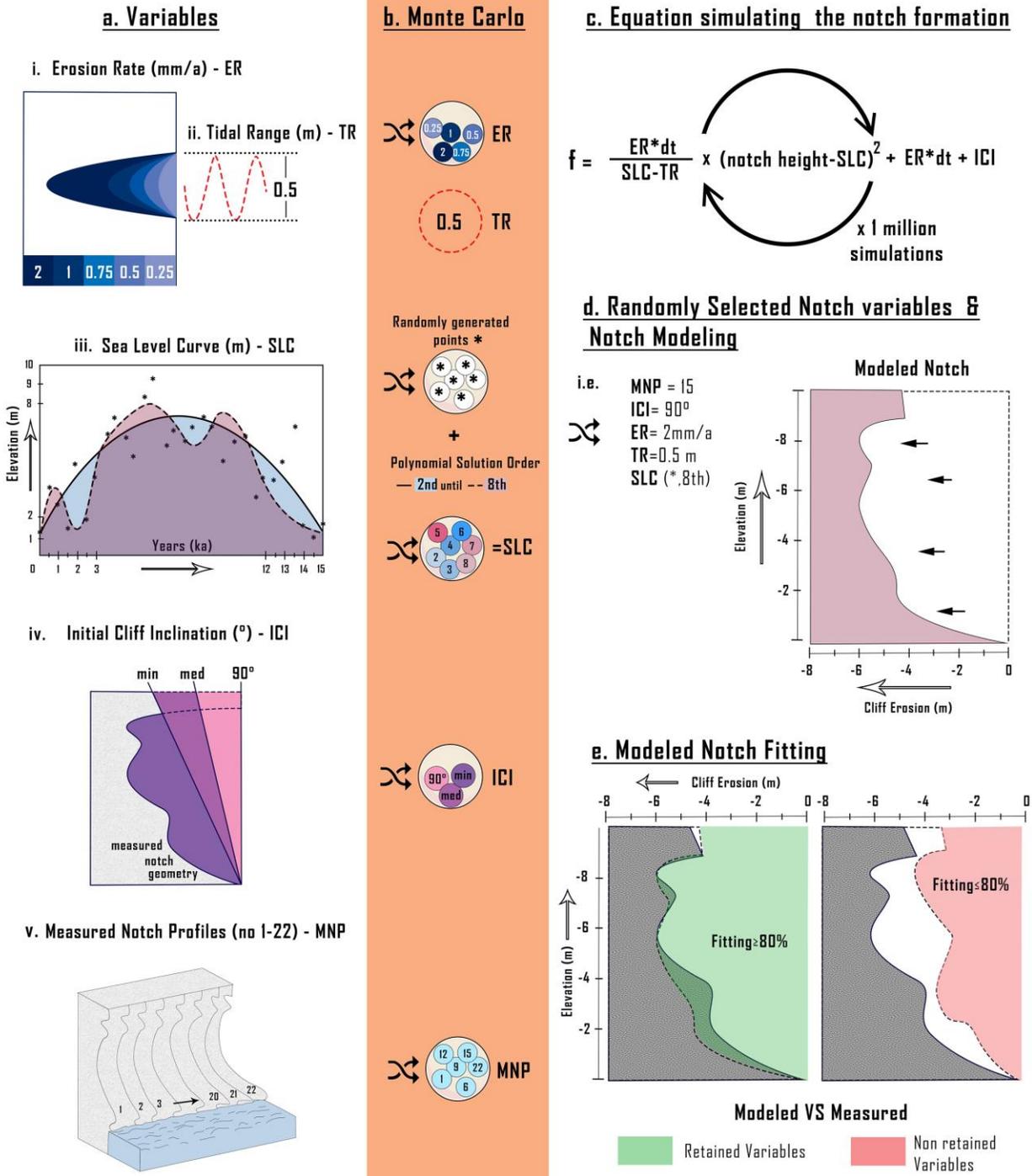
113 Few static models have attempted to simulate the formation of a notch (Evelpidou et al., 2011,  
114 2012; Larson et al., 2010; Pirazzoli, 1986; Trenhaile, 2014, 2015, 2016). To reconstruct the  
115 geometry of the measured notch at Orosei we modified the model of Schneiderwind et al., 2017  
116 who coded a numerical model that integrates variables such as sea level change, erosion rate,  
117 tidal range, tectonics, and initial cliff inclination. This model employs a quadric polynomial  
118 equation (Equation 1) which simulates the development of a tidal notch through a parabola  
119 whose shape is determined by the variables shown in Figure 1a - (i) Erosion Rate (ER), (ii) Tidal  
120 Range (TR), (ii) Sea Level Curves (SLC), (iv) Initial Cliff Inclination (ICI), (v) Measured Notch  
121 Profiles (MNP).

