



















Figure 2. Risk of Bias Summary

Study ID	D1	D2	D3	D4	D5	Overall
Chang 2021						
Gray 2021						
Lui 2021						


D1 Randomisation process


D2 Deviations from the intended interventions


D3 Missing outcome data

D4 Measurement of the outcome

D5 Selection of the reported result

 Low risk

 Some concerns

 High risk