$$122 \quad f = \frac{ER * dt}{SLC - TR} * (notch\ height - SLC)^2 + ER * dt + ICI \text{ (Equation 1)}$$

123 The depth of the parabola defined by the equation, which is considered representative of the  
124 depth of the notch, is controlled by the erosion rate (ER) (Fig. 1a-i) after 1 year at mean sea  
125 level, while the width (defined as the distance between the notch floor and roof) is regulated by  
126 the tidal range (TR) (Fig. 1a-ii) and the fluctuation of the sea level curve (SLC) (Fig. 1a-iii). The

127 inclination of the initial cliff, where the parabola begins to form, ranges from vertical to inclined  
128 (Fig. 1a-iv) depending on which notch profile from the measured ones on the field (MNP) (Fig.  
129 1a-v) was selected to compare our modeled results. We inserted this equation in a Monte Carlo  
130 loop (Fig. 1c) which generates one million random combinations of the variables described  
131 (example shown in Fig. 1d) and by feeding them into Equation 1, it produces one million random  
132 notch simulations. The modeled notches that better fitted ( $\geq 80\%$ ) the measured notches were  
133 saved through each code iteration (Fig. 1e). More specifically the selected range of each  
134 parameter's values was constrained as follows:

- 135 i. Erosion Rate (ER): In our simulation, the depth of the tidal notch is determined by the erosion  
136 rate, which is the cumulative effect of all the active erosional processes taking place within  
137 the bounds of the tidal cycle. A range of 0.1 and 2mm/a of erosion was considered based on  
138 micro-erosion measurements and the carving depth of currently forming tidal notches across  
139 limestone cliffs in the Mediterranean Sea (Antonioli et al., 2015; Boulton & Stewart, 2015;  
140 Evelpidou & Pirazzoli, 2016; Furlani et al., 2014; Furlani & Cucchi, 2013; Pirazzoli &  
141 Evelpidou, 2013). ER used in the simulation was selected randomly for each iteration between  
142 the following values 0.25, 0.5, 0.75, 1, and 2, and is expressed as the parabolic erosion in  
143 millimeters per annum (mm/a).
- 144 ii. Tidal Range (TR): The notch's width for each annual tidal cycle was determined by the TR  
145 which was constant and analogous to the present TR (0.5m), based on the closest local tide  
146 gauge in Cagliari ([www.mareografico.it](http://www.mareografico.it), ISPRA). We retained the current TR for our  
147 analysis, based on evidence suggesting that tidal range variations are more pronounced with  
148 regions characterized by shallow shelves (Lorscheid et al., 2017), while deeper continental  
149 shelves demonstrate reduced susceptibility to tidal range changes under higher MIS 5e sea  
150 level conditions.



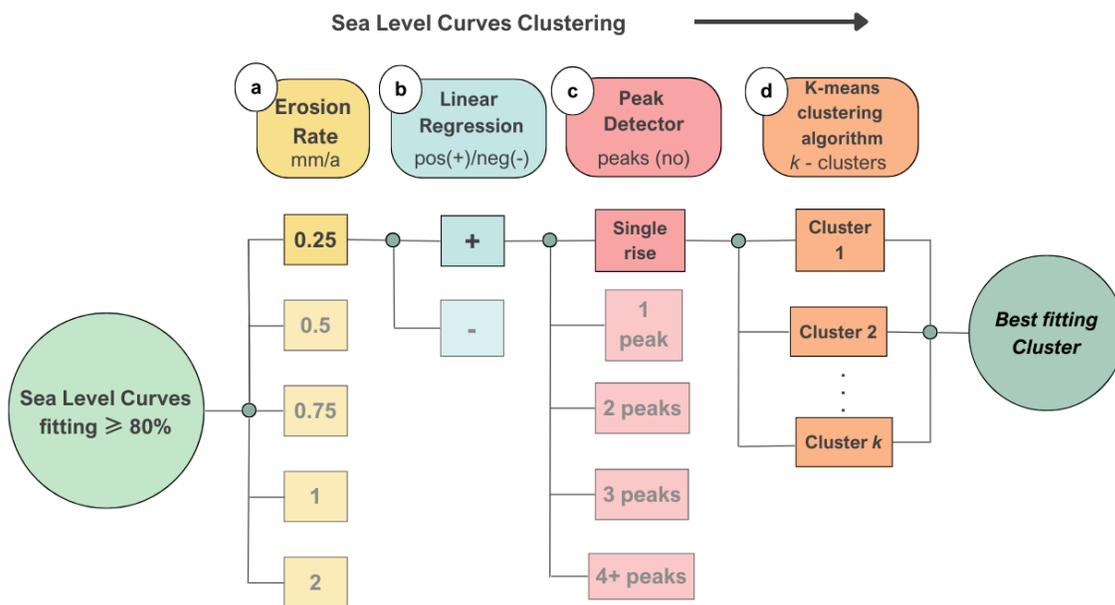
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152 **Figure 1.** Model Workflow: a. Variables used in the equation: i. Erosion Rate range in mm/a, ii. Tidal Range: 153 0.5m (constant), iii. Sea Level Curve produced through random points interpolation using 2<sup>nd</sup> to 8<sup>th</sup> polynomial 154 solution order, iv. Initial Cliff Inclination where the notch started to form, v. Measured Notch Profiles (MNPs) 155 measured through SfM-MVS, b. Randomly Selected Variables through Monte Carlo simulation, c. Equation used 156 for the notch modeling looped 1 million times, d. Example of the modeled notch simulated from their random 157 combination, e. The variables producing a notch fitting higher or equal to 80% to the MNPs were retained (Software 158 available in Georgiou N. (2023a), <https://doi.org/10.5281/zenodo.8407427>).

- 159 iii. Sea Level Curves (SLC): The shape of the notch was modeled using randomly generated  
160 SLCs of predetermined duration and height extent. To build each random SLC, random points  
161 were generated within a time window of 15 ka (to mimic the duration of MIS 5e, as per  
162 Polyak et al., 2018) at an equal interval of 500 years and an elevation range from 0-10m with  
163 a vertical interval precision of 10cm (Fig. 1a-iii). This sea-level range was selected to  
164 coincide with the maximum elevation of the Orosei notch above mean sea level (amsl), but  
165 also on the maximum reported sea level during the LIG (Dutton et al., 2015). For each  
166 simulation, the random points were interpolated into a curve using a randomly selected  
167 polynomial solution, ranging from the 2nd to the 8th order. In this way, sea level was allowed  
168 to fluctuate freely, giving rise to 1 million possible sea-level scenarios.
- 169 iv. Initial Cliff Inclination (ICI) & v. Measured Notch Profiles (MNP): The initial cliff plane  
170 used for the modeled notch to initiate its formation was derived from a randomly chosen  
171 notch profile chosen among 22 MNP (Fig. 1.a-v), acquired through SfM-MVS. Based on this  
172 random MNP, three inclinations were determined (Fig. 1.a-iv): minimum inclination (min)  
173 calculated using the hypotenuse between the seaward parts of the notch's roof and floor,  
174 straight vertical cliff (90°) starting at the most seaward part of the notch (floor or roof), and  
175 the median (med) inclination positioned between the minimum (min) and the vertical cliff  
176 (90°). The final inclination chosen for fitting was randomly picked from the min, med, or 90°  
177 options. The slope values derived from cliff mapping ranged between 60 to 90°.

### 178 2.3 Sea Level Curves Clustering

179 To assess the simulation outcomes and differentiate the modeled SLCs produced, we devised a  
180 clustering protocol that categorizes the most congruent SLCs according to their complexity.  
181 Since our model cannot yield results that define the timing of these events, it lacks the ability to  
182 discern between an early and a late sea-level rise, for each ER (0.25-2 mm/a) (Fig. 2a) we first  
183 used the Linear Regression statistical method to discriminate the SLCs based on their slope  
184 (positive (+) to negative (-), Fig. 2b). Subsequently, for every group identified, subgroups were  
185 formed based on the number of peaks present in each curve, categorizing the SLC types as single  
186 rise, 1 peak, 2 peaks, 3 peaks, or more than 3 peaks (Fig. 2c). While the sea level curve shapes  
187 for the scenarios involving one to three or more peaks are easily apprehensible, the single rise  
188 scenario which necessitates a consistent increase in sea level, requires that the sea level drop rate  
189 should always exceed the erosion rate to ensure the notch geometry remains unaltered. Finally, in  
190 each of these subgroups, the *K-means* unsupervised clustering algorithm (Lloyd, 1982) was  
191 employed (Fig. 2d). *K-means* clustering is an iterative algorithm that partitions a dataset into *k*  
192 distinct, non-overlapping clusters based on their similarities, aiming to minimize the variance  
193 within each cluster. The algorithm underwent multiple manual iterations, adjusting the number of  
194 clusters, to ascertain the optimal clustering outcome (best-fitting cluster). The best-fitting  
195 clusters as well as their scores are presented in Table S1 (Supporting Information).



196

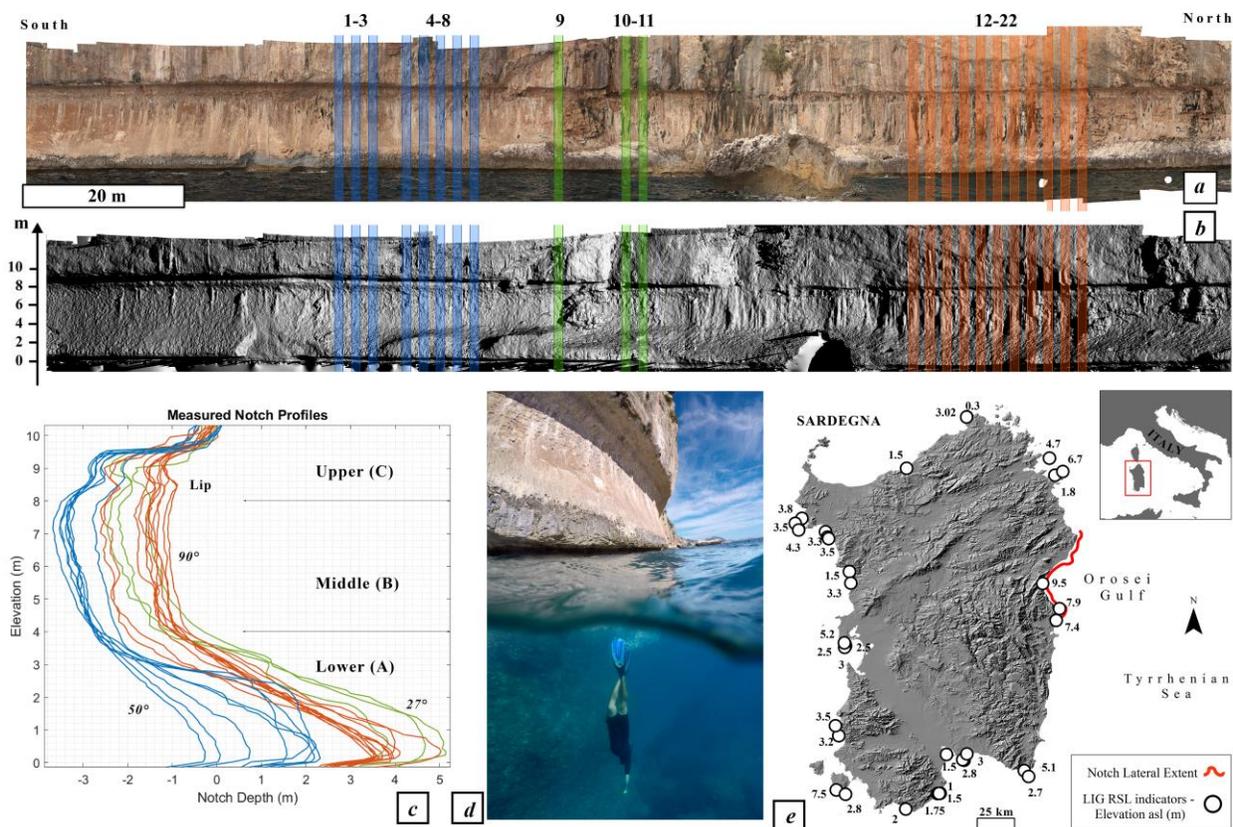
197 **Figure 2.** Sea Level Curves (SLCs) clustering workflow. SLCs generated from the numerical model (fitting  
 198  $\geq 80\%$ ) were sub-grouped based on a. Erosion Rate (0.25-2 mm/a), b. Linear Regression (positive-negative  
 199 direction), c. Number of Peaks (single rise, 1 to 4+peaks), d. K-means clustering (k-clusters), leads to the  
 200 establishment of the best-fitting cluster for each subgroup.

201 **3 Results**

202 3.1 Tidal notch background and morphometry

203 The relic tidal notch carved on the cliffs of the Orosei Gulf stretches for about 70 km (Fig. 3a, b,  
 204 d, e). The notch was carved by sea level during the LIG (Antonioli et al., 2006, 2018; Antonioli  
 205 & Ferranti, 1992; Lambeck et al., 2004) on a Mesozoic carbonate cliff that stands at a height of  
 206 up to 300m (D’Angeli et al., 2015). This is arguably one of the most well-preserved and laterally  
 207 continuous tidal notches of this age on a global scale (Antonioli et al., 2006, 2018; Pirazzoli,  
 208 1986, 2005). Prior research attributes its exceptional preservation to burial by a continental talus,  
 209 which prevented chemical dissolution and erosion after its formation (Antonioli & Ferranti,  
 210 1992). The mechanism behind the notch formation so far is believed to be the isostatic  
 211 subsidence of the Western part of Sardinia during the LIG (Antonioli et al., 2006). Even though  
 212 Sardinia is considered a tectonically stable site (Antonioli et al., 2015; Cerrone et al., 2021;  
 213 Vacchi et al., 2018), MIS5e SLIPs detected in Orosei Gulf were recorded at a greater elevation  
 214 compared to the rest of the island (+9.5m compared to +3.5-6m amsl, Fig. 3e). The lower  
 215 elevations are detected at the SW and NW parts of Sardinia which were possibly affected by  
 216 continental margin downthrow or fault-related subsidence. On the contrary, this height difference  
 217 observed in Orosei Gulf is possibly linked to magmatic intrusion processes which uplifted our  
 218 survey area about  $2.4 \pm 0.2$ m (Mariani et al., 2009), presumably after the notch formation, since  
 219 volcanic deposits younger than 125 ka BP were found filling MIS 5e lithophaga boreholes  
 220 (Antonioli et al., 2006). Moreover, the uplifting factor further enhances the remarkable  
 221 preservation observed in this case, since uplifted areas tend to preserve SLIPs in a better

222 condition (Georgiou et al., 2022; Mattei et al., 2022; Pedoja et al., 2014). The Orosei notch  
 223 geometry departs from the classic single parabolic indentation, displaying a ‘double notch’  
 224 morphology (Fig. 3c, d) as described by Antonioli et al. 2006.



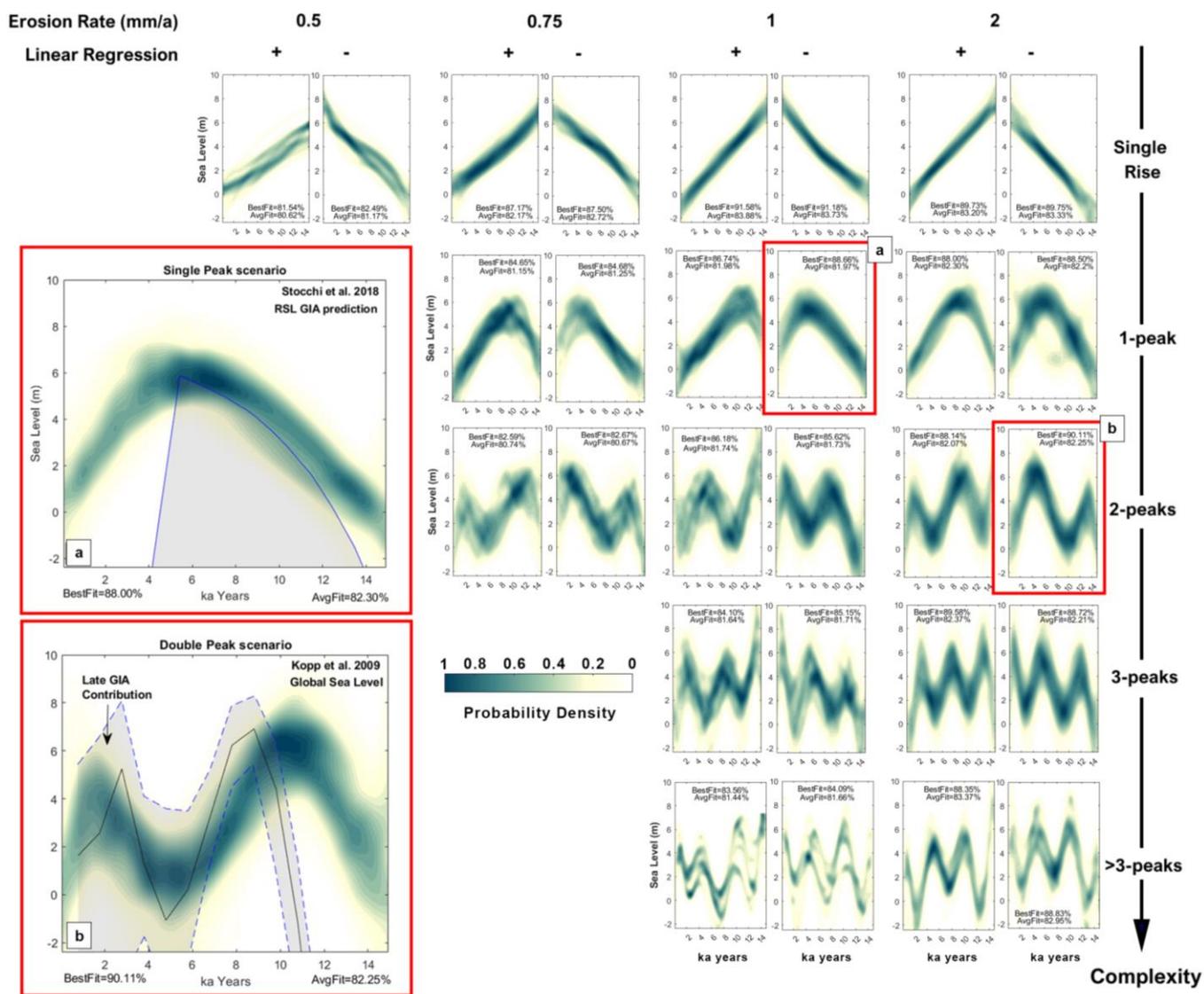
225  
 226 **Figure 3. a.** Notch orthomosaic carved on limestone cliff exposure of Orosei. Colored bands show the MNP  
 227 extracted for use in the numerical model. The colored bands represent MNPs with analogous characteristics (initial  
 228 cliff inclination, notch floor seaward extension, notch depth), **b.** 3D hillshade model, **c.** MNPs used in the numerical  
 229 model, **d.** ‘over-under’ photo showing the notch’s geometry, **e.** Hillshade elevation map of Sardinia, showing the  
 230 notch lateral extension (red line) and the reported elevation amsl of MIS 5e RSL indicators (white dots) (Rovere et  
 231 al., 2023).

232 **3.2 Best-fitting Sea-level curves**

233 We simulated the shaping of the Orosei notch by exploring 1 million combinations of the  
 234 variables, as elaborated in the methodology (Fig. 1). Results with a high fit ( $\geq 80\%$ ) to the  
 235 Measured Notch Profiles (MNP) can be achieved by any scenario of initial cliff inclination.  
 236 Instead, it was not possible to obtain high fit results using erosion rates (ER) akin to current ones  
 237 (0.25 mm/a) (Table S1). To accurately represent the measured notch geometry, we had to impose  
 238 a greater than modern ER (higher than 0.5 mm/a), which allowed obtaining a fit between  
 239 modeled and measured notch profiles exceeding 80% (see Supporting Information for details,  
 240 Table S1). In general, our results show that, as the complexity of SLCs increases, the fit of the  
 241 modeled results with MNPs diminishes. The optimal average fit (83.8%) was obtained with an  
 242 ER of 1 mm/a combined with the lowest SLC complexity (single rise). The same cluster yielded

243 the overall best-fitting score of 91.6%. Notably, the second-best fit (90.1%) was produced when  
 244 employing the 2mm/a ER scenario and under a 2-peak sea level scenario. However, the  
 245 complexity of the SLC was irrelevant to the efficiency of the model under the highest ER  
 246 scenario (2 mm/a) since both the lowest and highest complexity equally fitted the measured  
 247 notch (83.3%).

248  
 249 Probability density plots of the sea level distribution (Fig. 4) were constructed for each cluster  
 250 shown in Table S1 (Supporting Information). The distribution of the sea level (y-axis) is shown  
 251 over a period of 15 ka (x-axis), providing an insight into the sea level variability during the LIG.  
 252 The plots were weighted based on their fitting score, normalized from 0 to 1, and are described  
 253 as low to high confidence distributions respectively.



254  
 255 **Figure 4.** Probability density plots exhibiting the distribution of best-fitting sea level clusters (Table S1). Plots are  
 256 grouped based on the Erosion Rate (0.5-2 mm/a) and the Linear Regression (positive-negative), while the SLCs  
 257 complexity is increasing vertically (single rise, 1-peak,..., >3-peaks). Fig. 4. (a,b) Simulated sea-level probability

258 density plots in comparison to a. relative sea level (RSL) prediction based on GIA model from Stocchi et al. (2018),  
259 (concurrent melting of the Greenland Ice Sheet (GrIS) and Antarctic Ice Sheet (AIS)), b. probabilistic sea-level of  
260 Kopp et al. 2009, highlighting the asynchronous melting of the GrIS and AIS, coupled with the GIA subsidence  
261 during the later phase of the LIG (Data available in Georgiou N. (2023b), <https://doi.org/10.5281/zenodo.8407819>).

262 The findings indicate that an erosion rate (ER) of 0.5 mm/a, the closest to modern ERs, can  
263 effectively replicate the observed notch morphology (82.5%) only under the ‘single rise’  
264 complexity scenario. In this scenario, the sea level rise rates vary between 0.3 to 0.8 mm/a, and  
265 the peak sea level is reached at 5.5 m. Fitting scores are significantly improving while increasing  
266 the ER (1 mm/a - 91.6% fitting) with sea level fluctuating more rapidly (0.5 to 1 mm/a).

267 The morphology of the Orosei notch could be replicated by the model also under a double-peak  
268 sea level scenario (maximum fitting of 90.1%), but only quadruplicating the ER (2 mm/a). In  
269 such cases, SLCs are characterized by a quick initial SLR rate (3.5-6 mm/a) followed by a short-  
270 lived sea level peak at 3.5-4 m. Shortly after, sea level drops to an elevation of 1m at a rate lower  
271 than 2 mm/a. Then, the sea level reaches a second peak through a relatively rapid sea level rise  
272 (1.5 mm/a), reaching a second peak at 6 m above modern sea level.

273 The same ER (2 mm/a) effectively replicated the measured notch morphology for increased  
274 complexity SLCs (3 peaks). These SLCs show three distinct peaks at heights of about 4, 5, and 6  
275 m. Scenarios of even higher complexity, involving four peaks, diminish the efficacy of the  
276 simulations to a maximum of 88.8%, concurrently lowering the reliability of our sea level  
277 distributions.

278

## 279 **4 Discussion**

### 280 4.1 Simulated and predicted Sea-Level variability

281 The LIG vertical land movements in the Orosei Gulf were primarily modulated by the isostatic  
282 crustal response to surface loadings and secondarily by low-magnitude tectonic drivers that  
283 occurred after the development of the notch. According to GIA models, during the last phase of  
284 the LIG, the Central-Western part of the Mediterranean Sea and the Sardinian coasts were under  
285 the influence of isostatic subsidence (Antonioli et al., 2006; Lambeck et al., 2004; Stocchi et al.,  
286 2018), by virtue of water loading in the Tyrrhenian Sea. The prevailing belief is that this process  
287 was the principal mechanism behind the regional sea level rise during the formation of the notch,  
288 contributing to its enlarged geometry (Antonioli et al., 2006). By eliminating the post-uplifting  
289 factor ( $2.4\text{m} \pm 0.2$ , see Section 3.1), the sea level probability density distribution reveals that the  
290 combined contributions of eustatic and isostatic processes confidently yield a maximum paleo  
291 RSL value of  $6 \pm 0.2\text{m}$  (Fig. 4). This outcome remains consistent throughout all the model  
292 simulations irrespective of the variables utilized in constructing the SLCs. To add to this, this  
293 elevation aligns with the measured MIS5e RSL indicators surrounding the island of Sardinia  
294 (Fig. 3e).

295 Our best-fitting simulated SLCs were those exhibiting a single high stand peak scenario  
296 (complexity: single rise or 1 peak – ER: 1-2 mm/a), yet good-fitting results were obtained  
297 through the 0.5 mm/a ER scenario, which is more consistent with present-day ERs. These SLCs

298 align closely with those predicted by the GIA models of Stocchi et al., 2018 for SE Sardinia,  
299 which model the simultaneous GrIS and AIS melting early in the interglacial (Fig. 4a). Our  
300 results are further reinforced by Antonioli et al., 2006 who surmised that the morphometry of the  
301 notch was merely attributed to late LIG isostatic subsidence, a process which is believed to have  
302 been reactivated during the MIS 1 (Vacchi et al., 2018). This result endorses the efficiency of our  
303 methodology for reconstructing the regional RSL based on the geometry of a tidal notch.

304 A double peak scenario showed exceptional fitting under an enhanced erosion rate scenario with  
305 two sea level peaks at 4 and 6m separated by a sea level drop close to 1m. The sea level  
306 distribution aligns closely with the global sea level range as predicted by Kopp et al. 2009. This  
307 would support the asynchronous ice sheet melting scenario with an early contribution of the AIS,  
308 followed by a low stand below modern sea level and a late simultaneous contribution of GrIS and  
309 AIS (Rohling et al., 2019, Dumitru et al., 2023). During the later phase of the LIG, glacial-  
310 isostatic subsidence of eastern Sardinia possibly co-contributed to the RSL rise (Fig. 4b).  
311 Relative SLIPs identified in the Western Mediterranean suggest that a double eustatic high stand  
312 scenario could bridge the differences between the predicted paleo RSL and observed  
313 superimposed fossil beach deposits (Hearty et al., 2007; Lorscheid et al., 2017). This is  
314 consistent with trends outlined in coral records(O'Leary et al., 2013; Thompson & Goldstein, 2005),  
315 corroborated by palaeoceanographic evidence (Grant et al., 2012; Rohling et al., 2019).

316  
317 Finally, a rapidly fluctuating triple SL peak structure (Fig. 4) aligns closely with the probabilistic  
318 approach produced from the continuous indirect sea-level record of the KL11 and KL23 Red Sea  
319 sediment cores (Grant et al. 2012, Rohling et al., 2019). Although it is a plausible scenario, it  
320 remains to be supported through direct proxies since past abrupt sea level fluctuations may have  
321 left scarce direct traces, except for a triple reef structure in the Red Sea (Bruggemann et al.,  
322 2004).

323

#### 324 4.2 Tidal notch formation mechanisms during the Last Interglacial (LIG)

325 Along the Mediterranean, limestone ERs have been reported to vary between 0.1 to 2 mm/a  
326 (Antonioli et al., 2015; Boulton & Stewart, 2015; Evelpidou & Pirazzoli, 2016; Furlani et al.,  
327 2014; Furlani & Cucchi, 2013; Karkani & Evelpidou, 2021; Pirazzoli & Evelpidou, 2013). Given  
328 the relative stability of the sea level in the last 3-4 ka, it's proposed that East Sardinia's  
329 limestones have an ER of 0.25-0.33 mm/a, as observed from modern tidal notch measurements  
330 (Antonioli et al., 2018; Vacchi et al., 2021). Our numerical model effectively replicated the  
331 observed notch using a minimum cumulative erosion rate (ER) of 0.5 mm/a., which is slightly  
332 higher than the modern one reported above.

333 Abrasion of the notch due to the presence of a sand beach was previously excluded (Antonioli et  
334 al., 2006), therefore one justification for the mismatch between the ER giving us the best results  
335 and measured ERs may reside in the fact that ERs could have been regionally increased, during  
336 the LIG, due to enhanced chemical dissolution from karst freshwater supply (Antonioli et al.,  
337 2006), greater bioerosion (Mottershead, 2013) or increased wave energy (Sunamura, 2019). Even  
338 if wave dynamics during the LIG period remain a complex subject of scientific inquiry, recent  
339 studies showed that warmer climate phases can affect both wave circulation patterns (Goodwin  
340 et al., 2023) and storm wave energy (Reguero et al., 2019; Wolf et al., 2020) thereby intensifying

341 erosional processes and exerting significant mechanical force upon coastlines. Under these  
342 assumptions, our model results suggest that the tidal notch is indeed an MIS 5e relict (Antonioli  
343 et al., 2006) since it can be developed with a slightly higher ER compared to the present one  
344 (but included in the present ER range of 0.1-2 mm/a) and there is no need to invoke the effect of  
345 overprinting or reoccupation upon a previous sea-level high stand as detected in other study areas  
346 (Pastier et al., 2019; De Santis et al., 2023).

347 The initial cliff plane significantly influences notch geometry. Various initial cliff inclinations  
348 ( $60^{\circ}$ - $85^{\circ}$  and  $85^{\circ}$ - $90^{\circ}$ ) result in diverse notch shapes under uniform sea level changes. This  
349 confirms that notch asymmetries are linked to the initial cliff inclination (ICI) where the notch  
350 originated (Trenhaile, 2016), indicating that lower ICIs extend the notch floor.

351

## 352 **5. Conclusions**

353 In this study, we employed a simple numerical model to simulate the morphology of one of the  
354 best-preserved tidal notches dated to the LIG, in an attempt to reverse the classic workflow used  
355 to study past changes in sea level and derive, from a single sea-level indicator, a suitable set of  
356 sea level curves that can explain its morphology. While there are caveats to our modeling  
357 (discussed above), our results allow us to draw several conclusions.

- 358 1. Limestone erosion rates at our site might have been higher in the LIG. This follows from  
359 the fact that using modern erosion rates, our model has a low success rate in replicating  
360 the observed notch morphology under any combination of the other variables.
- 361 2. The highest fit between modeled and observed notch morphology is obtained with a LIG  
362 sea-level history characterized by a single sea-level peak. In this scenario, the sea-level  
363 history (in particular, the RSL rise rate) seems to coincide very well with RSL as  
364 reproduced by GIA models.
- 365 3. Using higher limestone erosion rates, our model can reproduce the notch profile under  
366 more complex LIG sea-level scenarios (2-peak, 3-peak), similar to those reported in the  
367 literature.
- 368 4. Under any model, we can reproduce the modern morphology of the notch by considering  
369 a slight post-tectonic uplift since the LIG. The peak sea level reached in any scenario is  
370 close to 6 m above present, which in our case would be the sum of eustatic (ice  
371 equivalent) sea level and post-depositional effects other than tectonics (i.e., GIA).

372

373

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378

### 379 **Open Research**

380 The data are publicly available and archived in Zenodo: <https://doi.org/10.5281/zenodo.8407819>  
 381 licensed under Creative Commons Attribution 4.0 International . The scripts used for the  
 382 numerical model and the figure production are made available in the open platform Github and  
 383 archived in the Zenodo repository licensed under MIT License,  
 384 <https://doi.org/10.5281/zenodo.8407427> and can be cited as Georgiou N. (2023).

385

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